



Activity Reflection Tool

To be used immediately after a learning experience. Youth can draw, make a video or write to these prompts. This reflection tool can be used by individuals or can be prompts to lead group discussions.

We chose a project! This is our project outline:	
Who/what we made, helped, raised, grew or improved:	
How we did it:	
When we did it:	
Where we did it:	

Why we did this:

What did you learn? (Can use Life Skills Wheel as a prompt.)

Was it easy or hard? What was easy or hard about it?

Did you have fun? Do you think your friends had fun too? Why?