



## 4-H Aroostook County Northern Maine Fair and Houlton Fair Public Speaking Contest

2016 Guidelines: Please read carefully

### PUBLIC SPEAKING CATEGORIES

- **Demonstration**  
A 4-H youth shows how to do something, while telling how it's done. A demonstration is a "show how" and "tell how" presentation.
- **Illustrated Talk**  
A 4-H youth gives information about a subject and uses visuals to explain something, for example describing how to groom a steer or showing the life cycle of a butterfly.
- **Team Demonstration or Team Illustrated Talk**  
As above, limit of two team members. Each team's members (limit of two) must be from the same age division.

### AGE CATEGORIES - All ages based on the age of the 4-H youth as of December 31, 2015

- **Cloverbuds** (ages 5 to 8)  
May participate in any public speaking category (listed above) at the club level for the experience.  
They may participate in the Northern Maine Fair Public Speaking and the County Public Speaking Tournament, but not the Regional Tournament.  
They will not be judged, but they will receive helpful hints and gain much from the experience.
- **Cloverbuds** receive participation ribbons.
- **Juniors** (ages 9-13)
- **Seniors** (ages 14-18)

### PRESENTATION TIME LIMITS

Time keepers will deduct two points from the overall score if the presentation runs over/under the allotted time. The 4-H CEA or Judge has the right to stop a presentation that has exceeded the time limit.

- **Cloverbuds** 3-5 minutes in length.
- **Juniors** 3-8 minutes in length
- **Seniors** 5-10 minutes in length

### COUNTY FAIR PUBLIC SPEAKING TOURNAMENT

In order for youth to have their presentations at their best, encourage them to pick out their topics and presentation type in May. They should prepare and practice their presentations in June.

**RIBBONS:** All 4-H youth who give a demonstration or illustrated talk will be awarded a ribbon. The top four participants, in the Junior and Senior divisions, will receive a premium that will be distributed at the annual achievement night.

### VISUALS

#### Demonstrations

- **A white POSTER done by the 4-H youth for the demonstration is required.** Use **bold black** letters. State the ingredients or supplies needed plus state the source. It should not list the steps used to complete the demonstration. Size is at the discretion of the youth, but should not exceed one full poster board.

- **TITLE POSTER** is optional. Color, cut outs or drawings may enhance the page. If you choose to include a title poster, you may put it on the backside of the required poster.

**Illustrated Talks**

- **May use any visuals** that enhance the presentation. These may include posters, objects, costumes, slide shows, handouts, PowerPoint presentation and more.

**OTHER REQUIREMENTS**

- **Live animals will be permitted** for the Northern Maine Fair and Houlton Fair Public Speaking Contest. Live animals will not be allowed inside the building. The presentation will need to be done outside in front of the large doors.
- **All presentations should promote or identify 4-H** some way such as on poster, flags, tablecloth, or mentioned in oral presentation.
- Please note that, while youth may have assistance from other 4-H youth, parents and other adults are not allowed to help in any way. Two points will be deducted from the overall score if there is adult participation in a presentation.

**MORE HOW-TO MATERIALS:** The judging sheets and rubrics, specific guidelines on preparing illustrated talks and demonstrations – including specific details for cooking demonstrations, and other materials are available at your county’s Extension Office or at the Hancock County Cooperative Extension website, where you can also find links to a short demonstration and illustrated talk video here:

<http://umaine.edu/hancock/programs/hancock-county-4-H/>

Premiums

Seniors	1 <sup>st</sup> - \$50.00	2 <sup>nd</sup> - \$30.00	3 <sup>rd</sup> - \$20.00	4 <sup>th</sup> - \$10.00
Juniors	1 <sup>st</sup> - \$50.00	2 <sup>nd</sup> - \$30.00	3 <sup>rd</sup> - \$20.00	4 <sup>th</sup> - \$10.00
Cloverbuds	Participation ribbon and a gift at the Annual Achievement night celebration.			

For more information, call Aroostook County Extension office or contact Leisa Plissey, 4-H Community Education Assistant for Aroostook County.

E-mail: [leisa.plissey@maine.edu](mailto:leisa.plissey@maine.edu)  
 Office: 207-532-6548 or 800-287-1469  
 Cell: 207-227-3512