My name is: ________________________________________________________________

My birthday is: month__________ day_______ year__________ My age is:_____________

My 4-H club or group is: ____________________________________________________

My county is: _____________________________________________________________

My 4-H project is: _________________________________________________________

What I want to learn in this project is: _______________________________________
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________

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A Member of the University of Maine System
Here is how I use the four Hs from the 4-H Life Skills Wheel:

With colored pencils or highlighter, color in all of the life skills you used while completing this year's project.

(2 of 4) Name_________________________________
Here is how I use the four Hs from the Life Skills Wheel:
(continued)

 микс Head: __________________________________________________________________
__________________________________________________________________
__________________________________________________________________

 микс Heart: __________________________________________________________________
__________________________________________________________________
__________________________________________________________________

 микс Hands: __________________________________________________________________
__________________________________________________________________
__________________________________________________________________

 микс Health: __________________________________________________________________
__________________________________________________________________
__________________________________________________________________

(3 of 4)                Name_________________________________
Attach a photo or drawing about your project below.

What does your photo or picture show? ____________________________

__________________________________________________________________
__________________________________________________________________
__________________________________________________________________
__________________________________________________________________
__________________________________________________________________
__________________________________________________________________

(4 of 4) Name_________________________________