



## **Wednesdays in the Woods Activity: Microhike**

### **Materials Needed:**

- A long piece of yarn, string, or rope
- Space to do your microhike
- Objects, like small rocks or shells to mark landmarks of interest (optional)

### **Instructions:**

1. Imagine you are an ant, slug, beetle, or other small creature. What adventures might you have during your daily wanderings? What places would you like to visit? How might places familiar to you as a human look different if you were a much smaller creature?
2. Get down on the ground and create a microhike trail with your string that represents the path your creature takes as it explores. Does it look for food, water, and shelter, or does it go on daring adventures?
3. If you collected small objects to mark landmarks of interest, place them on interesting points of your microhike trail.
4. You might invite others at home to tour your microhike trail, using the small objects you placed to remind you of important landmarks, like a water source or a mossy rock that your creature explored. Remember to collect your string when you are finished.

### **Reflective Questions:**

- What landmarks do you use to find your way around indoors and outdoors?
- If you could explore anywhere you have never been, where would you explore?
- How might the world look different if you were a much larger creature, like a giraffe or a whale?

### Extensions of this activity:

- Draw a map of where your creature traveled; remember to draw important landmarks from the perspective of the creature – objects that appear small to you might appear large to the creature!
- Look for pillbugs (roly-polies) under logs. Make outdoor mazes for them in the shade, using sticks and rocks. See how long it takes them to finish! Return them to underneath the logs.

### Microhike



Photo by Hannah Raymond