



## **Baked Cinnamon Sugar Tortilla Chips**

Serves: 4 | Serving size: 8 chip wedges

Ingredients Needed:

- 2 teaspoons cinnamon
- 2 teaspoons sugar
- 4, 8-inch tortilla whole wheat
- 2 teaspoons butter melted, canola oil, or cooking spray

Directions:

1. Preheat the oven to 350 degrees F.
2. Mix cinnamon and sugar in a small bowl.
3. Cut each tortilla into 8 wedges.
4. Arrange the wedges in a single layer on a baking sheet.
5. Brush the top of the tortillas with melted butter/oil, or spray with cooking spray.
6. Sprinkle each tortilla lightly with the cinnamon sugar mixture.
7. Bake until the edges are dry and crispy, 8 to 12 minutes. Watch closely to avoid burning. Chips will crisp more as they cool.

8. Allow to cool and remove from pan.
9. Store leftovers in an airtight container or bag.

<b>Nutrition Facts</b>	
4 servings per container	
<b>Serving size</b>	<b>8 chips (51g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>160</b>
% Daily Value*	
<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 320mg	<b>14%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 4g	
Vitamin D 0mcg	<b>0%</b>
Calcium 13mg	<b>2%</b>
Iron 0mg	<b>0%</b>
Potassium 6mg	<b>0%</b>
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

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Left Nutrition Facts Label: Using canola oil

Right Nutrition Facts Label: Using unsalted butter

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