Maine 4-H State Dairy Show
and Eastern States Tryouts

2019

Show dates July 19-21, 2019
Windsor Fairgrounds, Windsor, ME

Registration Packet for 4-H Youth
# Table of Contents

Welcome Letter 3  
Schedule at State 4-H Dairy Show 4  
Rules and Information for Maine State 4-H Dairy Show 5  
Fitting Contest Rules 7  
Guidelines to Qualify for the Eastern States Dairy Team 9  
Classes for Maine State 4-H Dairy Show 11  
Youth Registration Page 13  
Permission and Photo Release Form 14  
Health Form 16  
Release of Risk Form 18
Dear 4-H Dairy Project Member and Family,

Congratulations on taking the first step toward participating in the Maine State 4-H Dairy Show which is open to all Maine 4-H dairy project members 4-H age 9 and above! Check out this packet, and make plans to come to the Maine State 4-H Dairy Show and Eastern States Exposition team tryouts. The State Show will be held during Maine 4-H Days on July 1 at the Windsor Fairgrounds. We encourage everyone to participate in the Maine 4-H Days workshops and events throughout the weekend. More information about Maine 4-H Days can be found here: http://umaine.edu/4h/youth/4-h-events/maine-4-h-days/

4-Hers will not need to pre-register animals ahead of time. Just bring the animals you plan to show along with all of their paperwork, and we will record your information at the show office. We will have a copier available to copy registration papers.

All 4-Hers must register in advance for the State Dairy Show. You will find a registration page, a photo release, a Code of Conduct to sign as well as health forms in this packet. The registration fee for the weekend is $7.00. This fee also counts as entry to Maine 4-H Days. There is also a place for your chaperone and parent to sign if parents will not be attending.

*New* Since the Maine State 4-H Dairy Show is being held at Maine 4-H Days, the registration fee, photo release form and permission/health form is required for all attending family members. The fee is $7.00 per family member up to a $20.00 cap for families of 3+ people.

Registration and payment for participants and family members is due July, 3rd. If you do not have access to a printer and would like a hard copy of the registration materials mailed to you, please contact Jessy Brainerd in the state 4-H office at 207-581-3877.

All forms are available at: https://extension.umaine.edu/4h/animal-science-resources/dairy/ Refer to “Required Forms for State 4-H Dairy Show.” Please see enclosed State Dairy Show rules as well as Eastern States Selection process rules. Contact the State 4-H Office if you are having problems with this link, 1-800-287-0274 or your county office.

The dates for the 2019 events are as follows:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 1</td>
<td>Intent to participate in Eastern States Exposition Dairy Team</td>
</tr>
<tr>
<td>February 18</td>
<td>4-H Dairy Quiz Bowl, University of Maine at Augusta, 1:00 PM</td>
</tr>
<tr>
<td>April 13</td>
<td>4-H Dairy Judging,</td>
</tr>
<tr>
<td>May 1</td>
<td>4-H Animal Approval and Lease Forms due for ESE Dairy team members</td>
</tr>
<tr>
<td>July 20</td>
<td>Grilled Cheese Contest 2:00 pm at Windsor Fairgrounds</td>
</tr>
<tr>
<td>July 20</td>
<td>Fitting Competition at 5:00 pm at Windsor Fairgrounds</td>
</tr>
<tr>
<td>July 20</td>
<td>Meeting with State Dairy Show Judge after Fitting Contest</td>
</tr>
<tr>
<td>July 21</td>
<td>Maine State 4-H Dairy Show at 9:00 am</td>
</tr>
<tr>
<td>Sept 12-16</td>
<td>Eastern States Exposition in Massachusetts</td>
</tr>
</tbody>
</table>

Whether you are attending for the first time or you are a veteran, please read this packet very carefully.

Sincerely,
The Maine 4-H Dairy Science Committee
2019
Schedule for State 4-H Dairy Show
and
Eastern States 4-H Dairy Team Tryouts

Friday       July 19
4:00 pm      Arrive during the day and check in for animals

Saturday     July 21
6:00 am      Fundraising breakfast in Admin Bldg Kitchen
10am-12pm    Clinic: Fitting and Showmanship (open)
12:00 pm     Lunch **Fundraising Grill Lunch**
1-1:45pm     Clinic: Nutrition (open)
2:00 pm      Grilled Cheese competition
5:00 pm      Clipping contest
7:00 pm      Potluck supper

Sunday       July 22
6:00 am      Fundraising breakfast in the Admin Bldg Kitchen
8:00 am      All animals must be on the grounds
8:30 am      All papers must be checked in
9:00 am-     State 4-H Dairy Show starts
afternoon    Following the show the Eastern States 4-H Dairy Team will be announced and cattle selected. Team meeting and orientation at the bleachers after cattle are put away. Order team apparel

Dairy Committee members will conduct a new participant orientation upon check-in for first time participants to include: what to expect, what to bring to ESE, and respond to questions first time families have.

