Wilderness First Aid (WFA)

Taught by SOLO-Wilderness Emergency Medicine

Accidents happen. People get hurt, sick, or lost. The temperature drops, the wind picks up, and it starts to rain. Would you know what to do? Many back-country emergencies are preventable, and even when bad things happen, sometimes the wrong care can make things worse. By learning a few basic skills, you can make the difference between a good outcome and a bad one—and maybe even save a life. The two day Wilderness First Aid (WFA) course creates a solid foundation in the basics of back-country medical care.

TRAINING: All sessions will be conducted in the 4-H way - “learn by doing.”

WHERE: Bryant Pond 4-H Camp & Learning Center. Directions will be sent with confirmation.

LODGING: Lodging will be either in our log bunkhouse dorms or the Lakeside Lodge building (below). There are also motels and B&B’s in the area if you wish to stay off site.


WHO: WFA is the perfect course for the outdoor enthusiast or trip leader who wants a basic level of first aid training for short trips with family, friends, and outdoor groups. It also meets the ACA guidelines for summer camp staff.

COST: Residential $250.00, this includes food, lodging, and materials.

Commuter $200.00, this includes food and materials.

What is taught?
WFA is 16 hours long (two days), and focuses on the basic skills of

- Response and Assessment;
- Musculo-skeletal Injuries;
- Environmental Emergencies;
- Survival Skills;
- Soft Tissue Injuries; and
- Medical Emergencies

Additional information will be sent to you via mail or email upon registration.

Cancelation Policy: I understand that U Maine 4-H Camp & Learning Center does not refund program fees for dismissal, or voluntary withdrawal.

All returned checks will be charged a $30 bank fee.

U Maine 4-H camp refunds fees (less a non-refundable $50.00) up to 14 days before the start of the program.

I understand that it I am responsible for any medical expenses that may be incurred by me while attending U Maine 4-H Camp & Learning Center.

Additional information will be sent to you via mail or email upon registration.

For registration questions, please call the office at (207) 665-2068, fax (207) 665-2768.
University of Maine Wilderness First Aid Training, April 30th – May 1st, 2016

Registration Information:

Participant Name: ____________________________________________

Telephone: (        ) __________________________

Mailing Address: ____________________________________________

__________________________________________________________

E-mail Address ____________________________

County ____________________________

Fee: $250.00 Residential / $200.00 Commuter

Amount Paid: ____________________________

Make checks payable to:
U Maine 4H Camp

We also accept Visa and MasterCard:

# __________________________

Exp Date: ________ V Code: __________

Signature: ____________________________

Mail to:
UMaine 4H Shooting Sports
PO Box 188
Bryant Pond, ME 04219

Registrations must be received by April 1, 2016

If you need an accommodation in housing, meals, medical care or programming for any reason including dietary restrictions, gender identity, disability or medical conditions, please call our office at 207-665-2068 to discuss your needs. Receiving a request for accommodations at least three weeks prior to program start provides a reasonable amount of time to meet the request. All requests will be considered.

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March 4th to March 5th, 2017

University of Maine 4-H Camp
& Learning Center
at
17 Conservation Lane
Bryant Pond, Maine 04219