

4-H News



**December
2018**

Inside

- ▶ 2019 Beef Intent Forms
- ▶ 2018 Recognition Event
- ▶ 4-H Leaders Association Meeting
- ▶ 4-H Re-enrollment
- ▶ Agri-Science 2018
- ▶ Club Audits
- ▶ County Fair Art Contest
- ▶ Dairy Club Update
- ▶ County Fair Art Contest
- ▶ 4-H Digital Ambassadors Needed
- ▶ Maine 4-H Project Records Feedback
- ▶ 2019 Maine State Science Fair
- ▶ Agri-science and Healthy Living Summit Applications for 2019
- ▶ 4-H Page Day
- ▶ UMaine 4-H Unconference
- ▶ Digital Ambassador Info Sessions

Franklin County Calendar

| | |
|---------------|---|
| December 7 | E-forum Helping 4-Hers grow in Life & Work |
| December 20 | 4-H Leader's Association Meeting |
| December 25 | Christmas, Extension Office Closed |
| December 31 | Re-enrollments Due to Extension Office |
| Looking Ahead | |
| January 1 | Happy New Year! Extension Office Closed |
| January 2 | 2018 Beef Intent to Participate Forms due to Extension Office |
| January 16 | Martin Luther King Day, Extension Office Closed |
| January 18 | 4-H Leader's Association Meeting |

2019 Beef Intent to Participate Forms

2019 Beef Intent to Participate Forms will be due in the Extension Office January 2. All other Intent to Participate forms will be due February 1.

2018 Recognition Event

We would like to thank each one for their part in making our 4-H Recognition Event a success. We were so pleased with the attendance! We look forward to helping you achieve your goals in the new year.

If you were unable to attend the Recognition night and would like you club participation certificates, please contact the Extension office and we can print them for you.

County News

4-H Leaders Association Meeting

We had great attendance at our November meeting and wish to thank each one for coming out. The next meeting will be held on Thursday evening, **December 20 at 7pm**, here at the Extension Office.

Leaders' Association-

Officers Elected For 2018-2019

President – Dan Bagley

Vice President- Terri Pierce

Secretary – Carrie Jenness

Treasurer – Sara Fernald

4-H Re-enrollment Paperwork

You should have received your enrollment paperwork by now. We would ask that if 4-H members are planning to re-enroll to please do the following:

- Complete and sign all paperwork
- Get all required signatures
- Return paperwork to the Extension Office

If you plan to try out for Eastern States, apply for national trips, apply for scholarships, and/or complete an approval form to show animals at the fair, be sure to get your re-enrollment paperwork to the Extension Office by the **DEC 31st Deadline**

Volunteers as well are asked to fill out the enrollment form. Complete and sign the Non-discrimination Form, the Standards of Behavior Form, and Photo Release (if they so choose). Return all paperwork to the Extension Office ASAP.

Agri-Science Summit: January 10-13, 2019

The National Youth Summit Series on Agri-Science takes place **January 10-13, 2019** at the National 4-H Conference Center, Chevy Chase, MD . Attendees are immersed in an agenda focused on agriculture, food security and sustainability while also learning about careers in agri-science. This Summit is open to any high school student in grades 9-12.

At the National Youth Summit on Agri-Science high school students develop the skills and knowledge needed for the challenges facing agriculture, food security and sustainability. National 4-H Council and National 4-H Conference Center have partnered with agricultural scientists, researchers, leaders, politicians, and advocates to host the National Youth Summit on Agri-Science. This Summit emphasizes hands-on educational experiences led by experts in the agricultural community.

Summit fees include accommodations at the National 4-H Conference Center, meals, educational programming and tours including a guided night time tour of the monuments and memorials in Washington, DC. All-you-can-eat meals are served at the Clover Cafe at National 4-H Conference Center beginning with dinner on Friday, January 10 and ending with a box lunch on Monday, January 13, 2019.

Application and more Summit information: <https://goo.gl/forms/uOsPytnzFA5OLfY53>. This is a combined application for both the Agri-Science and Healthy Living Summits.

Applications and Recommendations due by December 15, 2018.

If you are interested in attending this conference, please contact the extension office at 207.778.4650 or email Tara at Tara.Marble@maine.edu.

2019 Conservation Poster Contest Information will be coming soon!

Club Audits

Club audits will be taking place through December 31st. We ask that all clubs bring their club treasury paperwork and bank statements to the office. If you have questions, please give Judy a call at 207.778.4650.

County Fair Art Contest

Calling All Artists!

4-H members are once again invited to participate in the Farmington Fair Art Contest. The winning submission will be used as the art work for the cover of the 2019 Farmington Fair book. What an exciting opportunity!! Participants are welcome to submit a hand drawn poster, done with your own original ideas. Completed posters are due in the Extension office by **February 1, 2019**. All submissions will be on display at the 2019 Farmington Fair. Prizes will be awarded in each age division. Please contact the Extension office with any questions.