We want to expand the learning opportunities for our youth by offering Saturday workshops. Animals and attendees can arrive during the day Saturday and Sunday morning.

The State Dairy Committee will be placing barrels and bags in the dairy area to collect bottles and cans to support the state dairy program. Please support the program by dropping your bottles and cans into the marked barrels.
Rules and Information for the 2019 Maine 4-H State Dairy Show

Show 1. General Rules

1. **Eligibility:** Exhibitors must be enrolled in a dairy project in the current year; and must have reached their ninth birthday on January 1 of show year and must not be over 18 on January 1 of the show year to be eligible to participate.

2. **Divisions:**
   - **A:** Seniors members age 14 through 18 as of January 1 of the current year.
   - **B:** Intermediate members age 12 and 13 as of January 1 of the current year.
   - **C:** Junior members age 9 through 11 as of January 1 of the current year.
   - **D Novice – 1st year participants –** Member may elect to show in own age group if desired – but only in 1 group.

3. **Animals to be Shown Per Exhibitor:**
   - ___Division A are limited to 5 animals
   - ___Division B are limited to 4 animals
   - ___Division C are limited to 3 animals
   - ___Division D follows the limit per their age group (in Division A-C)

4. **Entry application:** No pre-entry of animals required. Members must pre register themselves (form enclosed). All animal entries will be entered on July 21 prior to Sunday’s show. The 4-H Dairy Project team will check your paperwork. You must have a copy of your registration for all animals born prior to January 1, 2019. Pending paperwork will only be accepted for animals born on or after January 1st, 2019. See Eastern States eligibility rules on page 9. We will have a copier available and will make copies of all registration forms. All animals must be on the grounds by 8:00 am Sunday and all paperwork checked by 8:30 am Sunday.

5. **Forms for Animals**
   The Animal Approval Forms, registration papers, lease agreements (if applicable) and rabies certification must be available for inspection upon arrival of all animals. Problems obtaining registration papers must be reported to the Maine 4-H Dairy Project Team Liaison no later than one week prior to the show for further instructions. This person is Tara Marble at 207-778-4650 or 1-800-287-1478 or e-mail: tara.marble@maine.edu or Alisha Targonski at 1-800-287-1481 or by email alisha.r.targonski@maine.edu. The approval form and all papers pertaining to ownership or leasing must be available for inspection upon arrival of all animals.

6. **Rabies Statement**
   The Maine 4-H Dairy Project Team has issued the following rabies statement: All cattle brought to Maine State 4-H Dairy Show must be vaccinated for rabies if born on or before January 31, 2019. The vaccinations must have been administered on or before June 20, 2019 and be current. All 4-H members bringing animals to Maine State 4-H Dairy Show must show a veterinarian certification that their animals have received a rabies vaccination. Certification must be in writing, signed by the veterinarian, and must clearly identify the animal or animals in question.

7. **Health of Animals**
   Animals showing evidence of external parasites, foot rot, shipping fever or other infectious diseases
(ringworm, pink eye, mange and warts are considered as infectious diseases) will be excluded and ordered removed from the exhibition unless written verification from a licensed veterinarian is presented upon registration stating animal is not infectious. Animals are subject to State Vet check during event.

8. **Show Uniform**

Required dress is white pants and a white collared, button down shirt or blouse that will be tucked in at all times. Belts are suggested to keep shirts/blouses tucked in. Advertising a farm name or breed on clothing, wearing extremely brief shorts, or appearing barefoot will not be allowed. Sturdy shoes or boots are recommended.

8a. **ESE Barn Dress Code**

**EXPECTED ATTIRE**

a. All clothing shall be neat, clean, acceptable in repair and appearance, and shall be worn within the bounds of decency and good taste as appropriate for 4-H events and activities.
b. 4-H shirts and state logos are strongly encouraged.
c. Clean knee-length shorts, pants or dress jeans are strongly encouraged.
d. Hair should be clean and neatly combed.
e. Footwear deemed appropriate by your respective program must be worn at all times. **No open toed shoes or flip-flops.**

**PROHIBITED ATTIRE**

a. Clothing displaying profanity, products or slogans
b. No cut-off shorts, torn or frayed jeans will be permitted. The inseam length of shorts is 4” or longer.
c. Exposed bare midriffs (front or side), bare chests, visible cleavage, undergarments (including bra straps) or transparent (see-through) clothing are prohibited. Blouse straps at least 2” wide.
d. Spaghetti straps, tank tops, shirts that expose a bare back, halter tops and tube tops are prohibited.
e. Excessive baggy or tight clothing is prohibited.

