What to Bring

BOW Fall Skills Weekend

- 3-4 pair socks (2 should be wool)
- Underwear for the weekend
- 2-3 pairs of long pants (One should be synthetic/ or quick dry)
- Long underwear/ base layers (should be synthetic/quick dry)
- 2-MidLayer – Fleece/ Sweater
- 1-Outer Layer- Jacket should be waterproof/resistant (if not insulated bring extra mid layers.)
- 2- Hat
- 2 pair-Gloves (Optional)
- Sleepwear
- Headlamp or Flashlight
- Water Bottle
- Pillow
- Sleeping bag (3-season is OK)
- Basic Toiletries & Bath Towel
- Sunglasses
- Sunscreen
- Don't forget meds, glasses, contacts, chargers etc.

Optional:

- Book
- Cards/Games
- Camera (extra batteries)
- Bandana
- Thermos

*The gear numbers include extras, incase something gets wet! Wet gear should be changed quickly to avoid hypothermia, especially in the winter. Bryant Pond does have a dryer, but cannot guarantee immediate personal access to the machine*