



BRYANT POND 4-H CAMP & LEARNING CENTER EQUIPMENT LIST FOR OVERNIGHT PROGRAMS

Spring and Fall

Please Bring/Wear:

- WARM sleeping bag or several warm blankets
- Pillow
- Bottom sheet to cover bunk mattress (optional)
- Daypack to carry snacks, water bottle, etc.
(Please empty of unnecessary items)
- (2) Pairs long pants
- (2) Long sleeve shirts
- (2) Warm sweaters, sweatshirts and/or warm jacket
- Underwear
- (3) Pairs warm socks
- Pajamas
- Poncho, raincoat or large plastic trash bag with arm and neck holes
- Hat (for warmth or sun)
- Pair of mittens or gloves
- (2) Pairs comfortable, closed-toe shoes (old sneakers or boots) Rubber boots work great for rainy days & pond studies
- Towel and wash cloth (multiple days only)
- Toothbrush and toothpaste
- Comb
- Prescription medicine (all medications must be left in original bottles and given to the school prior to leaving for camp)

- * Showers will only be available to groups staying over more than one night. Don't bother to bring shower items on single overnight programs. Contact us for more information.
- * Please make sure that you wear/bring old clothing appropriate for hiking, playing, and exploring in wet or muddy areas.
- * Some cabins are not heated and nights can be quite cool!! Extra blankets and sweaters will be appreciated.
- * Black flies, mosquitoes, and ticks love camp as much as we do! Come prepared with light-colored long sleeves, long pants and caps. If possible, mosquito screen headgear protects from insects. Natural or low deet content insect repellent may help discourage the bugs.

*Thanks for helping to make this field trip a comfortable
adventure for your child!*

EMERGENCY PHONE NUMBER: (207) 890-8627(emergencies only, please)
For all non-emergencies during programming please call Lyndsey Smith at 890-8625.

The University of Maine and the Department of Agriculture cooperating.
Cooperative Extension provides equal opportunities in programming and employment.

A Member of the University of Maine System

*Call 890-8627 w/questions/concerns

- Bag for dirty clothes
- Other personal items
- Plastic water bottle (soda bottles work)
- Flashlight, with extra batteries
- Anything else your teacher tells you to bring

Optional Items:

- Camera and film
- Binoculars
- Sunscreen and lip balm
- Mosquito/black fly head net

Please Do Not Bring to Camp:

- Weapons of any kind (including pocket knives)
- Cologne/perfume
- Drugs, alcohol, tobacco, lighters
- Pets
- Food
- Anything electronic: iPods, CD players
- Cell phones
- Gum, candy, soda, junk food
- Money or valuables