9. **Exhibitor Ethics**

No interference or abusive language will be allowed when the judges, show officials and state veterinarian are discharging their duties or at any time during the 4-H event. **Exhibitors should not leave the ring until excused by the judge.** Violation of this rule will result in your not being permitted to show for the rest of the day.

10. **Bedding, Feed and Equipment** The committee will try to get bedding donated. Bedding needs to be provided by the Exhibitor. Bring any hay and grain needed through the event. Members are responsible for their feed/water pails, forks and equipment. It is recommended that you place your name on all personal equipment.

11. **Judging**

The modified Danish System will be used with exhibitors and animals lined up in numerical order. Ribbons will be awarded in three categories; blue, red and white. Rosettes and/or trophies will be awarded in championship classes, the first place showmanship winners, and the overall showmanship winner.

12. **Showmanship**
Members will be grouped according to age of the exhibitor, larger classes may be divided in half to aid in judging. **Members must show their own animal in their showmanship class.**

13. **Adults are not permitted to fit animals on the show grounds.**

**FITTING CONTEST RULES**

The Fitting Contest will take place on Saturday, July 20 at 5:00 pm in conjunction with the 2019 Maine State 4-H Dairy Show.

1. Participants will provide their own animal for the contest.
2. The contest animal must be unclipped meaning not touched at least six weeks prior to the contest and at the discretion of the judge. **The unclipped rule will be strictly enforced.**
3. The animal should be head clipped only, clean and dry.
4. Animal must comply with current rabies requirements.
5. Judges will preview the animals.
6. Participants will be given one hour to fit their animal to the best of their ability.
7. The contest will take place in the animal stall/clipping chute.
8. At the close of the hour, the judges will review the animals.
9. Contestants will be called to a central area and the Fitting Contest winners will be announced.
10. Top 3 Seniors will become the Fitting Team for ESE. Alternates will be listed in order.

Selection will be based on quality of the fitting completed as well as quality of the work as it was done.

Participants will be divided into 2 divisions for awards:
- Juniors – age 9-11 years
- Intermediate/Seniors – age 12 and older

**GRILLED CHEESE CONTEST RULES**

Objective: To promote teamwork among 4-H participants, provide an interactive and fun learning experience around food preparation and food safety, be a demonstration for visitors and promote public relations around 4-H science programs

2 categories will be judged, teams may compete in just one or both divisions:
- Bread, butter and cheese (anything from those categories)
- Anything goes (substitute bread and/or butter) grilled cheese with 60% of sandwich filling being cheese)

Best in Show – the best items from each category will compete for Best in Show

Three judges will officiate - they can ask questions during preparation as well as during tasting. Teams will be Judged while they are preparing the food, including food handling and food safety. Contestants will be judged on sanitizing stations before, during and after competing. Teams will be responsible to provide recipes including any spices, garnishes to the judges.

Each team must supply the following:
- Mandatory cookware:
  - Skillet and hot plate OR an electric frying pan or electric griddle. NO element that cooks 2 sides at once such as deep fryer, George Forman Gill type device or Panini Press, or a toaster oven can be used.
- Spatulas, knives, other utensils needed to prepare the sandwiches
- Grilling Hats
Grilling Apron  
Cutting Boards  
Hand sanitizer  
Disposable Gloves  
Safe Food Handling Information Sheet  
Table cloths  
Plates  
Food product  
– Teams will need to bring any and all supplies and ingredients necessary to make 2 sandwiches for judges. All preparation including cutting of garnishes may NOT be done prior to the start of the competition. No alcoholic beverages may be used in the preparation of recipes. Supplies cannot be borrowed or added once the setup starts at the beginning of the contest, this includes supplies from other teams, parents or spectators. You must be prepared.  
PLEASE NOTE: Any perishable items MUST be kept in a cooler with ice and be stored at safe temperatures (below 45°F), and all foodstuffs must be stored off of the ground, at least 6”. Please be sure to label your bags/coolers with your name. Judges may check temperature.  

TEAMS: States will provide 1 or 2 teams of 3 members from their delegation. If the state selects 2 teams the teams will work as 2 separate teams. One adult supervisor per team must be present for safety precautions but cannot assist or provide direction to the team unless it relates to safety and the preparation of food in any manner.  
All competitors must wear the grilling hats, aprons and gloves per board of health regulations. When handling foodstuffs, all competitors WILL wear sanitary, disposable gloves. All members of the team will need to wear gloves and maintain a safe food environment.  
State signs will be provided to identify each team canopy.  
Each State will be contacted to provide the number of teams and names of participants 1 month prior to the event.  
Time Limits - All grilling will be done in separate 15-minute heats and each competitor will have only 15 minutes to complete their grilling. No exceptions! Spatulas down means spatulas down.  
Judging Breakdown:  
Youth must as a group present dish of one sandwich per judge and give explanation of their dish and be prepared to answer any questions.  
The panel of judges will score teams by the following breakdown:  
Creativity = possible 10 points  
Cleanliness = possible 10 points  
Food handling/safety = 20 points  
Presentation by group to judges = 20 points  
Teamwork = possible 20 points  
Taste = possible 20 points
Guidelines to Qualify for the Eastern States Dairy Team

Eastern States Team Selection.
Please be sure to read these rules as they are different than the state show.

