2017 MAINE 4-H DAYS
JULY 21 – 23, 2017
Windsor Fairgrounds, Windsor

Excitement – New Friends – Good Times
Fun – Good Laughs – Learning

http://umaine.edu/4h/youth/4-h-events/maine-4-h-days/

REGISTRATION DEADLINE: June 30, 2017 at 8:00 am- Participants who register before the June 30th deadline will be charged the early registration fee of $7.00/person, with a maximum of $20.00/family. If you register after June 30th, the fees increase to $10.00/person, with a maximum of $25.00/family.

Paper Registration: mail forms and check or money order to:
State 4-H Office
5741 Libby Hall, Room 103B
University of Maine
Orono, ME 04469-5741

Contact: Jessy Brainerd, State 4-H Office Administrative Specialist 207.581.3877, or 800.287.0274

Maine 4-H Days Sign-in Requirements

Sign-in must be your first priority when arriving on the fairgrounds. It is important for all attendees (including presenters and parents) to sign-in so that coordinators have an accurate account of who is on the fairgrounds at all times in case of an emergency. Be sure to indicate on your form which days you plan to be at the event. You will receive a bracelet upon sign-in, and are required to wear it throughout the weekend. If you are seen on the fairgrounds without a Maine 4-H Days bracelet, you will be asked to report immediately to the office to sign-in. This includes workshop participants - you will be asked to leave the workshop until sign-in is complete.

Thursday Sign-in: The main office for Maine 4-H Days will be opening for attendees to sign-in on Thursday, July 20th from 2:00 – 6:00 pm. Please sign-in before you begin setting up your camper or tent site.

- Maine 4-H Days is a program of the University of Maine Cooperative Extension.
- Maine 4-H Days is sponsored by the Maine 4-H Foundation.
- This is a community event with neighborhood watch style of enforcing rules and regulations. Everyone is responsible for monitoring the safety of participants.
Every child must have a chaperone, and chaperones must remain on the grounds at all times (sharing the responsibility is fine). **Chaperones of Cloverbuds should plan to accompany them from one workshop to the next**, and check in with each workshop instructor to see if it is appropriate to leave them with the instructor. Some Cloverbud workshops require adults to stay and assist their child(ren).

Please use a separate form for each person. Please register if you are a member, leader, parent, or sibling of a participant. If you need paper copies of the registration packet and forms, please contact your local UMaine Cooperative Extension county office, or call the State 4-H Office at: (800) 287-0274, or (207) 581-3877.

The cost for Maine 4-H Days is $7.00 per person, with a maximum fee of $20.00 per family prior to 8:00 am on June 30, 2017. After that date, the fee increases to $10.00 per person, with a maximum fee of $25.00 per family. Checks or money orders can be made out to the University of Maine – be sure to put **Maine 4-H Days** in the memo line, or you can pay online, information is available at [http://umaine.edu/4h/youth/4-h-events/maine-4-h-days/](http://umaine.edu/4h/youth/4-h-events/maine-4-h-days/). If you need to pay at the event, keep in mind that no cash will be accepted.

Confirmations are not mailed out; if you are unsure whether your registration arrived, please call the State 4-H Office at: (800) 287-0274, or 207-581-3877. If you want to find out which workshops your child has been assigned to, this information will be available by phone from July 10th – 14th.

Persons with special needs accommodations should contact Sarah Sparks at 1-800-287-1458 at least 10 days prior to the event.

**Curfew** is at 10:00 pm; all attendees need to be quiet & settled in after that.

Please use the buddy system when walking around the fair grounds. This is not closed venue; we are sharing the grounds with the other groups.

**Animal/livestock program participants**: If you have already registered your animal for a show, you still need to register yourself for Maine 4-H Days. Please send in your registration form in this packet, and check in at the Administration Building when you arrive. If you are signing up for the horse track – you must submit the additional **Horse Track Registration Form**, which is included in this packet.

**Camping**: We are excited to have very full fairgrounds for our upcoming event. Camping will need to be done ONLY in the designated areas. These include areas near the sheep barns, in the small area between the pulling arena/cattle barn, or across the street in the designated field. This has been requested by Windsor Fairgrounds maintenance in an effort to have less area to clean after we leave. We are very grateful that they are willing to work with us on this.

- Camping spaces inside the fenced grounds, in the barn area, will be reserved first for campers coming for the livestock tracks so that they can be close to their animals for safety sake. 4-Hers in the dairy program will start arriving Saturday, and we will need to reserve areas for them. There will be some space inside the fence for non-livestock families, but not enough for all campers. This area will be reserved first for participants with livestock and the rest of the marked area will be on a first come, first serve basis for other campers.
- Campers should use the enclosed sign to put on their camping unit/tent etc. for identification of who is on that site.
- Families in the horse program will camp in the horse barn area where they usually park their campers.
- Families in the working steer program can set up campers between the pulling arena and the barn beside it.
- Unfortunately, all available barn and covered space is needed for animals and workshops, so participants will not be able to tent under any covered space. No exceptions on this.
- The other camping area is a grass area outside the gate behind the log cabin. There is a walk in gate right beside the log cabin/chicken barn area. There will be signs directing you to this area.
- No campfires will be allowed on the fairgrounds.
Food – You are responsible for your own meals at Maine 4-H Days. There is a limited amount of refrigerator space available; be sure to clearly label your items; please plan accordingly, as when there are sessions/groups in the kitchen, the refrigerators will not be available, and plan accordingly. There will be an ice cream social on Saturday night. There is a Hannaford grocery store at the junction of Rt. 32 and Rt. 3 in China, seven miles from the fairgrounds. Hussey’s general store is 2 miles from the fairgrounds and has a few groceries and a deli. There will be a food booth in the Horse area, menu and pricing information will be available closer to the event.

Please return your signed Permission / Health Form, Photo Release, and Assumption of Risk Form with mail-in registration. Youth forms MUST have a parent/guardian signature.

Please follow the instructions on the registration form. For enrichment programs, note your first, second, and third choice for each session for every day. Registrations are processed as they are received, and sessions are available on a first come, first serve basis.

Dogs need to be on a leash at all times, and must have a current rabies certificate on the premises.

Bicycles & Skates – UPDATED – Maine 4-H Days encourages you to bring these. However, to keep everyone safe, there is a need to define the rules for bikers, skaters, and anything with wheels that is person-powered.

- Helmets are required for all and are to be buckled at all times. As this is a 4-H event, we ask that all adults also use helmets and be role models in safety.
- All are required to pre-register their bikes and skates in the office, this form is included in this packet, and can be found on the Maine 4-H Days website.
- We also are REQUIRING all riders/skaters to participate in a Bike/Skate Meeting. Rules will be reviewed with riders in full and one on one to receive their first Ride Safe sticker.
  o You and the adult that is overseeing you must attend a meeting before you may use your bike or skates. Bike/Skate Meetings will be held multiple times daily, you cannot ride/skate that day before attending this meeting. Meeting times will be posted on the website and in the Office. Here are the general times: Thursday PM, Friday AM after flags, Friday Lunch, Friday evening after supper, Saturday AM, Saturday Lunch, Sunday AM.
  o Your proof of attendance must be visibly displayed on your bike, or visible on the skaters while skating.
  o These tags will be monitored by our staff and adults on the grounds. Biking and skating is a privilege at Maine 4-H Days. Bikers/skaters without the proper tags/stickers or not following our bike rules should report to the office. Participants will receive one verbal warning, from 4-H staff, throughout the entire 4 days. If another warning is needed, that participant may be asked to put the bike/skates away for the rest of the event. Any volunteer or adult can remind a rider/skater of safety standards. Please see the Office or the website for complete rules and implementation.
  o The defined rules and routes that bikers/skaters will be provided at the meeting will be posted in the office and on the website.

Directions: The Windsor Fairgrounds is located approximately 15 miles east of Augusta, a half-mile north of the junction of Routes 17 & 32 on Route 32.

Travel east from Augusta on Route 17 to the intersection of Route 32, and then go north a half mile. ~OR~
Travel east from Augusta on Route 105 to the intersection of Route 32, then go south about 2 miles.

