



**4-H Camp & Learning Center  
at Bryant Pond**

## Dietary Needs for Becoming an Outdoors Woman

The dietary needs listed under the adult health history form is optional. However, for us to provide accommodations to meals for everyone joining us, we ask that you provide us with any dietary accommodations for your time with us.

Please select from the following:

- No Dietary Restrictions
- Gluten Free
- Vegetarian
- Vegan
- Dairy Free
- Other:

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Please list any Food Allergies:

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