1. **Registration**  
   Members and their animals must be entered in the State 4-H Dairy Show in accordance with the general rules and application forms.

2. **Eligibility of Members**
   A. Maine 4-H members may attend Eastern States in up to, but no more than, two commodities for which they qualify, in any given year, as long as their participation in two commodities does not prevent the participation of another 4-H member who would be attending in only one commodity and if the two commodity programs at the Eastern States Exposition do not conflict or overlap during the Exposition.
   B. Must be 12 years of age or older but not over 18 as of December 31st of the current year to show calves and yearlings.
   C. Any member exhibiting a milk cow will be the only person allowed to milk his/her animal. No other 4-H’er is allowed to care for the animal. If your cow needs to be milked between 10 pm and 6 am you must ask a Maine chaperone to do this for you. 4-H’ers may not leave the dorm at night.
   D. Must have completed at least one year in the 4-H Dairy Program.
   E. Must participate in a showmanship class at the State 4-H Dairy Show and show own animal.
   F. You must have participated in at least one of the following three programs/categories between October 1, 2018 and the beginning of the Eastern States Selection Class for this year’s show.
      ➢ State 4-H Dairy Quiz Bowl
      ➢ State 4-H Dairy Judging Contest
      ➢ Fitting Contest at the 2019 Maine 4-H Dairy Show
   G. **Must have completed an ESE Intent to Participate Form prior to February 1 of the current show year.**

3. **Eligibility of Animals**
   A. Selection is limited to registered female animals. **The percentage RHA must follow breed requirements to show.** For example, any Holstein must be at least 87% RHA to be allowed to show at ESE.
   B. All animals must have a registration paper and/or satisfactory lease agreement showing the date of ownership as of or before May 1st of the current year for calf and yearling classes, and May 1st of the year in which the animal was a yearling for cow classes. The lease form in this packet must be used to be eligible for Eastern States and the State 4-H Dairy Show. **Obtain lease form online or at your county office**
   C. The approval form, rabies certificate, the registration paper and the lease agreement (if applicable) must be available for inspection upon arrival at the fairgrounds. This will enable the animal’s
papers to be checked against the animal’s color markings or a tattoo. The approval form can be obtained from your county office.

D. Each animal will be listed on only one member’s approval form.

4. Selection Process
A. Although each state is limited to 35 youth delegates and 35 alternates, the Maine 4-H ESE Dairy Team does not have to equal the limit.

B. Fitting Team will consist of three members who must have been 12 years of age on December 31st, 2018. Fitting team members for ESE must meet the eligibility requirements as if taking an animal to ESE. The contest to select the team will be held at the Windsor Fairgrounds on July 21, 2018 in conjunction with the Maine State 4-H Dairy Show. Each State may send one fitting team consisting of three members to Eastern States.

C. The Eastern States Selection class will immediately follow the Grand Champion and Best Senior Animal Bred and Owned by Exhibitor classes at the State 4-H Dairy Show if youth desire this opportunity. Animals will be lined up in the order that the judge feels best represents the State of Maine. If a member qualifies with more than one animal the member may choose which animal will be taken to ESE by August 1st provided an alternate application paper has been submitted. If the alternate is needed, you must check with the Maine 4-H Dairy Project Team Liaison, Tara Marble at 207-778-4650 or 1-800-287-1478 or e-mail: tara.marble@maine.edu

D. All ESE team members must attend an orientation meeting immediately following the selection class. This is where you will receive information of who your chaperones are as well as youth and animal transportation providers. You will also have the option to order team attire. You can order a jacket, vest, and/or a sweatshirt.

E. ESE Entry Applications along with your $45.00 Transportation Fee (see below) are due to the Maine 4-H Dairy Project Team Coordinator NO LATER THAN AUGUST 1. Please send them to Tara Marble, University of Maine Cooperative Extension, 138 Pleasant Street, Farmington ME 04938. No entries will be accepted after this date. Failure to return the entry application by this date will result in loss of team membership to the highest available alternate. Please plan to fill out your paperwork and turn in your ESE paperwork at the State Show. ESE requires that a copy of your animal’s registration paper be submitted with your application.