A map to the Windsor Fairgrounds is on their website at www.windsorfair.com/location.htm Also, you can use www.mapquest.com or http://maps.google.com/, and get directions to “Malta Road, Windsor, ME” which will give you directions right to the fairground.
4-H Livestock Programs

Full livestock schedules will be available online at: http://umaine.edu/4h/youth/4-h-events/maine-4-h-days/

NOTE: If you have already registered your animal for a show, you still need to register yourself for Maine 4-H Days. Please send in your registration form in this packet, and check in at the Administration Building when you arrive. If you are signing up for the horse track – you must submit the additional Horse Track Registration Form, which is included in this packet.

Horse (Friday, Saturday, Sunday)
The horse track is a foundational horsemanship program that provides an educational group experience for 4-H members of all abilities (ages 5-18) in a safe and fun environment. Current 4-H members ages 5 to 18 are encouraged to come with their horses or horseless; each will be sure to gain horse knowledge for their project. There will be a Cloverbud track offered as well as lead line classes. If your Cloverbud intends on entering lead line classes he/she needs to have a VOLT trained assistant with horse experience ready to lead the horse and rider in their assigned classes.

Horses may arrive any time after 2:00 pm on Thursday and are checked out Sunday.

Schedule: subject to change
Riders are expected to supply their own mount. The following levels of riding clinics will be offered:
- Cloverbud (lead line), Walk/Trot, Walk/Trot & Beginner Canter, Walk/Trot/Controlled Canter
- Thursday: Check in, register at Main office for weekend event, assessment ride
- Friday: Ground work, mounted and unmounted lessons, Community Service Event
- Saturday: Mounted lesson, unmounted clinics
- Sunday: Mounted & unmounted clinics to 12:00 pm

Rules:
- **DO NOT unload animals until** vaccination records have been checked by Cathy Thomas, Molly Sirois, or Liz Heath.
- Approved helmets are required while around horses and handling.
- Riding boot with at least ½" heel required.
- Dress appropriately for riding session (no spaghetti strap shirts or shorts).
- When riding during free ride, rider shall have responsible adult at ring side.

Forms required with registration: June 30, 2017 will strictly be adhered too
- Helmet Waiver Form: Print off from our website at https://extension.umaine.edu/4h/youth/4-h-projects/animal-science-resources/horse/
- Current Vaccination Records to include: Rabies, Neg. Coggins, EVH1 (rhino), Influenza.
- See the horse vaccination statement in this packet.

Stall Management: Tie stalls (not box stalls) are available at Windsor Fairgrounds.
- Please bring and install a 'butt board.' This could be chain, rope, or a 2"x 4"x 8' board, anything that will secure the horse in the stall whether the head is tied or not. In the past we have used chain covered with PVC pipe, double ended spans and eye hooks. Also 2"x 4" boards with double ended spans and eye bolts. For easy installation bring: cordless screw gun, hammer, large screw driver, 4 eye bolts, and double ended snaps (2 per rope/board/chain). We are not guaranteed use of the sheep/goat panels; **if** there are any left over from the sheep track for horse use, please be prepared to bring three large eye hooks, chain (a chain lead works) and double ended snap to hang and the panel.
- Bring your own bedding, sawdust will NOT be provided.
- Bringing a water hose is handy for watering in stall and hosing down hot horses.
- **All stalls must be RAKED out and manure disposed of in the manure pit BEFORE leaving the grounds for the weekend.** Please come prepared with wheelbarrow/muck bucket, forks, & rake.
- Please leave the Windsor Fairground as clean, as or cleaner than, you found it.

GROUNDS:
- Windsor Fair graciously allows us to use the fairgrounds. We, as leaders, ask volunteers and members to uphold the 4-H standards at all times ~ **Leave it better then you found it.**
- Please be prepared to offer a hand when asked to help with maintaining the area.
Sheep (Saturday)
This is for the Eastern States Sheep team, and others in the sheep project, ages 9 & up. There will be four separate workshops, including a skillathon.

Dairy (Saturday, Sunday)
Maine State 4-H Dairy Show and Eastern States Dairy Team Tryouts
Be sure to check in at the main office before unloading your animals.

- **Saturday**
  - 1:00 pm – Start checking papers and animals
  - 2:00 pm – Grilled Cheese competition
  - 5:00 pm – Clipping Contest
  - 7:00 pm – Potluck Supper

- **Sunday**
  - 6:00 am – Fundraising Breakfast in the kitchen
  - 8:00 am – All animals must be on the grounds
  - 8:30 am – All papers must be checked in
  - 9:00 am – State 4-H Dairy Show starts
  - Following the Show: Eastern States team will be announced and cattle selected. Team meeting and orientation at the bleachers after cattle are put away. Order team apparel.


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2017 Maine 4-H Days Rabies Statement
All cattle, sheep, horses, cats, and dogs brought to Maine 4-H Days must be vaccinated for rabies if the animal is old enough to receive a rabies vaccine (per your vet’s recommendation). Dogs, cats, horses, cattle, and sheep can receive a rabies vaccine if older than 12 weeks of age according to vaccine labels, but American Association of Equine Practitioners’ vaccine guidelines recommend that a foal receive its first rabies vaccine at 6 months of age, so as not to interfere with maternal immunity. The vaccination must have been administered on or before May 20, 2016 and be current for that species and type of vaccine. All 4-H members bringing cattle, sheep, horses, cats or dogs to Maine 4-H Days must show a veterinarian’s Certificate stating that their animals have received a rabies vaccination. Certification must be in writing, must be signed by the veterinarian, and must clearly identify the animal or animals brought to Maine 4-H Days and the date vaccinated. Exhibitors showing animals which do not have an approved rabies vaccine (goats for example) are strongly encouraged to discuss rabies vaccination with their veterinarian and follow their recommendations.

2017 Maine 4-H Horse Vaccination Statement
4-Hers attending Maine 4-H Days with their horses must provide proof of current, annual vaccination of these horses for rabies, EHV-1 and Equine Influenza, as well as a current negative Coggins test done by a veterinarian. Horse owners may administer their own EHV-1 and Equine Influenza inoculations and a sales receipt with a written record of the date the vaccine was administered will be sufficient evidence for proof of vaccination. EHV-1 and Equine Influenza vaccines are considered effective for six months. Plan the timing of your inoculations by consulting with your local veterinarian to maintain optimal equine health during the fair season. We do not require vaccination for the following diseases, but strongly suggest you consult with your local veterinarian about getting your horse vaccinated for tetanus, EEE, Potomac Horse Fever, WNV and Lyme disease.
4-H Enrichment Programs

4-Hers Just Wanna Have Fun
Friday – session 3 or 4 – for youth of all ages (limit of 15 youth per session)
This session offers a variety of fun things to do. You have the option of doing your hair, nails, pedicures, playing games, painting faces, even temporary tattoos! Bring any music you would like to listen to during this laid back relaxing session. NEW this year will be a photo booth – we will have props for you to use! Make sure to bring your camera and make some lasting memories with old and new friends.

Archery
Friday – session 2 or 3 or 4 – or – Saturday – session 1 or 2 or 3 – for youth ages 9 & up (limit of 12 youth per session)
Learn the FUNdamentals of safe shooting and archery skills. Archery is a sport that anyone can participate in. Come join our 4-H Shooting Sports instructors for an introduction to archery. Learn how to shoot safely, hit your target, and take home a new skill set in an activity that will last a lifetime.

Bike Skills - Advanced
Friday – session 3 – for youth ages 12 & up (limit of 8 youth)
Take a ride around the fairgrounds. Learn and practice the rules to the road to be a safe and responsible cyclist.

Bike Skills - Beginner
Saturday – session 4 – for youth ages 5 – 8 (limit of 8 youth)
Learn and practice safe bike riding skills around the fairgrounds.

Bike Skills - Intermediate
Friday – session 4 – for youth ages 9 – 11 (limit of 8 youth)
Practice and learn safe bike riding skills around the fairgrounds; what to do at intersections, riding in a group, and more.