Dairy Club Update



The Franklin County Dairy Club held its first meeting of the year. Johnathan Cliche, Samantha Davis, and Jason Bagley reported on the University of New Hampshire dairy clinic they attended this fall. The members decided on a community service project and selected a committee for their family supper/club recognition night to be held after the first of the year. Members participated in an activity measuring portion sizes of snack food and discussed the nutritional value of each with the presenter. Members were also asked to measure how much sugar was in drinks such as soda, juice and sports drinks.

Leaders and parents helped the members make Chex-mix and Muddy Buddies learning how to read a recipe and measure. Also each created a kissing ball and learned how to tip evergreen bows and use tools safely. Members now have the skills to make gifts for people this holiday season.



2019-2020 Franklin County 4-H Digital Ambassadors NEEDED

The Microsoft and 4-H Digital Ambassadors partnership empowers youth to help close the broadband internet gap. Currently in the U.S. there are 23.4 Million people who lack broadband internet access. Access is only half of the problem, feeling secure and knowledgeable enough to adopt and use the technology is the other half. This partnership will elevate teens as teachers to provide training and communication to assist adults in their community with increasing their comfort level in utilizing new technology. This will empower the adults to truly adopt and use technology to improve their opportunities and outcomes. 4-Hers serve as a trusted voice and have many long-standing relationships within their communities, which create an effective training environment and builds a compelling movement throughout the community. This work will have profound effects in education, workforce development and community sustainability.

Adult leaders from each state will come together at the 4-H National Conference Center for a day and a half (1.5 days) in January 2019 for a centralized training. Six will attend from Maine (Franklin County does not attend this session).

Following the adult leader training, there will be youth and adult regional leadership trainings for one and half days (1.5 days), Maine will attend the Regional Training in Columbus, Ohio, in February 2019. Each county will bring two (2) youth leaders and two (2) adult leaders. This training will result in the youth and adult leaders having a greater understanding of the initiative, the curriculum and tools they have at their disposal to facilitate trainings in their communities as well as meeting some of the Internet Service Providers (ISP) they will partner with in their community.

In addition to the programmatic training, the youth leaders (Digital Ambassadors, DA) will be trained as spokespeople to lift up and expand youth voice in this critical conversation. This will ensure their experiences as well as hopes and dream for their community are heard.

Community Learning Lesson Plans will be developed by April 1, 2019- this is the plan your state will use to reach its community education goals.

The youth leaders, DAs, will host a minimum of six to ten (6-10) learning sessions in their county from April 2019 to June of 2020. We expect there to be 4-10 adults attending each training.

Tara needs 2 teens and at least 1 adult to commit to this opportunity. We are looking to have people who would be available in February to attend the regional training -all expenses paid- in Columbus OH for a few days (dates are TBD).

If you are interested in becoming a Digital Ambassador please email: Tara.marble@maine.edu or call 207.778.4650.

Please provide feedback on Project Records! Click the following link to take the survey.

https://umaine.qualtrics.com/jfe/form/SV_bP1iUM659wuRVrL

You are invited to participate in a statewide research project being conducted by Kristy Ouellette and Jennifer Lobley, Extension Educators at the University of Maine Cooperative Extension. 4-H volunteers and staff from all over Maine will participate in this study.

Purpose of this research project: We recognize the value of our 4-H volunteers. As a state we have rolled out new 4-H Project Records. We want to have a better understanding of your beliefs and understandings of the function of these records. **What will you be asked to do?** If you decide to participate, you will be asked to complete an on-line survey with questions pertaining to your attitudes and beliefs regarding 4-H project records in Maine. The survey will take you approximately 20 minutes to complete. **Risks:** Except for your time and inconvenience, there are no foreseeable risks to you in participating in this study. **Benefits:** You will be eligible to enter into a raffle for a \$25.00 gift card to Hannaford. **Confidentiality:** As a participant you will be anonymous. Investigators or a student will enter data into a computer. Data will be kept on a secured computer with only the investigators or a student having access. Data will be kept for a period of 5 years. **Voluntary:** Participation is voluntary. If you choose to take part in this study, you may stop at any time during the study. You may skip any questions you do not wish to answer. Participation in the on-line survey implies consent to participate.

Contact Information: If you have any questions about this study, please contact Kristy Ouellette at 207-353-5550 or kristy.ouellette@maine.edu If you have any questions about your rights as a research participant, please contact Gayle Jones, Assistant to the University of Maine's Protection of Human Subjects Review Board, at 581-1498 (or e-mail gayle.jones@umit.maine.edu).