F. Payment for any transportation to ESE will be required with your ESE Entry Application (see above) on August 1, 2019 to Tara Marble. Checks for transportation are made out to the University of Maine in the amount of $45.00. If you are bringing a Jersey, your fee will be paid for by the Maine Jersey Club. If your money has not been received, you will not be allowed to go to ESE. If you have any questions regarding this matter, please contact Tara Marble at (800) 287-1478 or 207-778-4650.

G. Delegates and alternates are encouraged to have a veterinarian conduct necessary tests early enough to meet Eastern States Exposition health requirements. A health chart is required for travel to ESE and may be done anytime after January 1st, 2019.
5. **Transportation of Animals**

Animal transportation and team transportation is arranged through the State 4-H Office by Debra Kantor. All team members will use this transportation. We must pay for the bus and all team members are expected to ride home on the bus. In certain cases exceptions are made. These exceptions must be made prior to leaving the State of Maine. If you are considered for this exception, you may not leave until all the equipment and cattle are loaded and the last team truck has left. The exception paperwork must be completed, signed by parent and given to the Coordinator prior to boarding the bus to ESE.

**Classes for Maine State 4-H Dairy Show**

1. **Showmanship** – Division A members 14 through 18 as of January 1 of the current year
2. **Showmanship** – Division B members 12 and 13 as of January 1 of the current year
3. **Showmanship** - Division C members 9 through 11 years as of January 1 of the current year
4. **Showmanship** – Novice – 1st year participants – members may elect to show in own age group if desired but may only show in one group.

**Overall Showmanship Champion**

5. **Spring Heifer Calves** – March 1, 2019 to April 30, 2019
6. **Winter Heifer Calves** – December 1, 2018 to February 28, 2019
7. **Fall Heifer Calves** – September 1, 2018 to November 30, 2018
8. **Summer Yearling Heifers** – June 1, 2018 to August 31, 2018
9. **Spring Yearling Heifers** – March 1, 2018 to May 31, 2018
10. **Winter Yearling Heifers** – December 1, 2017 to February 28, 2018
11. **Fall Yearling Heifers** – September 1, 2017 to November 30, 2017 not in milk; yearlings which have calved, will show in junior 2-year old class.
12. **Junior Champion** (winners of classes 5-11)
13. **Best Junior Animal Bred and Owned by Exhibitor** (best bred and owned in classes 5-11)
14. **Junior 2 Year Olds** – March 1, 2017 to August 31, 2017
15. **Senior Two Year Olds** – Sept. 1, 2016 to February 28, 2017
16. **Three Year Olds** – September 1, 2015 to August 31, 2016
17. **Four Year Old and Older Cows** – Born before September 1, 2015
18. **Dry Cow** – any cow that has calved but is not in milk and has not shown in any of the above classes.
20. **Best Senior Animal Bred and Owned by Exhibitor** (best B & O animal in classes 14-18)
21. **Grand Champion** – winners of classes 12 and 19
22. **Eastern States Selection** (see rules). All qualifying animals will be lined up in the same order of in their respective classes from spring calves through four-year-old and over cows.

* Grade animals will be exhibited with the breed they most closely resemble. Grade animals are not eligible for Eastern States selection.

** All animals bred and owned (B&O) by exhibitor will receive a special ribbon and be recognized in each type class. Only the highest placing animal bred and owned by exhibitor in each class will compete in classes 13 and 20. Members must have owned the dam at time of breeding to be considered as the breeder of the animal exhibited.
**Reminder:** Each animal must be listed on a 4-H Animal Approval Form signed by your 4-H leader and your Extension 4-H Staff. **An animal may only appear on one 4-H member’s approval form. Approval forms must be signed and embossed prior to May 1, 2019 to be eligible for Eastern States consideration.** Animal Approval Forms may be dated by June 30th for all other members. If you lease an animal, the lease form must also accompany your approval form. All forms are available at: https://extension.umaine.edu/4h/animal-science-resources/dairy/ Refer to Required Forms for State 4-H Dairy Show
Maine State 4-H Dairy Show Youth Member Registration Form

NAME ____________________________________________ COUNTY ____________________________

ADDRESS____________________________________________________________________________________

TOWN____________________________________        ZIPCODE____________

CONTACT PHONE ______________________________________ Age on 12/31/2018__________ BIRTHDATE __________

EMAIL ADDRESS____________________________________________________________________________

4-H CLUB NAME ______________________________ 4-H LEADER’S NAME ________________________

EMERGENCY CONTACT ____________________________   PHONE: __________________________

NAME(S) OF ATTENDING FAMILY MEMBERS ____________________________ ______________________

Number of animals you will be bringing __________

Cost of State Dairy Show $7.00 per child. This fee will also go towards entry to Maine 4-H Days.