Bugs! Bugs! Bugs!
Sunday – session 2 – for youth ages 5 – 11 (limit of 12 youth)
What bugs live in Maine? What do they eat? Search for and identify native bugs and create a bug habitat.

Can Dried Fruit be Brought Back to Life?
Saturday – session 4 – for youth ages 9 & up (limit of 12 youth)
Just because a fruit has been dried doesn't mean it has to stay that way! This fun activity will star you as the scientist tasked with bringing fruit back to life- if you wanted to call it fruit zombies, it would most certainly apply.

Can You Catch the Water
Friday – session 4 – for youth ages 9 & up (limit of 10 youth)
You can't catch water with a net, and a lot will get through if you try to stop it with your hands – but how about a boulder, or maybe a dam? Engineer a water basin and discover how landforms and water work together. Discover how human impacts might change the flow of water.

Chromatography
Saturday – session 2 – for youth ages 9 & up (limit of 10 youth)
Discover a tool used to solve crimes AND support the environment! Chromatography is a way to look at mixtures, solvents, and see them move. This is your chance to do an experiment that discovers which solvent makes the mixture travel the fastest.

Cloverbud Tea Party
Saturday – session 1 or 2 or Sunday – session 2 – for youth ages 5 – 8 (limit of 10 youth per session)
We are going to have a dress up tea party for Cloverbud boys and girls. We will have cupcakes, iced tea, snow cones, and more! There will be a photo booth to take pictures with props. We hope to have a lot of fun and hope you can join us already dressed up, or choose from our dress up clothes!
Comic Adventures: Make Your Own Comic Strip
Friday – session 3 or Saturday – session 1 or Sunday – session 1 – for youth ages 9 & up (limit of 10 youth per session)
Learn how to make a comic strip or start a comic book. Storyboard, drawing, and character design, everything will be supplied for you.

Composting and Leadership: How to Start a 4-H Teen Council
Saturday – session 2 – for youth and teens ages 12 & up (limit of 30 attendees)
What happens when teens take charge? Awesome things! Come learn about composting from the Kennebec County Teen Council – and how their leadership roles have changed their perspective on what it means to give back to 4-H and the community.

Creativity Tent/Area
Friday – Saturday – Sunday – All Day – all ages welcome (you don’t need to sign up for the Creativity Tent ahead of time, just come by and check it out!)
This year we'll be offering an unstructured arts and crafts experience on a drop-in basis - between workshops or when the crafting notion strikes your fancy. The tent will have a variety of craft supplies on-hand for the creative spirit - youth AND adults - during this event. Although there will be a volunteer monitor at the tent, it's up to you to come up with your own project based on the supplies available. If you have supplies to share - we're open to any new or recycled materials - please drop them off at the tent when you arrive at the fairgrounds and plan to pick up any leftovers before you leave. Or simply bring along your own project to work on while sitting and enjoying the company of other crafters in the tent (personal supply sharing not required). The tent will be open based on volunteer monitor availability.

Destination Imagination
Saturday – session 1 (ages 9 – 11) – Session 2 or 3 (ages 5 – 8) or Session 4 (ages 12 & up) (limit of 8 youth)
Quick, you only have minutes to solve the problems with your team! What will you do? Don’t think inside the box! Build teamwork and leadership skills with Destination Imagination and have fun!!

DiveRT Into Composting
Saturday – session 2 or 4 – for youth ages 9 & up (limit of 10 youth per session)
Dirt, compost, worms, and more – explore the stages and types of materials used in composting. We'll get dirty, plant some seeds, see how worms do their work and more! Join us to learn about the exciting world of composting.

Do Ptarmigans Have Snowshoes?
Friday or Saturday – session 1 – for youth ages 5 – 11 (limit of 10 youth per session)
Animals are unknowing engineers – they adapt to their environments over time. Learn about this special bird, the Ptarmigan and engineer a foot to help it walk on top of snow.

Eating on the Trail
Friday – session 4 – for youth ages 9 & up (limit of 12 youth)
Making trail mix is easy and fun and you get to choose what goes in it! Join us to try your hand at creating your own signature trail mix- perfect for the next day of hiking, or to keep on hand as a snack. (Just don’t forget to share with your family!)

Eco-Bot Challenge
Saturday – session 1 or 3 or Sunday – session 1 – for youth ages 9 & up (limit of 16 youth per session)
4-H Eco-Bot Challenge explores how robots can be used to preserve and protect the environment, while offering a glimpse into the future of science, technology, engineering or math.

Empowering Change-Makers in Creativity
Saturday – session 2 or 4 – for youth ages 12 & up (limit of 30 youth per session)
Do you feel creative? We all are – in many different ways! Join us in some fun activities that will stretch your creativity and empower you as a change maker.
**Engineering Tower Challenge**  
Friday – session 2 or 3 – for youth ages 5 – 8 *(limit of 15 youth per session)*  
Be an engineer and build your own tower to help solve the tower challenge. Participants will use their limited supplies to build the tallest tower they are able to. We will work together, build, re-design, problem solve, and have FUN!

**Everyday Citizenship**  
Sunday – session 2 – for youth and older teens ages 12 & up *(limit of 15 attendees)*  
Explore what it means to be an active citizen, how the US Government works, and how YOU can play an important part in it! Learn about the annual 4-H Page program at the State Capitol.

**Exploring Lego® Robotics**  
Saturday – session 2 or 3 or 4 – for youth ages 9 & up *(limit of 16 youth per session)*  
Children will spend time programming pre-built LEGO® Robots to move around and do some basic tasks. Orientation to the programming is included, as are basics of the robots. Led by Maine Robotics.

**Field Skills for the Forest - Beginners**  
Friday – session 1 – for youth ages 9 & up *(limit of 20 youth per session)*  
Get outside and enjoy the forest! We’ll learn the common tree species and learn the use of a compass, an essential skill if you want to go off the beaten path. Come join in the company of others who want to be in the woods.

**Field Skills for the Forest - Intermediate**  
Friday – session 2 – for youth ages 9 & up *(limit of 20 youth per session)*  
Did you participate in Field Skills for the Forest last year, or sign up for it session 1, and have a great time? If you did, and you’re ready for some more advanced experience, this class is for you. Get outside and enjoy the forest! We’ll learn the common tree species and learn the use of a compass, an essential skill if you want to go off the beaten path.

**Fizzy Fizzy Bath Bombs**  
Friday or Saturday – session 3 – for youth ages 9 & up *(limit of 8 youth per session)*  
Bath bombs: a new way to make your bath more colorful, fizzy, and fun!

**Food Preservation**  
Saturday – sessions 1 and 2 or 3 and 4 – for youth ages 12 & up *(limit of 6 youth per session)*  
This will be a two session workshop, it will cover why we preserve food, detail instructions on hot water bath canning. We will make a batch of delicious jam from start to finish. Participants will take home a jar of jam after they are completely cooled.

**Fractions and Food**  
Saturday – session 3 – for youth ages 9 – 11 *(limit of 6 youth)*  
Experiment with teaspoons, tablespoons, ounces, and pounds to make some tasty treats.

**Fruit Battery**  
Friday – session 1 – for youth ages 9 & up *(limit of 12 youth)*  
Light up the fairgrounds with your own homemade fruit battery! This workshop will focus on the components that make up a battery, and will explore which kinds of fruits (and a few vegetables) make the best batteries.

**The Goat Spot**  
Ongoing through the event, youth and adults are welcome  
Groovy Grunders’ Farm invites kids and adults to visit with our dairy goats; participants can bottle feed babies, take goats on a walk, help with farm chores, and even milk a goat. Come and learn why we love dairy goats! We'll be open all day with posted schedule at the office, and in the barn.

**Hand Sewing**  
Friday – session 1 – for youth of all ages, chaperones please plan to accompany Cloverbuds *(limit of 10 youth)*  
Learn how to sew by hand, and make a cute stuffed animal to bring home with you.
Herb Garden Extravaganza
Saturday – session 3 or 4 – for youth of all ages (limit of 12 youth per session)
Create your own herb garden to take home with you! Learn about different herbs, and what they taste like and can be used for.

