

# Wednesdays in the Woods Activity: Un-nature trail

# **Materials Needed:**

- 'Un-nature' objects objects not typically found outdoors in nature which can be gathered from around the house, the garden shed, the recycling bin...
- A washable bag to collect the objects

### Instructions:

- 1. Go outdoors and partially hide the 'un-nature' objects along an established trail or in various locations around the yard or other outdoor space. Make sure at least part of each object is visible.
- 2. Challenge participants to walk the 'un-nature' trail and find the objects you hid. Do not tell them what they are seeking ahead of time!
- 3. Collect objects in a washable bag...make sure you remember how many objects you hid and where. Participants might not find them all!

### **Reflective Questions:**

- Which objects stood out the most? The least? Why?
- What choices did you notice the hider made in the process of creating this trail? How would you have designed the trail differently?
- What is the most unexpected thing you have found outside?
- Are these objects really 'un-nature' objects, or are they all connected with nature in some way (e.g., are they made with materials derived from nature?)

### **Extensions of this activity**

- Challenge participants to trace the origins of each object, for instance, a wooden spoon might be traced to a maple tree!
- Have participants make their own 'un-nature' trails with the same or new materials
- Allow participants to reflect on the statement, "I am part of the environment." What are examples of ways we interact with the environment?

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