*New* Maine 4-H Days entry fee required for attending families $7.00 per person (up to a $20 cap for 3+ family members). Please make checks/money order out to University of Maine and mail with registration, or pay online at: https://extension.umaine.edu/4h/maine-4h-days/.

Sleeping I need the following: ____ campher space (no charge) ____ tent space (no charge).
I plan to arrive on ___________ (day). You may arrive early, but not before noon on Friday.

The show secretary will start checking your entries on Saturday in the Livestock Office.

_____Potluck Luck Supper Saturday Night—7:00 pm
     I will bring a     __Main Dish      __ Salad   __ Dessert

*Please bring enough to feed a large group (not just yourself) as we have not had enough main dishes to feed all participants the past couple of years and we want to make sure everyone gets food to eat. Thank you!

_____Parent will help with checking TP in Rest Rooms and light cleaning.

Parental Consent for Chaperone

As this 4-Her’s parent / legal guardian I, ______________________________________________________ give my permission for_______________________________ to participate in the Maine 4-H State Dairy Show

Name of child

Since I am unable to be at ESE Tryouts, I designate ________________________________________________ to chaperone my child.

Signature of Parent/Legal guardian ____________________________________________________________ Date

Person who will transport 4-H’er home ________________________________ Print name

Chaperone Agreement Person responsible for 4-Her during stay at Maine 4-H State Dairy Show

_________________________________________ (Print Name of Chaperone) ____________________________ (Relationship to 4-Her)

As a chaperone for this 4-H’er, I understand that I will be responsible for this 4-H member during entire time of Show.

_____________________________ Signature of Chaperone (must be 21 or older) ____________________________ phone number of chaperone while at Tryouts

Mail all forms to the state 4-H office no later than July 2, 2019:
JESSY BRAINERD
State 4-H Office
491 College Ave
Orono, ME  04473
4-H Program Participation Permission, Agreements, and Photo Release Form

Participant: Please read this form carefully, provide all requested information, and sign and date the bottom of this page.

Name: ___________________________________________________________________________
   last,                                            first,                                           middle initial

Mailing Address: ___________________________________________________________________

Town, State, Zip: ___________________________________________________________________

Telephone: (_______) ______________________County____________________________________

Birth Date _______________________            Gender _______________________

Roommate preference (if applicable to this event) __________________, ____________________

As a participant in this program, I understand that I represent myself; my family; my county; Maine; and all Maine 4-H participants, volunteers and staff. By my actions, will 4-H be judged. Therefore, by my signature below, I agree to:

1. Participate fully in this program.
2. Follow all schedule times including curfew and wake-up hours; to be where assigned, when assigned.
3. Follow the Dress code established for this program/event.
4. Uphold the highest standards of behavior, manners and language.
5. Refrain from using alcoholic beverages, non-prescribed or illegal drugs, tobacco products, or fireworks.
6. Respect the rights of others at all times and make every attempt to include all participants in all activities.
7. Leave the facilities in the same condition or better than I found them when I arrived.
8. Support and follow all leadership and direction received from coordinators, chaperones and any other adult authority.
9. Respect the personal space and property of others in all settings including during overnight programs.
10. Seek assistance and support from adult chaperones on behalf of myself or others should a situation arise that warrants adult intervention or makes me feel uncomfortable.
11. It is the responsibility of the rider or the parent or guardian of the minor rider, to see to it that the headgear worn is properly fitted and in good condition.

I understand that if I break this agreement, I must accept the consequences of my actions, which might include a loss of privileges during this program, loss of 4-H privileges in the future, and/or immediate dismissal from this program as determined by county and/or state 4-H staff.

Signature: ______________________________________________Date:_____________________

Parental Statement – Please sign and date

My daughter/son/ward has my permission to attend this program. I have read and understand the statements they have agreed to above and support this agreement. I realize that I am personally responsible for my daughter/son/ward while they are attending this program. I understand and expect that should my daughter/son/ward break this agreement and the adult coordinators find it necessary to dismiss them from this program, that I am responsible for their transportation home.

Signature: ______________________________________________Date:___________________
UNIVERSITY OF MAINE SYSTEM AND 4-H PHOTO RELEASE AGREEMENT

I, _____________________________ , (name of person in photo) hereby grant and authorize the University of Maine System, acting through the University of Maine, (hereinafter UMS) and the 4-H Program (defined as 4-H Afterschool, National 4-H Council, 4-H Cooperative Extension System, USDA/NIFA, Maine 4-H Program, 4-H clubs and programs, etc.) its employees and agents to make use of, license or assign the use of, my image, appearance, likeness, voice and/or photograph, and other reproductions of any of these, in still photographs, videotapes, publications, audio, sound recordings, web sites, electronic and other media and/or motion pictures, (hereinafter all of which are included in the term “Material”) obtained during the current 4-H year (October-September) at 4-H-sponsored events, and to do so with or without mention of my name.

