



Cranberry Rice Pilaf Mix

(Use mix within 3 months)

- 1 jar Cranberry Rice Pilaf Mix
- 2 $\frac{1}{4}$ cups water
- 2 tablespoons butter

Place contents of pilaf mixture in a pan with 2 $\frac{1}{4}$ cups water and 2 tablespoons butter. Cover and bring to a boil. Reduce heat and simmer, covered, for 20 minutes or until water is absorbed.

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Nutrition Facts

8 servings per container

Serving size 1/2 cup (115g)

Amount per serving

Calories 190

% Daily Value*

Total Fat 6g 8%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 170mg 7%

Total Carbohydrate 32g 12%

Dietary Fiber 1g 4%

Total Sugars 11g

Includes 2g Added Sugars 4%

Protein 3g

Vitamin D 0mcg 0%

Calcium 40mg 4%

Iron 1mg 6%

Potassium 94mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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