How to Be a Fun Captain
Friday – session 4 or Saturday – session 3 – for youth and older teens 12 & up (limit of 20 participants per session)
To get the most of our Saturday evening campfire we need teen leaders! Bring instruments you might want to play, bring campfire songs you want to share, we will be learning some large group games and songs to make this campfire memorable and awesome for all!

How to Make Your Dreams Come True
Saturday – session 1 or 3 – for youth ages 9 & up
During this "Participatory Theatre" session, we will look at the steps needed to make our dreams come true and learn a little about ourselves along the way.

I Can’t Take the Pressure
Friday – session 3 – for youth ages 9 & up (limit of 10 youth)
It’s time for some real life Candy Crush! Create a model and discover how altitude, gravity, and other forces can change an object. We’ll use candy and crush cans to make these discoveries.

Introduction to Engineering
Saturday – session 3 – for youth ages 9 & up (limit of 10 youth)
Learn how to solve a technical problem using basic arts and crafts materials. Participants will build and test a structure with this real life engineer.

Inventing Pet Products
Saturday – session 3 or 4 – for youth ages 9 & up (limit of 30 youth per session)
We all love pets and there are lots of ideas you can come up with that will help you and your pets! Come learn the basics of inventing and prototyping with this hands-on workshop.

Knitting Knerdery
Saturday – session 4 – for youth ages 9 & up (limit of 6 youth)
Knit a colorful bookmark, and do some math along the way. You should know how to cast on and knit. It’s time to get your creative, and mathematical, juices flowing.

Language of Engineering Drawings
Sunday – session 1 or 2 – for youth of all ages, chaperones with Cloverbuds (limit of 10 youth per session)
What is it like to be an engineer? Create a design for a life saver race car, and then practice building another person’s design. Learn how to draw, design, and communicate like an engineer, wrapping up with a race to the finish line with the cars we build.

Make Your Own Chinese Dumplings
Friday – session 2 or 3 – for youth ages 9 & up (limit of 8 youth per session)
Chinese dumplings and pot stickers: those little packets of delicate dough-wrapped goodness that you can order at most Asian restaurants are easier and more fun to make than you might think! Learn how to make them from scratch and sample your results. We will make simple dipping sauces, too. Some food allergies can be accommodated, so please ask when you register.

Martial Arts Introduction
Saturday – session 2 – for youth ages 9 & up (limit of 10 youth)
Come learn some passive self-defense techniques where you will learn how to avoid and handle conflicts without hurting yourself or others.
Mock WHEP (Wildlife Habitat Education Program) Contest

Friday – session 1 or 2 – for youth ages 9 & up

WHEP is a 4-H and FFA youth natural resource program dedicated to teaching wildlife and fisheries habitat management to junior and senior level (ages 8 – 19) youth in the United States. Participants learn about: wildlife terms and concepts, wildlife habitat, how to judge the quality of wildlife habitat, wildlife habitat management practices, and wildlife damage management. The WHEP is a hands-on environmental education program. WHEP also provides participants and opportunity to test their wildlife knowledge in a friendly competition, as each state supporting WHEP conducts an annual contest where teams of 3 – 4 similarly aged individuals gather.

Origami Goat Head

Friday or Saturday – session 3 – for youth ages 9 & up (limit of 10 youth per session)
Come join us at the Groovy Goat Barn for fun with paper folding. We’ll learn to fold an adorable goat head, and then we’ll test our basic goat knowledge with some fun games and quizzes.

Paper Plate Goat Head

Friday or Saturday – session 1 – for youth ages 5 – 8 (limit of 10 youth per session)
Come join us at the Groovy Goat Barn to make a super cute goat head decoration out of paper plates. We’ll also play some games to learn more about dairy goats.

Poetry Slam!

Friday – session 4 or Saturday – session 2 or 3 – for youth ages 12 & up (limit of 8 youth per session)
What is Poetry Slam, and is it for me? This workshop will introduce competitive poetry performance. Participants will be invited to compete in a poetry slam. (Participants may attend the workshop even if they don’t want to take part in slam)

Rockets to the Rescue

Friday – session 2 or 3 or 4 – for youth of all ages (limit of 12 youth per session)
Imagine: a storm has wiped out all communication and accessibility to a remote island, and it's up to you to design and build a rocket to deliver food and desperately needed supplies to the islanders. Can you get your rocket to the island successfully in time to save the inhabitants?

Safe Tractor Operation and Work on the Farm

Saturday – session 1 or 2 – for youth ages 9 & up (limit of 18 youth per session)
Learn about the basics of tractor and farm equipment operation with a focus on safety. We will demonstrate the causes of tractor roll overs, look at safety features on a tractor, and highlight important controls to be aware of when operation equipment. This workshop is generally aimed for youth ages 12 & up, however is open to youth ages 9 – 11 who are familiar with operating equipment on a family farm.

Sea Farming in Maine

Friday – session 1 or 2 or 3 or 4 – for youth of all ages (limit of 15 youth per session)
Find out more about farming-in-the-sea in Maine, the importance of farmed sea animals and plants in our everyday lives, and about our fascinating marine life. The touch tank is teeming with live shellfish that are farmed in Maine, including oysters, mussels, sea urchins, scallops, plus some of the predators that impact sea farms such as sea stars, crabs, and more!

Straw Rockets

Saturday – session 4 or Sunday – session 1 – for youth of all ages (limit of 15 youth per session)
Come join us in making rockets out of straws! Count down….three…..two…..one…..Blast Off! How far will your rocket fly?

Sugar Spill

Saturday – session 3 – for youth of all ages (limit of 10 youth)
Use sugar and test tubes to dive into this hands-on experiment to discover how sugar can react to create a gas. Participants will test a series of materials to collect the gas. Can you guess what happens next?
Sunshine Soap Making  
Friday or Saturday – session 2 – for youth of all ages (limit of 8 youth per session)  
Make detergent free melt and pour soap, with herbal additives and essential oils. The result will be beautiful and beneficial bars of soap to take home.

Taking Flight; Making Origami with Art HOPE  
Friday – session 1 or 2 – for youth 9 & up, and adult (limit of 20 attendees per session)  
Learn to fold a classic origami crane in this hands-on art program that highlights the history, science, and therapeutic qualities of the medium. Participants can volunteer for the Art HOPE 1,000 Healing Cranes Project to make paper cranes for cancer patients. Art HOPE is a nonprofit organization dedicated to promoting health and wellbeing through free expressive arts programs for people living with cancer or long-term illness and the community at large in collaboration with schools, health organizations, and arts groups in Maine. Over the past decade, Laura Jaquays, the organization's founder and executive director, has worked with 4-H and other youth volunteers to create origami and art cards for cancer patients in York and Cumberland counties. Learn more about the Art HOPE Youth Service in Healthcare Program and the organization at www.arthope.org.

Toilet Paper Olympics  
Sunday – session 1 or 2 – for youth of all ages (limit of 12 youth per session)  
Have you ever wanted to compete in the Olympics? Well, here is your chance! From the long jump, to the shot put, and even the relay race- every event involves toilet paper. Compete hard, and you might be the one that gets mummified (in toilet paper, of course) at the end! You don’t want to miss this!

Transform Your T-Shirts  
Friday – session 1 or 2 – for youth of all ages (limit of 10 youth per session)  
Join us in learning how to upcycle your old T-shirts. We will be making fun things like headbands, dog toys, produce bags, and pot holders. Be sure to bring along your brightly colored old t-shirts with no side seams.

Web of Friends  
Saturday – session 2 – for youth ages 9 & up (limit of 6 youth)  
Have you heard of a “Social Network?” We’ll draw a diagram of how your friends are connected, play a few games, and talk about how a mathematician might look for patterns in a network.

What is Poetry?  
Friday – session 2 or 3 or Saturday – session 4 or Sunday – session 2 – for youth ages 9 & up (limit of 8 youth)  
What makes a poem a poem? Let’s find out and make some of our own.

Win a Blue Ribbon with Your Poultry  
Friday – session 1 or 4 or Saturday – session 1 or 4 or Sunday – session 1 – for youth of all ages (limit of 12 youth per session)  
Learn how to show your chicken, answer the judge’s questions, and win a blue ribbon at a poultry show! Chickens will be supplied for you to practice with. Please do not bring your own chickens.