I understand and agree that I am to receive no compensation of any kind, monetary or otherwise, on account of or arising from the production, publication, recording, rebroadcasting, or other use of such Material.

UMS shall have complete ownership of the Material produced or published and shall have the exclusive right and license to make such use of that Material as it wishes, including, but not limited to the right of performance, display, reproduction and distribution in all media, and the right to create, perform, display and distribute derivative works of the Material.

I agree to indemnify and hold UMS, the University, its employees and agents, harmless from and against any and all claims, damages, lawsuits, judgments, and expenses, including reasonable attorneys’ fees that UMS may become liable to pay or defend arising out of or caused by any matter or material furnished or spoken by me in connection with my appearance.

I hereby release UMS, its employees and agents from all expenses, claims and liabilities incurred by me arising out of or in connection with my appearance and/or the use of the Material, except to the extent that those expenses, claims or liabilities are the direct result of the negligent acts or omissions of UMS, the University, its employees or agents.

This agreement shall be governed and construed according to the laws of the State of Maine.

NOTE: If under 18, must be signed by parent or guardian on last line below.

______________________________________________________
SIGNATURE OF PARENT OR GUARDIAN (if applicable)

Mail all forms to the state 4-H office no later than July 2, 2019:
JESSY BRAINERD
State 4-H Office
491 College Ave
Orono, ME 04473
Maine 4-H Health Form

Name: Last __________________ First ___________________ MI _____ Preferred ________________

Home Address:______________________________________________________________

Birth Date ___________________ Gender ________________________________

Custodial parent(s) or guardian(s) (if under 18):

Name ____________________ Phone: Home _______ Cell_________ Work _______

Name ____________________ Phone: Home _______ Cell_________ Work _______

Home address (if different from above) ________________________________

If you are not available in an emergency whom should we notify?

Name ___________________________ Relationship __________________________

Phone: Home _______ Cell_________ Work _______

Address ________________________________

Insurance Information

Is this person covered by family medical and hospital insurance? Yes ____ No ____
If so, provide carrier and plan name _______________ Group # ______________

Health History

The information provided here by the parent, guardian, or adult participant is intended to provide UMaine 4-H health care personnel with the background needed to provide appropriate care, and the program personnel with the information needed to provide a safe, healthy, and appropriate 4-H experience. Any changes to this information should be shared with 4-H staff. This information will not be used to exclude a participant from participation unless the participant cannot perform program requirements with or without a reasonable accommodation, or is determined to be a direct threat to the health or safety of others.

Allergies

1. Is this person allergic to any food, medication, or other substance? Yes ____ No ____
   If yes, please list all allergens and describe your child's reaction to them:

   _______________________________________________________________________

   _______________________________________________________________________

   _______________________________________________________________________

2. Has this person ever had any unusual reaction to an insect bite or bee sting? Yes ____ No ____
   If yes, please explain:

   _______________________________________________________________________

   _______________________________________________________________________

   _______________________________________________________________________

Medications

1. Does this person currently take a prescribed medication or treatment (Including over-the-counter and homeopathic remedies)? Yes ____ No ____ if yes, please complete the Medications section of this form.
2. Does this person self-administer any medication, such as an inhaler, or carry an Epipen or Anakit? Yes ____ No ____
Please list ALL medications (including over-the-counter medications and homeopathic remedies) taken routinely. Bring enough medication to last the entire program. ALL items should be in their original packaging, bottle, or container that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration. Attach additional pages if needed.

Medication #1
Dosage Specific times taken
Reason for taking

Medication #2
Dosage Specific times taken
Reason for taking

Dietary Restrictions - Please check all that apply

☐ Does not eat red meat ☑ Does not eat pork ☐ Does not eat eggs
☐ Does not eat poultry ☐ Does not eat seafood ☐ Does not eat dairy products
☐ Does not eat gluten ☐ Other (please describe)

Disabilities or Physical Restrictions: Please describe any disabilities or physical restrictions for this person of which you want us to be aware, and any reasonable adaptations or accommodations requested:

__________________________________________________________
__________________________________________________________
__________________________________________________________

Any person who needs accommodations for the program should contact the appropriate UMaine 4-H staff to discuss their needs, preferably at least 21 days in advance.

Please use this space to provide any additional information about this person's behavior and physical, emotional, or mental health (such as bedwetting, toilet issues, and sleepwalking) that UMaine 4-H staff members should be aware of to provide a safe, healthy, and appropriate experience.

