



4-H INDEPENDENT STANDARDS Androscoggin-Sagadahoc Counties

To remain in good standing, Independent 4-H Members are required to:

- * Have one or more parents, grandparents or other family adults as Advisors for their 4-H activities. Independent Advisors must enroll annually as volunteers. Parent advisors do not have to be certified leaders; advisors other than the member's parents do have to be certified. Advisors are encouraged to participate in all Leaders' Association meetings to help build a strong county 4-H program, and must attend at least two county Leaders' Association meetings each year.
- * Enroll with the Extension Office as a new independent member, then annually between October 1 and December 31
- * Send to the Extension Office by November 31 a "Plan of Work" with specific goals and objectives for the year on forms provided by Extension.
- * Send at least four Quarterly Reports to the Extension Office each year on forms provided by Extension. These will be summarized in the 4-H Newsletter.
- * Participate in a community service activity and a health or safety activity during the year, and describe these in the progress reports.
- * Participate in at least one of the following at a county fair: the Exhibit Hall, a Livestock Show, or a 4-H Demonstration. Members may do all three if they'd like. All such participation should be described in members' progress reports.
- * Engage in a promotional activity to increase public awareness of 4-H in your community, and describe these in the progress reports. It is good to plan this for National 4-H Week, which is always the first full week of October.
- * Complete a "Project Record" of each project undertaken on forms provided by the Extension Office. The purpose is to encourage members to do their own work, develop responsibility, learn record keeping skills, and state on paper and think about what they have learned. The "Record" should be in the member's own words, though leaders and parents may give advice and help younger members complete it. (See our "Guidelines for 4-H Project Records".)
- * The number of projects each 4-H'r works on during the year depends on the type of project and the maturity of the 4-H'r. Advisors should use good judgment in challenging members to broaden their horizons while encouraging them to succeed. **Every member must complete at least one project, including the Project Record.** If it is a large animal project, one may be enough. But members should be encouraged to do more than one less-involved project.

4-H INDEPENDENT STANDARDS & TIMELINE

Enrollment sent to office: Preferred by October 31. Must be in by January 1, to participate in County events

Independent Plan of Work: by November 20

Quarterly Reports: due in December, March, June & September

Community Service: describe in Quarterly Report

Health or Safety Program: describe in Quarterly Report

Participate in Topsham Fair and one other County Event (not Achievement Night): describe in Quarterly Report

Public Display, (not Topsham Fair or Achievement Night): describe in Quarterly Report

Complete a record for each project

4-H INDEPENDENT YEARLY PLAN OF WORK
(Due in the Extension Office by November 30)



Name _____ 4-H Year _____

In order to meet my goals, I will do the following activities:

Date Activity / Project

Date	Activity / Project
Oct	
Nov.	
Dec.	
Jan.	
Feb.	
Mar.	
Apr.	



INDEPENDENT 4-H MEMBER'S END OF YEAR REPORT

4-H Members' Names	4-H Age	# of years in 4-H	Projects Completed	Project Ribbon	Member's Overall Ribbon



**ANDROSCOGGIN-SAGADAHOC 4-H
INDEPENDENT MEMBER QUARTERLY REPORT**

<p align="center"><u>Quarter:</u> Check Box <input type="radio"/> Dec. <input type="radio"/> March <input type="radio"/> June <input type="radio"/> Sept.</p>

Name _____

Address _____

Report on the progress of your projects and activities.

Name of Project, (or the activity typed below)	What did you do in the project or activity during this quarter?
Participate in County Fair	
Community Service Activity	
Public Display or Demonstration	
Health or Safety Activity	

Please check the activities below as you complete them.

Participate in County Fair _____ Public Display or Demonstration _____
Community Service _____ Health or Safety Activity _____

4-H Member's Signature: _____ Date: _____

Advisor's Signature: _____ Date: _____

Return to: UMaine Cooperative Extension, 24 Main St., Lisbon Falls, ME 04252



ANDROSCOGGIN-SAGADAHOC 4-H INDEPENDENT MEMBER QUARTERLY REPORT

Quarter:
 Check Box
 Dec.
 March
 June
 Sept.

Name _____

Address _____

Report on the progress of your projects and activities.

Name of Project, (or the activity typed below)	What did you do in the project or activity during this quarter?
Participate in County Fair	
Community Service Activity	
Public Display or Demonstration	
Health or Safety Activity	

Please check the activities below as you complete them.

Participate in County Fair _____ Public Display or Demonstration _____
 Community Service _____ Health or Safety Activity _____

4-H Member's Signature: _____ Date: _____

Advisor's Signature: _____ Date: _____

Return to: UMaine Cooperative Extension, 24 Main St., Lisbon Falls, ME 04252



ANDROSCOGGIN-SAGADAHOC 4-H INDEPENDENT MEMBER QUARTERLY REPORT

Quarter:
Check Box

Dec.

March

June

Sept.

Name _____

Address _____

Report on the progress of your projects and activities.

Name of Project, (or the activity typed below)	What did you do in the project or activity during this quarter?
Participate in County Fair	
Community Service Activity	
Public Display or Demonstration	
Health or Safety Activity	

Please check the activities below as you complete them.

Participate in County Fair _____ Public Display or Demonstration _____
 Community Service _____ Health or Safety Activity _____

4-H Member's Signature: _____ Date: _____

Advisor's Signature: _____ Date: _____

Return to: UMaine Cooperative Extension, 24 Main St., Lisbon Falls, ME 04252



ANDROSCOGGIN-SAGADAHOC 4-H INDEPENDENT MEMBER QUARTERLY REPORT

Quarter:
Check Box

Dec.
 March
 June
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Name _____

Address _____

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Name of Project, (or the activity typed below)	What did you do in the project or activity during this quarter?
Participate in County Fair	
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Public Display or Demonstration	
Health or Safety Activity	

Please check the activities below as you complete them.

Participate in County Fair _____ Public Display or Demonstration _____
 Community Service _____ Health or Safety Activity _____

4-H Member's Signature: _____ Date: _____

Advisor's Signature: _____ Date: _____

Return to: UMaine Cooperative Extension, 24 Main St., Lisbon Falls, ME 04252