Woodworking  
Saturday – session 2 or 3 – for youth ages 12 & up (limit of 10 youth per session)  
Learn the basics of woodworking; each participant will have a finished project to take home.

Writer’s Workshop – Be Ahead of the Curve  
Friday – session 1 – for youth ages 12 & up (limit of 15 youth)  
Join this session to dive into new 4-H project records coming to Maine this fall. Maine 4-H is rolling out a new 4-H project record format this fall and you could get a sneak-peek. In this session, participants will practice writing resumes and 4-H stories (all while using the new record format). Adult volunteers are welcome too.
Activities for Everyone

Friday
Maine 4-H Days Gives Back to the Community: This year, there will be a fun volunteer opportunity for ALL ages on Friday night. We will begin at 7:00 with a welcome to all, followed immediately by a blanket making extravaganza! Join in the service to make 100 fleece tie blankets for Project Linus. Project Linus is a nationwide charity that collects handmade blankets to donate locally to seriously ill, traumatized, or otherwise in-need children who live, or spend much of their time in, hospitals, shelters, social service agencies or, as their website says, “anywhere that a child might be in need of a big hug.” We are looking for a number of volunteers to help with some prep work, sign up with your registration!

Friday - Sunday
Maine 4-H Days Clothing Swap: There will be a clothing swap running all weekend. Please bring along any gently used clothing that doesn't fit your family any more, and exchange it for something that will! Please wash items ahead of time, and check for rips and stains! This event will run from Friday through Sunday morning. If you have any questions about this event, contact Sarah Sparks at sarah.sparks@maine.edu or 207.353.5550.

Book Swap: Stop by any time to drop off or browse. Bring your already-read, gently-used, youth-appropriate books for our book swap! Like the Clothing Swap, the book swap will run from Friday through Sunday morning.

Saturday
Ice Cream Social: Join up with your friends old and new and have some ice cream, this is a chance for everyone to get together after the first day of workshops.
Community Camp Fire: Camping adventures would not be complete without a campfire! Join us Saturday evening after the ice cream social to bring our community together and enjoy the company of our 4-H family as we build our camp 'fire'. Please bring instruments!
Maine 4-H Days Volunteers Needed

We couldn’t put on this great event without your help, so a BIG thank you in advance! We expect that everyone will pitch in throughout the weekend to help make this event a success. We continue to be able to provide this weekend, at a low cost, when everyone helps out. We recommend that each family take a minimum one volunteer shift throughout the weekend. We would like to note that these roles are open to anyone ages 15 and up, so if you have a responsible young person please encourage them to volunteer with you! A volunteer orientation will be held each morning, in front of the registration office, during the event, immediately following the morning ceremony, and as needed throughout the event. Please indicate if you would be interested in more information prior to the event.

Benefits:

- The opportunity to work with youth and or adults providing positive support and growth experience.
- Volunteer development opportunities
- Opportunity to share your skills, talents and interests
- Brief orientation provided by University of Maine Cooperative Extension staff
- 4-H thank you gift
- Community Service/Citizenship opportunity

Volunteer Roles

Bike Safety Team: These volunteers will be providing safety check-ins for riding and equipment, daily orientations and light maintenance to ensure safety of adult and youth participants.

Camp Nurse: Monitor health of campers during the event, and provide First Aid and documentation as appropriate. This volunteer role does require first aid and CPR certification.

Campfire Leaders and Faux Fire Setup - Adults or Teens-Friday evening after the ice cream social. 3-4 volunteers needed to set up faux campfire. 6-10 campfire leaders needed also. If you are interested, please try to attend the How to be a Fun Captain workshop on Friday.

Clean Up: Take down signs. Move tables and chairs. Clean fairgrounds. Collect Maine 4-H Days belongings and organize for storage. Load equipment/materials. Make a last check of the bathrooms. Clean up will take place on Sunday throughout the day and into the late afternoon/evening.

Clothing/Book Swap Area: The clothing swap area is an unstructured area where families can pick up free, gently used clothing, as well as gently-used youth-appropriate books. Donations are welcome. Adult monitors are needed throughout the weekend to help keep clothing and books organized and available.

Community Service Event Team Leader: Be an assembly line leader to help keep the energy flowing and participants moving. Help get organized and set up Friday afternoon as part of orientation for this role. 15 volunteers are needed.

Creativity Area: The creativity area is an unstructured arts and crafts experience open for drop-ins. We provide the project materials and space, but need adult monitors throughout the weekend. Monitors will help keep materials organized and available, while making sure participants are always safe, and encouraging creativity.

Groundskeepers – Daytime: Deliver messages around the grounds. Ensure bathrooms are kept clean and supplied, trashcans aren’t overfilling, and grounds are being respected. Make sure bikers and skaters are wearing helmets and that they are buckled. Please also monitor that appropriate language is being used.

Ice Cream Social: Set up space for event. Create a nice atmosphere for a social gathering. Help serve food, delegate tasks to people willing to help. Clean up and make sure space is left how it was found.

Lights Out Patrol: Perfect for you if you are a night owl. Oversee the campgrounds to ensure rules are being followed and people are obeying the lights out. Also make sure noise levels are kept down.
Office and Information: Provide information to 4-H Days attendees. Give directions, updates on program changes, help connect people with someone who can help them better. A great way to learn more about Maine 4-H Days! Assist with check in at registration desk. Make announcements as necessary. Answer questions about workshops, check with the presenters if necessary. An organized and outgoing person would work well.

Parking and Camping Assistant: Help direct the flow of traffic during peak registration times. This will be primarily in the camping areas, helping to monitor the flow of traffic and direct drivers to the appropriate camping area.

Participant Check-In Traffic Flow: Assist with registration flow on Friday and Saturday mornings, helping organize the flow of participant check-in to get individuals through the registration process quickly. This will involve checking to ensure those entering office have paperwork complete before entering.

Photographer: Document the weekend and all events with photos and be willing to share back with the University of Maine.

Pick-up Truck needed during the weekend. If you have an available pick-up to help move chairs and tables during the weekend, it would be very helpful. Anytime that you could help would be appreciated, it doesn’t necessarily need to be for whole weekend.

Presenter Assistant: Many of our enrichment workshop presenters have requested help during their workshops. Duties will be specific depending on workshop. We have a lot of workshops and many presenters have requested assistance. *This is a great role for teens!

Presenter Greeter: Greet presenters and perhaps escort them to their area. Peak presenter greeter times are Friday & Saturday morning. This is a great role for teens!

Rest Room Maintenance Committee: One of the most important jobs on the fairgrounds is maintenance of the bathrooms. Help keep men’s and women’s bathrooms maintained, refill empty toilet paper, sweep stalls morning and afternoon, special care to showers after morning rush, unplug toilets as needed, wipe sinks and counters, refill hand soap, and make sure there are trash cans in each rest room.

Set-Up: Move tables and chairs around fairgrounds for workshop presenters. Put out trash barrels in locations given. Set-up will take place beginning on Thursday and go throughout the weekend.

Signage: Hang and distribute necessary signs. Clearly mark parking and camping areas as well as sections in workshop buildings. Signs or sign materials will be provided.

Table Washers: The tables that use for Maine 4-H Days need to be washed initially before we use them, and also before we put them back. Therefore we need 2-4 people willing on Thursday to wash tables before they are put out, and then again on Sunday, before everyone packs up and heads home, this can either be done as the tables are put away, or after all have been stored.
Maine 4-H Days Registration Form

Important: Please check our website at: http://umaine.edu/4h/youth/4-h-events/maine-4-h-days/ for updated schedules and other important information!!