__________________________________________________________
__________________________________________________________
__________________________________________________________

Parent or Guardian Authorization: This health history is correct and complete as far as I know. The person herein described has permission to engage in all program activities except as noted in this Health History. I hereby give permission to UMaine 4-H to provide routine health care, administer prescribed or other medications, and seek emergency medical treatment including ordering x-rays or routine tests. I give permission to UMaine staff to arrange necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission for the physician selected by UMaine staff to secure and administer treatment, including hospitalization, for my child. This completed form may be photocopied for trips.

Parent, Guardian or Adult Participant Signature

Printed Name ____________________________ Date ____________

I also understand and agree to abide by any restriction placed on my participation in program activities by medical personnel.

Minor or Adult Participant Signature* ____________________________ Date ____________

*if you cannot sign this for religious reasons, contact UMaine 4-H for a legal waiver that must be signed to allow attendance.
University of Maine Release and Assumption of Risk

I, _____________________________ of, __________________________________________
(Parent/Guardian Name)    (Address)
acknowledge, declare and agree as follows:

1. That I have voluntarily agreed to allow ____________________ (name of child) in the Maine 4-H Days from July 18, 2019 to July 21, 2019 and in consideration of my child being permitted to participate in the Program, do voluntarily execute this “Release and Assumption of Risk” on behalf of myself, my heirs and next-of-kin. My personal representatives and my estate.

2. That I have been fully informed of the nature, scope and demands of the Program, and understand that the Program may include activities which could be dangerous to my child and other participants and which could cause property damage, bodily injury and/or death. * See below for specific risks and dangers of the Program

3. That the University of Maine System and its University of Maine Cooperative Extension (hereinafter referred to as the “University”) has informed me that there may be dangers and hazards inherent to my child as a result of participating in the Program because of the activities and travel involved, and that I personally recognize and appreciate that such dangers and hazards exist for my child. I accept and assume full responsibility for all harm and injury, of every nature, including death, which may occur to my child or which s/he may suffer or cause to others, and for all damages or loss to any personal property owned by me or damaged by my child or my animal while my child is participating in the Program and during all travel and transportation, and, in furtherance thereof, I agree to indemnify, hold harmless and release the University, its Trustees, faculty, employees, volunteers and agents, from and against any and all claims, demands, actions or causes of action, on account of damage or loss to my personal property, my child’s injury or death, or the bodily injury, death or damage to personal property of others caused by my child or animal , which may occur or result directly or indirectly from my child’s participation in the Program and not as a direct result of any negligent act of the University, its Trustees, faculty, employees, volunteers or agents.

I declare that __________________ (name of child) is able to physically withstand and cope with the indicated rigors of the Program with or without a reasonable accommodation. In complying with the letter and spirit of applicable laws and pursuing its own goals of diversity, the University of Maine does not discriminate on the grounds of race, color, religion, sex, sexual orientation, including transgender status and gender expression, national origin, citizenship status, age, disability, genetic information or veteran status in employment, education, and all other programs and activities. The following person has been designated to handle inquiries regarding nondiscrimination policies: Director, Office of Equal Opportunity, 101 North Stevens Hall, 207.581.1226.
The University provides reasonable accommodations to qualified individuals with disabilities upon request. Any person with a disability who needs accommodations for this program should contact Sarah Sparks to discuss their needs at least 14 days in advance.

4. This “Release and Assumption of Risk” shall be construed and interpreted pursuant to the laws of the State of Maine, and if any portion thereof is held invalid, void, unenforceable or illegal, the reminder shall continue in full force and effect.

I declare that I completely understand and have fully informed myself of the terms and conditions of the release and assumption of risk by having read it, or having it read to me, before signing and I intend to be fully bound thereby.

I, _______________________________, the parent or legal guardian of ______________________________________, agree in consideration of my child being permitted to participate in the Program, to be bound by the terms of this “Release and Assumption of Risk” and hereby indemnify, hold harmless and release the University, its Trustees, faculty, employees, volunteers and agents, in the same manner and with the same force and effect as set forth in section 3 above with regard to my child participating in the Program.

______________________________ date
Parent or Guardian Signature
(if participant is under age of 18 years)

I (child participant) understand that attendance in Maine 4-H Days is not without risk to myself, members of my family, my guests who may attend, or my animal. I declare that I completely understand the Assumption of Risk” by having read it, or having it read to me, Assented and agreed to on this ____ day of _____________, 20__.

______________________________
Signature of Participant

*Such dangers, hazards and risks of this activity may include, but are not limited to, injuries inflicted by the following:

Exposure to elements such as severe weather, heat, cold, sun, and biting insects.  
Falls from all terrain vehicles, bicycles, skateboards, scooters or other personal transportation devices.  
Fall hazards due to varied terrain  
Utilizing tools (stove, drill, glue gun, hammer, exposure to hot surfaces, splinters in wood working, etc.) in enrichment workshops.

Revised 05/19