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**Activity Reflection Tool**

**(Customized Sample: Teen Homeless Shelter Group)**

***To be used immediately after a learning experience. Youth can draw, make a video or write to these prompts. This reflection tool can be used by individuals or can be prompts to lead group discussions.***

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| **We chose a project! This is our project outline:** |
| **What did we do? What did we accomplish?**  |  |
| **How did we do it?** |  |
| **When we did it (was this a long term project or just one hour?):** |  |
| **Who helped you get it done?** **(Focusing on relationships)****Share some gratitude for the help.** |  |
| **How did we communicate well today? How could we communicate better in the future?** | (Looking for Conflict Resolution) |
| **What science concepts did you learn? How?** |
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| **What were some problems you solved today? How did you solve them? What did you do to get through the problem?** |
| (Conflict resolution could be discussed here as well as process problems) |
| **How were you a leader today?**  |
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| **What was your goal for the day? Did you meet it? How? If not, what could you do next time to meet that goal?**  |
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