Session I:

**Riflery and Marksmanship:** With this workshop, you will learn safe gun handling, caliber selection, shooting positions, and much more. You’ll be able to shoot .22 bolt action rifles, focusing on marksmanship and safety with plenty of shooting time! Learn from Certified 4-H Shooting Sports Instructors.

**Basic Archery:** Hit the bullseye with this workshop and learn how to shoot safely and accurately! Our certified 4-H instructors will get you on target quickly and by the end of this workshop, you’ll become a proficient archer and possibly a better bowhunter! We’ll cover equipment, shooting form, and how to choose your first bow. You will be shooting Genesis compound bows.

**Wild Edibles:** There’s such a bounty to be had right here in the forests of Maine, all you have to do is look in the right places! In this workshop, you will gain awareness and learn how to find and identify various wild edible plants and other useful components in nature. You’ll be surprised at how many readily available nutritious plant species are available! From the basics to more lesser-known wild sources, you will soon look at the forests in a different light once you learn how available nutritious food items are in nature. This workshop always fills quickly!

**Axemanship:** One of the most iconic traditions in Maine is putting up firewood for the winter. But first, you’ll need to know a bit about swinging an axe and using it efficiently. During this workshop you will learn how to choose, maintain, and use safely and effectively axes, saws, and knives. These skills can be used to chop firewood, make kindling, de-limb and cut up a small tree, and much more. There will be plenty of hands-on practice so prepare for a fun woods workout!

**Fly Fishing/Casting:** There is no better feeling than standing waist deep in the water and pulling in a catch on the fly rod. Participants in this workshop will learn the basics of fly fishing, discover necessary gear and practice casting skills. This workshop will focus on the gear, technique and skills of fly casting. No fishing license required, come and learn in a friendly and supportive environment.

**Wilderness Survival:** This workshop will focus on staying found, and also what to do if you do end up lost in the woods in Maine. It happens to all of us at some point, and these basic skills will prepare you for such a situation, building confidence and awareness. We'll cover pre-trip planning, layering, constructing survival shelters, and making fire.
Session II:

Map and Compass: GPS use is on the rise, but basic map and compass skills are the key to navigation in the back-country. Learn how to read topographic maps and put a compass to use. Orient a map, set a bearing and set a course, and soon you’ll find out how much fun it is! We’ll cover triangulation, declination compensation, and route planning.

Crossbow Safety: The ability to use a crossbow to hunt has been a growing sport throughout the country. In the state of Maine, it can be a way to make your season longer and increase your chances of success. In this course, we will cover a brief history of the crossbow, learning to use it safely while hunting, cover Maine’s crossbow laws, and, of course, provide plenty of shooting time. At the end of the course, participants will have the opportunity to take the Crossbow Safety test and leave with their Maine Crossbow Safety certificate.

Campfire Cooking: Have you ever tried getting that smoky fire-cooked taste, only to wind up with a charred mess? In this class, we will teach you the art of fire cooking. We will introduce cooking directly in the coals with foil, dutch ovens, and cast iron skillets. This primitive backcountry skill isn’t quite as hard as it may seem; with the right direction from our experienced teachers you will be baking up some tasty cobbler or stew in no time!

Wild Edibles: There’s such a bounty to be had right here in the forests of Maine, all you have to do is look in the right places! In this workshop, you will gain awareness and learn how to find and identify various wild edible plants and other useful components in nature. You’ll be surprised at how many readily available nutritious plant species are available! From the basics to more lesser-known wild sources, you will soon look at the forests in a different light once you learn how available nutritious food items are in nature. This workshop always fills quickly!

Forest Forensics:
Have you ever wondered what a forest used to look like as you trek along the trail or off the beaten path? It’s easy to miss out on the small details that may not be recognized but as we awaken our full senses and awareness we soon realize we are surrounded by signs of days gone by, both natural and human impact. During this session, we will take a short hike and discover what the forest can tell us about the past. You will have an opportunity to find these forest clues, learn what they can tell us about the forest, and then put these detective skills to work during our walk.

Canoeing Skills: Maine is home to more rivers and navigable waters than almost anywhere else in the country. Because of this, canoeing has been one of the oldest forms of transportation, connecting villages, or allowing hunters and fishing folks to explore way off the beaten path. Rivers such as the Allagash, St Croix, and others offer experiences like no other, and to paddle in these places, you’ll need to be proficient in not only your paddling strokes but in trip planning. Learn how to paddle efficiently, paddle effectively in wind, and proper loading. Soon you’ll be ready to plan your first trip!