Name: ___________________________ Youth Age: _____

Phone: ___________________ Parent’s (or adult’s) Cell Phone: ________________________

Status: _____4-H Member _____4-H Leader _____Parent _____Sibling Other: ___________________

Address: ____________________________ __________________________

City & State: ___________________________ Zip Code ______________________

Email Address: __________________________

Club Name: ___________________________ County: ______________________

Chaperone (required): ___________________________ Relationship: ______________________

I plan to participate in workshops on: _____ Friday _____ Saturday _____ Sunday

Cost: $7.00 per person, with a maximum fee of $20.00 per family prior to 8:00 am on June 30th; if you register after June 30th, the fees increase to $10.00/person, with a maximum of $25.00/family. Checks or money orders can be made out to the University of Maine – be sure to put Maine 4-H Days in the memo line, or you can pay online, information is available at http://umaine.edu/4h/youth/4-h-events/maine-4-h-days/.

Sleeping: I need the following: ____ camper space (no charge) ____ tent space (no charge).
I plan to arrive on ___________ (day). You may not arrive before 2 pm on Thursday, July 20, 2017, and must sign in at the registration office upon arrival. The registration booth will open at 2:00 pm on Thursday, July 20, and open by 8:00 am on Friday, and each consecutive day. Campers & Tents must be off the fairgrounds by 5:00 pm on Sunday, August 23rd.

Service Activity: _______ I will be participating in the Service Activity at 7:00 pm on Friday night.

I will be participating in the following animal program track(s). Note: Some animal sessions are included in the Enrichment Activities – please complete the additional pages to sign up for workshops.

_____ Dairy Track & Show – Saturday, Sunday
_____ Horse – Friday, Saturday, Sunday.

*You are required to submit the additional Horse Track Registration form in order to participate!
_____ Sheep – Saturday

Volunteers:
We couldn’t put on this great event without your help, so a BIG thank you in advance! We expect that everyone will pitch in throughout the weekend to help make this event a success. We continue to be able to provide this weekend, at a low cost, when everyone helps out. We recommend that each family take a minimum one volunteer shift throughout the weekend. We would like to note that these roles are open to anyone ages 15 and up, so if you have a responsible young person please encourage them to volunteer with you! A volunteer orientation will be held each morning, in front of the registration office, during the event, immediately following the morning ceremony, as well as needed throughout the event. Please indicate if you would be interested in more information prior to the event.

REGISTRATION DEADLINE: June 30, 2017 at 8:00 am - Participants who register before the June 30th deadline will be charged the early registration fee of $7.00/person, with a maximum of $20.00/family. If you register after June 30th, the fees increase to $10.00/person, with a maximum of $25.00/family.

Mail Completed Forms & Registration Fee to:
State 4-H Office
5741 Libby Hall, Room 103
Orono, ME 04469-5741
Enrichment Programs

Please mark your 1st, 2nd, and 3rd choices for each session, on each day, in the correct column for your age group. Every effort will be made to get you into your 1st choice.

Friday Enrichment Programs
*Note: The Creativity Tent, Clothing and Book Swap, and The Goat Spot will be running all day on Friday.

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<th>Session 1 – 9:00 am – 10:25 am</th>
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<td>Field Skills for the Forest – Beginners</td>
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<td>Fruit Battery</td>
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<th>Session 2 – 10:30 am – 11:55 am</th>
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<td>Engineering Tower Challenge</td>
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<td>Field Skills for the Forest – Intermediate</td>
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<td>Make Your Own Chinese Dumplings</td>
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<th>Session 3 – 1:00 pm – 2:25 pm</th>
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<td>Bike Skills – Advanced</td>
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<td>Comic Adventures; Make Your Own Comic Strip</td>
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<td>Fizzy Fizzy Bath Bombs</td>
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<td>I Can’t Take the Pressure</td>
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<td>Can You Catch the Water</td>
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<td>Eating on the Trail</td>
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<td>How to be a Fun Captain</td>
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<td>Cloverbud Tea Party</td>
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<td>Comic Adventures: Make Your Own Comic Strip</td>
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<td>Destination Imagination</td>
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<td>Do Ptarmigans Have Snowshoes?</td>
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<td>Eco-Bot Challenge</td>
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<td>Food Preservation – <strong>Session 1 &amp; 2</strong></td>
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<td>How to Make Your Dreams Come True</td>
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<td>Composting and Leadership: How to Start a 4-H Teen Council</td>
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<td>Empowering Change-Makers in Creativity</td>
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<td>Destination Imagination</td>
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<td>Eco-Bot Challenge</td>
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<td>Exploring LEGO® Robotics</td>
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<td>Fizzy Fizzy Bath Bombs</td>
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<td>Food Preservation – <strong>Session 3 &amp; 4</strong></td>
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<td>Fractions and Food</td>
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<td>Herb Garden Extravaganza</td>
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<td>How to be a Fun Captain</td>
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<td>How to Make Your Dreams Come True</td>
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<tr>
<td>Introduction to Engineering</td>
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<td>Inventing Pet Products</td>
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<td>Origami Goat Head</td>
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<td>Poetry Slam!</td>
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<td>Sugar Spill</td>
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<tr>
<td>Woodworking</td>
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### Saturday Enrichment Programs, Continued

<table>
<thead>
<tr>
<th>Session 4 – 2:30 pm – 4:00 pm</th>
<th>5-8</th>
<th>9-11</th>
<th>12 +</th>
<th>VOL</th>
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<tbody>
<tr>
<td>Bike Skills – Beginner</td>
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<td>Can Dried Fruit be Brought Back to Life?</td>
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<td>Destination Imagination</td>
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<td>DiveRT Into Composting</td>
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<td>Empowering Change-Makers in Creativity</td>
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<td>Exploring LEGO® Robotics</td>
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<td>Food Preservation – <strong>Session 3 &amp; 4</strong></td>
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<td>Herb Garden Extravaganza</td>
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<td>Inventing Pet Products</td>
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<td>Knitting Knerdery</td>
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<td>Straw Rockets</td>
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<td>What is Poetry?</td>
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<tr>
<td>Win a Blue Ribbon with Your Poultry</td>
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### Sunday Enrichment Programs

*Note: The Creativity Tent, Clothing and Book Swap, and The Goat Spot will be running until noon on Sunday.*

#### Session 1 – 9:00 am – 10:25 am

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<tr>
<th>5-8</th>
<th>9-11</th>
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<tbody>
<tr>
<td>Comic Adventures: Make Your Own Comic Strip</td>
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<tr>
<td>Eco-Bot Challenge</td>
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<tr>
<td>Language of Engineering Drawings</td>
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<td>Straw Rockets</td>
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<tr>
<td>Toilet Paper Olympics</td>
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<td>Win a Blue Ribbon with Your Poultry</td>
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#### Session 2 – 10:30 am - Noon

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<tr>
<th>5-8</th>
<th>9-11</th>
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<tbody>
<tr>
<td>Bugs! Bugs! Bugs!</td>
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<tr>
<td>Cloverbud Tea Party</td>
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<td>Everyday Citizenship</td>
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<td>Language of Engineering Drawings</td>
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<td>Toilet Paper Olympics</td>
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<tr>
<td>What is Poetry?</td>
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</table>
Volunteer Sign Up
Please have one representative of each club/group sign up for a shift
Volunteers and teens – please indicate your 1st, 2nd & 3rd choices:

<table>
<thead>
<tr>
<th>Volunteer Role Description</th>
<th>Thurs PM</th>
<th>Friday AM</th>
<th>Friday PM</th>
<th>Saturday AM</th>
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<th>Sunday AM</th>
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<tr>
<td>Bike Safety Team</td>
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<td>Camp Nurse</td>
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<td>Campfire Leaders</td>
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<td>Clean Up</td>
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<tr>
<td>Clothing/Book Swap</td>
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<td>Community Service Leader</td>
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<td>Creativity Area</td>
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<td>Faux Fire Setup</td>
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<td>Groundskeepers- Daytime</td>
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<td>Ice Cream Social</td>
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<td>Lights Out Patrol</td>
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<td>Parking &amp; Camping Assistant</td>
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<td>Participant Check-In Traffic Flow</td>
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<td>Pick-up Truck Needed</td>
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<td>Presenter Assistant</td>
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<td>Presenter Greeter</td>
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<td>Set-Up</td>
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<td>Table Washers</td>
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Maine 4-H Days Horse Track Registration Form

This form is REQUIRED for participation in the Horse Track!

