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**Activity Reflection Tool**

**(Example of Completed Reflection)**

***To be used immediately after a learning experience. Youth can draw, make a video or write to these prompts. This reflection tool can be used by individuals or can be prompts to lead group discussions.***

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| **We chose a project! This is our project outline:** |
| **Who/what we made, helped, raised, grew or improved:** | Talked about making a difference, know who we are in this world and why we’re here to help others.  |
| **How we did it:** | By getting together and sharing ideas to create a measurable attainable goal (or idea) |
| **When we did it:** | At Teen Council meeting, February 2017 |
| **Where we did it:** | Waterville Library |
| **Why we did this:** | To make a difference, to have a meaning to 4-H. To make 4-H a better place and try to get people to attain their goals so we become better people in life.  |
| **What did you learn? (Can use Life Skills Wheel as a prompt.)** |
| Problem solving and goal setting and to respect others ideas, got to know each better, public speaking/communication.  |
| **Was it easy or hard? What was easy or hard about it?** |
| It was hard, having to list community needs as a priority, each is a problem, the decision making was hard. Deciding who I am, reflecting during the teambuilding.  |
| **Did you have fun? Do you think your friends had fun too? Why?** |
| I had fun. It was cool to come up with ideas together, to see our opposite ideas and the ideas we had in common.  |