

Women's Winter Skills Weekend

What to Bring:

- 3-4 pair socks (2 should be wool)
- Underwear for the weekend
- 2-3 pairs of long pants (One should be wool/ or synthetic/ or quick dry)
- Long underwear/ base layers (should be wool/synthetic/quick dry)
- 2-MidLayer – Fleece/ Sweater
- 1-Outer Layer- Jacket should be waterproof/resistant (if not insulated bring extra mid layers.)
- Snow pants
- 2- Winter hat
- 2 pair-Gloves or Mittens
- Sleepwear
- Headlamp or Flashlight
- Water Bottle
- Pillow
- Sleeping bag (10 degree or less)
- Basic Toiletries & Bath Towel
- Sunglasses
- Sunscreen
- Microspikes (Recommended)
- IF YOU PLAN ON ICE FISHING: You will need a license for the state of Maine
- Don't forget meds, glasses, contacts, chargers, etc.

Optional:

- Book
- Cards/Games
- Camera (extra batteries)
- Bandana
- Thermos
- Snowshoes
- Folding/ Camping Chair (Ice Fishing or Downtime)
- Day Backpack

The gear numbers include extras, in case something gets wet! Wet gear should be changed quickly to avoid hypothermia, especially in the winter. Bryant Pond does have a dryer, but cannot guarantee immediate personal access to the machine