REGISTRATION DEADLINE: June 30, 2017

Important: Please check our website at: http://umaine.edu/4h/youth/4-h-events/maine-4-h-days/ for updated schedules and other important information!! Please fill out this form for each member that plans to attend and participate in the horse track.

Name: _________________________________________________   Age: _______

Arrival: I plan to arrive on ___________________(day). You may arrive early, but NOT before 2 pm on Thursday July 20, 2017 and must sign in at registration booth. You need to register at ME 4-H Days registration booth in addition to checking in with horse track staff.

I will be participate in the horse track on _____ Friday _____ Saturday _____ Sunday

Check one: _____I am bringing a horse _____ I will be horseless

(understanding horseless members will NOT be able to ride)

Name of your horse that you plan to bring ____________________________

RIDING INFORMATION

CLOVERBUDS – ages 5 – 8 Clover buds shall ride a safe, controlled, quiet horse with calm disposition

Riding Classes for Cloverbuds shall be led by a VOLT CERT., experienced adult or older teen

Cloverbuds: __________ I will be participating in lead line classes and clinics. (Limited to 10)

__________I will be participating in the clinics only (no limit)

Name of person to be leading horse & rider: ______________________________

The person leading horse and rider is: Volt Cert ______ or 4-H member 15 or older ___

This information will be verified by UMaine Extension.

AGES 9 AND UP: There will be an assessment ride on Thursday night to place riders in one of the following classes. (If unable to be at Thursday assessment ride – you will be assess in your first class after arrival.) Please mark which one that you and your parent/s feel will be your best fit.

_____W/T

_____W/T/C (Novice-just starting to canter)

_____W/T/C (Beginner - gaits are not always in control)

_____W/T/C (all gaits under control working on finishing touches)

______ I want to participate in the ESE Prep Classes for 13 year old and up (in addition to my mounted class)

The horse track schedule will keep you busy; if you want to participate in an enrichment activity you can but don’t wait till arrival to sign for enrichment classes, they fill fast. Let Terry or Cathy know of your enrichment schedule. Unmounted clinics are mandatory (unless scheduled for enrichment classes).

We couldn’t put on this great event without your help, so a BIG thank you in advance! We will have a sign-up sheet at Town Meetings for volunteer positions to be filled. It is volunteers like you that make this event successful & memorable.

Mail Completed Forms & Registration

Fee to: State 4-H Office, 5741 Libby Hall, Room 103 Orono, ME

- Maine 4-H Registration form & fee
- Horse Track Registration form
- Permission, Health, Assumption of Risk, Photo Release forms
- Volunteer form (on the Sunday Enrichment Programs sheet)

TO SPEED UP CHECK IN AT ARRIVAL: Please send the following forms to: Liz Heath – 17 Village View Ln, Whitefield, ME 04353

Helmet Waiver form from our website (http://extension.umaine.edu/4h/forms/horse/helmet.htm)

- Current Vaccination Records to include:
  - Rabies
  - Neg. Coggins
  - EVHI (rhino)
  - Influenza

- Copy of Horse track Registration form

For more information on vaccinations visit our website http://umaine.edu/4h/youth/4-h-projects/animal-science-resources/horse/
4-H Program Participation Permission, Agreements, and Photo Release Form

Maine 4-H Days, July 20 - 23, 2017

Participant: Please read this form carefully, provide all requested information, and sign and date the bottom of this page.

Name: _______________________________________________________________________
    last,                                           first,                                           middle initial

Mailing Address: _______________________________________________________________________

Town, State, Zip: _______________________________________________________________________

Telephone: (_______) ______________________County____________________________________

Birth Date _______________________            Gender _______________________

Roommate preference (if applicable to this event) __________________, ____________________

As a participant in this program, I understand that I represent myself; my family; my county; Maine; and all Maine 4-H participants, volunteers and staff. By my actions, will 4-H be judged. Therefore, by my signature below, I agree to:

1. Participate fully in this program.
2. Follow all schedule times including curfew and wake-up hours; to be where assigned, when assigned.
3. Follow the Dress code established for this program/event.
4. Uphold the highest standards of behavior, manners and language.
5. Refrain from using alcoholic beverages, non-prescribed or illegal drugs, tobacco products, or fireworks.
6. Respect the rights of others at all times and make every attempt to include all participants in all activities.
7. Leave the facilities in the same condition or better than I found them when I arrived.
8. Support and follow all leadership and direction received from coordinators, chaperones and any other adult authority.
9. Respect the personal space and property of others in all settings including during overnight programs.
10. Seek assistance and support from adult chaperones on behalf of myself or others should a situation arise that warrants adult intervention or makes me feel uncomfortable.
11. It is the responsibility of the rider or the parent or guardian of the minor rider, to see to it that the headgear worn is properly fitted and in good condition.

I understand that if I break this agreement, I must accept the consequences of my actions, which might include a loss of privileges during this program, loss of 4-H privileges in the future, and/or immediate dismissal from this program as determined by county and/or state 4-H staff.

Signature: ______________________________________________Date:_____________________

Parental Statement – Please sign and date

My daughter/son/ward has my permission to attend this program. I have read and understand the statements they have agreed to above and support this agreement. I realize that I am personally responsible for my daughter/son/ward while they are attending this program. I understand and expect that should my daughter/son/ward break this agreement and the adult coordinators find it necessary to dismiss them from this program, that I am responsible for their transportation home.

Signature: ______________________________________________Date:_____________________
UNIVERSITY OF MAINE SYSTEM AND 4-H PHOTO RELEASE AGREEMENT

I, _____________________________, (name of person in photo) hereby grant and authorize the University of Maine System, acting through the University of Maine, (hereinafter UMS) and the 4-H Program (defined as 4-H Afterschool, National 4-H Council, 4-H Cooperative Extension System, USDA/NIFA, Maine 4-H Program, 4-H clubs and programs, etc.) its employees and agents to make use of, license or assign the use of, my image, appearance, likeness, voice and/or photograph, and other reproductions of any of these, in still photographs, videotapes, publications, audio, sound recordings, web sites, electronic and other media and/or motion pictures, (hereinafter all of which are included in the term “Material”) obtained during the current 4-H year (October-September) at 4-H-sponsored events, and to do so with or without mention of my name.

I understand and agree that I am to receive no compensation of any kind, monetary or otherwise, on account of or arising from the production, publication, recording, rebroadcasting, or other use of such Material.

UMS shall have complete ownership of the Material produced or published and shall have the exclusive right and license to make such use of that Material as it wishes, including, but not limited to the right of performance, display, reproduction and distribution in all media, and the right to create, perform, display and distribute derivative works of the Material.

I agree to indemnify and hold UMS, the University, its employees and agents, harmless from and against any and all claims, damages, lawsuits, judgments, and expenses, including reasonable attorneys' fees that UMS may become liable to pay or defend arising out of or caused by any matter or material furnished or spoken by me in connection with my appearance.

I hereby release UMS, its employees and agents from all expenses, claims and liabilities incurred by me arising out of or in connection with my appearance and/or the use of the Material, except to the extent that those expenses, claims or liabilities are the direct result of the negligent acts or omissions of UMS, the University, its employees or agents.

This agreement shall be governed and construed according to the laws of the State of Maine.

NOTE: If under 18, must be signed by parent or guardian on last line below.

DATE__SIGNATURE OF PERSON IN PHOTO__PLEASE PRINT NAME

ADDRESS__PHONE NUMBER

SIGNATURE OF PARENT OR GUARDIAN (if applicable)
Maine 4-H Health Form

Name: Last ___________ First ___________ MI ______ Preferred ___________

Home Address: _______________________________________________________

Birth Date _________________ Gender __________________________ Custodial
parent(s) or guardian(s) (if under 18):
Name ___________________ Phone: Home ______ Cell ______ Work ______
Name ___________________ Phone: Home ______ Cell ______ Work ______

Home address (if different from above) __________________________________

If you are not available in an emergency whom should we notify?
Name ___________________ Relationship ____________________________
Phone: Home _______________ Cell ___________________________ Work __________

Address ____________________________________________________________

Insurance Information
Is this person covered by family medical and hospital insurance? Yes ____ No ____
If so, provide carrier and plan name ___________________________ Group # ____________

Health History

The information provided here by the parent, guardian, or adult participant is intended to provide UMaine 4-H health care personnel with the background needed to provide appropriate care, and the program personnel with the information needed to provide a safe, healthy, and appropriate 4-H experience. Any changes to this information should be shared with 4-H staff. This information will not be used to exclude a participant from participation unless the participant cannot perform program requirements with or without a reasonable accommodation, or is determined to be a direct threat to the health or safety of others.

