



# Fall BOW lunch options



\_\_\_\_: Turkey and sautéed veggie wrap!

Whole-wheat tortilla, red & yellow pepper, yellow onion, sliced turkey. Olive oil, salt and pepper.

Please choose: \_\_\_ classic hummus or \_\_\_ mayonnaise

Optional choice: \_\_\_ Cheddar cheese \_\_\_\_\_:

Roasted Veggie Wrap! whole-wheat tortilla, red & yellow pepper, mushroom, yellow onion, summer squash or zucchini, Tomato, cloves garlic, minced, roasted with balsamic vinegar & Olive Oil, salt and pepper.

Please choose: \_\_\_ classic hummus or \_\_\_ mayonnaise

Optional choice: \_\_\_ Cheddar cheese

Lunch will be served with garden salad, a bag of chips, Bottle of water and Apple Cobbler.

\_\_\_\_: Notate here if you require Gluten free

Please notate special accommodations: \_\_\_\_\_

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