

Becoming An Outdoors Woman Skills Program: Winter February 5th, 2022

Session I: 9 am -12 pm

Snowshoeing/Wildlife Tracking:

There's nothing better than hitting the powder on snowshoes in the Maine woods in February! But once you've begun your journey, you soon realize that other living creatures have already been there...What crossed my path? Who was here before me? What does that mark in the snow reveal? Learn tracking and wildlife identification along the way, and see some amazing forest features too. Bring the camera, because you may just catch a glimpse of just who left those tracks ahead!

Pistol/Handgun Shooting:

In this workshop, we'll cover handgun safety and safe shooting practices. Pistol shooting is growing in popularity and was recently added as a 4-H Shooting Sports discipline in Maine. You'll spend time covering the basics with plenty of range time and a chance to discuss firearms safety in the home or vehicle.

Introduction to Ice Fishing:

Learn the basics of ice fishing. Learn how to use a power auger, set traps and use different types of fishing equipment, and most importantly how to hook and catch a fish! You'll also learn fish I.D. and bait selection. There will be plenty of time to try different equipment and learn specific tactics on catching fish. This year, we'll actually be cooking lunch right there on the ice, because let's face it, eating is the best part of fishing on the ice! (Heated ice shacks provided.)

Fly Tying:

Spring is just around the corner...and that means fly fishing! Let us show you how to tie a fly that is guaranteed to catch fish! You'll have a chance to tie several flies of your own and learn a bit about fishing for Brook Trout and salmon as well.

Winter Camping 101:

Camping is one of our favorite pastimes, but in winter, there are several things to consider to be comfortable and safe. In this workshop, we'll focus on gear and equipment, meal planning, and how to stay warm and dry. By the end of the workshop, you'll have the confidence to pack your backpack for an overnight stay in the Maine woods!

Session II: 1 pm - 4 pm

Introduction to Ice Fishing:

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Shotgun Shooting:

Breaking clays over fresh snow is a great way to spend the day! We'll work on safe gun handling and basic shotgunning and then we'll take it to the sporting clays range for some high-flying clay target shooting! Learn proper stance, follow-through, and point and shoot techniques from certified instructors, and have a chance to shoot different types of 12 and 20 gauge shotguns. Ear and eye protection are supplied.

Climbing Wall:

Whether it's your first time at an indoor rock-climbing wall or you're an old pro, let our trained staff belay you up to our 35' wall! We'll cover gear, safety basics, and different techniques to give you the best advantage at tackling this vertical challenge. All the equipment is provided. However, if you have climbing shoes feel free to bring them, all other equipment used must be ours.

Campfire Cooking:

Have you ever tried getting that smoky fire-cooked taste, only to wind up with a charred mess? In this class, we will teach you the art of fire cooking. We will introduce cooking directly in the coals with foil, dutch ovens, and cast iron skillets. This primitive backcountry skill isn't quite as hard as it may seem; with the right direction from our experienced teachers you will be baking up some tasty cobbler or stew in no time!

Intro to Snowmobiling:

Learn the basics of snowmobile travel and soon you'll be riding on our course designed to challenge new riders. The workshop will include proper layering and outerwear for long trips on a snow machine. Our instructors will cover snowmobile safety, emergency preparedness, and basic operation...along with plenty of time to ride on various terrain.