Allergies
1. Is this person allergic to any food, medication, or other substance? Yes ____ No ____
   If yes, please list all allergens and describe your child's reaction to them:
   ______________________________________________________________________
   ______________________________________________________________________
   ______________________________________________________________________

2. Has this person ever had any unusual reaction to an insect bite or bee sting? Yes ____ No ____
   If yes, please explain:
   ______________________________________________________________________
   ______________________________________________________________________
   ______________________________________________________________________

Medications
1. Does this person currently take a prescribed medication or treatment (Including over-the-counter and homeopathic remedies)? Yes ____ No ____ if yes, please complete the Medications section of this form.
2. Does this person self-administer any medication, such as an inhaler, or carry and EpiPen or Anakit? Yes ____ No ____

continued on back of form
Please list ALL medications (including over-the-counter medications and homeopathic remedies) taken routinely. Bring enough medication to last the entire program. ALL items should be in their original packaging, bottle, or container that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration. Attach additional pages if needed.

Medication #1 ____________________ Dosage ______________ Specific times taken __________________
Reason for taking __________________

Medication #2 ____________________ Dosage ______________ Specific times taken __________________
Reason for taking __________________

Dietary Restrictions - Please check all that apply
☐ Does not eat red meat ☐ Does not eat pork ☐ Does not eat eggs
☐ Does not eat poultry ☐ Does not eat seafood ☐ Does not eat dairy products
☐ Does not eat gluten ☐ Other (please describe) __________________

Disabilities or Physical Restrictions: Please describe any disabilities or physical restrictions for this person of which you want us to be aware, and any reasonable adaptations or accommodations requested:
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Any person who needs accommodations for the program should contact the appropriate UMaine 4-H staff to discuss their needs, preferably at least 21 days in advance.

Please use this space to provide any additional Information about this person's behavior and physical, emotional, or mental health (such as bedwetting, toilet issues, and sleepwalking) that UMaine 4-H staff members should be aware of to provide a safe, healthy, and appropriate experience.
_________________________________________________________________
_________________________________________________________________

Parent or Guardian Authorization: This health history is correct and complete as far as I know. The person herein described has permission to engage in all program activities except as noted in this Health History. I hereby give permission to UMaine 4-H to provide routine health care, administer prescribed or other medications, and seek emergency medical treatment including ordering x-rays or routine tests. I give permission to UMaine staff to arrange necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission for the physician selected by UMaine staff to secure and administer treatment, including hospitalization, for my child. This completed form may be photocopied for trips.

Parent, Guardian or Adult Participant Signature ____________________________ Date ______________________

I also understand and agree to abide by any restriction placed on my participation in program activities by medical personnel.

Minor or Adult Participant Signature* ____________________________ Date ______________________

*if you cannot sign this for religious reasons, contact UMaine 4-H for a legal waiver that must be signed to allow attendance.
University of Maine Release and Assumption of Risk

I, _____________________________ of, __________________________________________
(Parent/Guardian Name)    (Address)
acknowledge, declare and agree as follows:

1. That I have voluntarily agreed to allow ____________________ (name of child) in the Maine 4-H Days event from July 21, 2017 to July 23, 2017 and in consideration of my child being permitted to participate in the Program, do voluntarily execute this “Release and Assumption of Risk” on behalf of myself, my heirs and next-of-kin. My personal representatives and my estate.

2. That I have been fully informed of the nature, scope and demands of the Program, and understand that the Program may include activities which could be dangerous to my child and other participants and which could cause property damage, bodily injury and/or death.
   * See below for specific risks and dangers of the Program

3. That the University of Maine System and its University of Maine Cooperative Extension (hereinafter referred to as the “University”) has informed me that there may be dangers and hazards inherent to my child as a result of participating in the Program because of the activities and travel involved, and that I personally recognize and appreciate that such dangers and hazards exist for my child. I accept and assume full responsibility for all harm and injury, of every nature, including death, which may occur to my child or which s/he may suffer or cause to others, and for all damages or loss to any personal property owned by me or damaged by my child or animal while my child is participating in the Program and during all travel and transportation, and, in furtherance thereof, I agree to indemnify, hold harmless and release the University, its Trustees, faculty, employees, volunteers and agents, from and against any and all claims, demands, actions or causes of action, on account of damage or loss to my personal property, my child’s injury or death, or the bodily injury, death or damage to personal property of others caused by my child or animal, which may occur or result directly or indirectly from my child’s participation in the Program and not as a direct result of any negligent act of the University, its Trustees, faculty, employees, volunteers or agents.

4. I declare that ____________________ (name of child) is able to physically withstand and cope with the indicated rigors of the Program with or without a reasonable accommodation. In complying with the letter and spirit of applicable laws and pursuing its own goals of diversity, the University of Maine does not discriminate on the grounds of race, color, religion, sex, sexual orientation, including transgender status and gender expression, national origin, citizenship status, age, disability, genetic information or veteran status in employment, education, and all other programs and activities. The following person has been designated to handle inquiries regarding nondiscrimination policies: Director, Office of Equal Opportunity, 101 North Stevens Hall, 207.581.1226. The University provides reasonable accommodations to qualified individuals with disabilities upon request. Any person with a disability who needs accommodations for this program should contact Sarah Sparks to discuss their needs at least 7 days in advance.

5. This “Release and Assumption of Risk” shall be construed and interpreted pursuant to the laws of the State of Maine, and if any portion thereof is held invalid, void, unenforceable or illegal, the reminder shall continue in full force and effect.
I declare that I completely understand and have fully informed myself of the terms and conditions of the release and assumption of risk by having read it, or having it read to me, before signing and I intend to be fully bound thereby.

I, _______________________________________________________, the parent or legal guardian of _______________________________________________________, agree in consideration of my child being permitted to participate in the Program, to be bound by the terms of this “Release and Assumption of Risk” and hereby indemnify, hold harmless and release the University, its Trustees, faculty, employees, volunteers and agents, in the same manner and with the same force and effect as set forth in section 3 above with regard to my child participating in the Program.

______________________________________________________ date __________________________
Parent or Guardian Signature
(if participant is under age of 18 years)

I (child participant) understand that attendance in a Maine 4-H Days is not without risk to myself, members of my family, my guests who may attend. I declare that I completely understand the Assumption of Risk” by having read it, or having it read to me, Assented and agreed to on this ____ day of _______________, 20__.

_______________________________________________________________
Signature of Participant

*Such dangers, hazards and risks of this activity may include, but are not limited to, injuries inflicted by the following:
Recreational Activity
Food Safety
Personal Judgment
Disregard direction from instructors or event organizers

Revised 4/17
Bike/Skate Registration Form

All bikes and skates on the grounds must be registered. This applies to any other items on wheels that are powered by foot (ex. scooters, skateboards). The office must have a copy of this form. Thank you.

Name of Biker/Skater:
________________________________________________________________________________

Name of Adult overseeing Biker/Skater for the weekend:
________________________________________________________________________________

Cell phone number for adult overseeing: (______) ________________________________

Please indicate:
Bike:  __________________  Skates:  __________________

Office use only:
1st Warning date:
_________________________________________________________________________________

Reported by:
_________________________________________________________________________________

Handled by: Staff (name) __________________________________________________________________

Infraction was for: __________________________________________________________________________

Date for second offense and privileges were taken away________________________________________

Staff who revoked privileges________________________________________________________________
Maine 4-H Days

Camper/Tent/Spot Tag

Name_____________________
(Please Display on Unit/Sport)