2019 Maine State Science Fair

It's time to announce the [2019 Maine State Science Fair](#), to be held Saturday, March 23 at Bowdoin College in Brunswick. **Prizes and awards include 12 four-year, full-tuition scholarships** to The University of Maine (including admission to the UMaine Honors College), and major scholarships from University of New England, College of the Atlantic, and Husson University. In 2018, MSSF awarded over \$1 million in scholarships and awards. Other scholarships may be announced in the coming weeks.

Maine Science Fair Continued

The Maine State Science Fair is open, without cost, to all Maine high school students who complete their own research or engineering project individually or in teams of 2-3. The purpose of MSSF is to present, learn, and discuss science with peers and STEM professionals from across Maine. Projects are invited from across **all STEM disciplines:** life sciences, agriculture, mathematics, computer sciences, psychology, energy, physics, marine science, environmental sciences, ecology, chemistry. All STEM projects are considered!

Important dates for this year's MSSF:

- January 18 - student [registration](#) deadline.
- February 1 - research plan deadline.
- March 1 - preliminary research results deadline.
- March 23 - Maine State Science Fair.

More information can be found online at:

<https://www.jax.org/education-and-learning/high-school-students-and-undergraduates/maine-state-science-fair>

Agri-Science and Healthy Living Summit Applications for 2019 Are Available Now!

There are currently seven scholarships available through funding from the Maine 4-H Foundation to send youth to the National 4-H Conference Center, just outside Washington, D.C., for the Agri-Science and Healthy Living Summits in early 2019.

Summit Information:

<https://4hcenter.org/tours-programs/national-youth-summits>

Agri-Science: January, 10-13, 2019

Healthy Living: February 15-18, 2019

Eligibility: Youth ages 14-18. Enrolled in 4-H by December 31, 2018.

Participant cost after scholarship is applied: \$150.00 (Scholarship will cover remainder of registration & flight cost - approximately \$700).

Application and more Summit

information: <https://goo.gl/forms/uOsPytnzFA5OLfY53> This is a combined application for both the Agri-Science and Healthy Living Summits.

Applications and Recommendations due by December 15, 2018.

If a youth would like to attend, but does not receive the scholarship funding, they may self-fund and attend. Email or call Sara, sara.conant@maine.edu, 207.781.6099, for more details on this option or with any questions.

4-H Page Day in Augusta – January 29, 2019

UMaine Day at the Legislature, Tuesday, January 29, is approaching. It's a day where Cooperative Extension gets to highlight our awesome programs, and 4-H is one of the best! Since legislators like to see 4-H members from their districts, 4-Hers (age 13 or older) are encouraged to serve as Honorary Pages. The Maine 4-H program has up to 30 slots for Honorary Pages.

What does a page do? Legislators are constantly communicating and making decisions while in session and pages make that communication possible. Pages hand out information packets or place the paper information on their desks. Pages will also run communication and documents directly from legislator to legislator.

If you are interested in serving as a page, please contact Diana at 207-622-7546 or diana.hartley@maine.edu.

NEW: Expanded Page Day: Explore American Civics even more in Augusta!

Afternoon tour and activities with the newly opened First Amendment Museum. After lunch we invite participants of Page Day to explore this new museum experience located in the Gannett House, next door to the Blaine House, on State Street, in Augusta. From 1:30-2:30pm on January 29 the First Amendment Museum will showcase displays as well as have interactive experiences to explore the "Five Freedoms" guaranteed by the First Amendment. There may be limited space for this tour, please indicate when you RSVP for Page Day whether you and your chaperone plan to join.

We would love to have pages from all over the state represented. Slots, representing different state senators and representatives, will be filled in the order they are received, but the final deadline is January 20th. If the slot for your legislative district has been filled, your name will be added to a wait list in the order it is received. If you are leaving a message, please be sure to say "I am interested in serving as a 4-H Page at the Legislature on January 29". Your slot will be reserved if you leave this complete information:

- Full Name
- Age
- Mailing Address
- County
- Phone Number
- Email Address (this is how we will confirm you)
- Name of your School
- Name of your 4-H Club
- Name of your Maine State Representative
- Name of your Maine State Senator
- Name of your Adult Chaperone
- Adult Chaperone's cell phone number

4-H Honorary Pages will be in the Capitol from 8:30am– 3:00pm. A parent or 4-H volunteer must provide transportation and chaperoning. If you have questions, please let Alisha know at alisha.r.targonski@maine.edu.

UMaine 4-H Unconference - not your average volunteer forum!

UMaine 4-H Unconference – a volunteer forum led by 4-H volunteers for 4-H volunteers. UMaine 4-H Unconference will be an organized forum for 4-H volunteers, club leaders, afterschool providers, teachers, parents and teens leaders to gather. UMaine 4-H Unconference is intentionally designed to have YOU teach and learn from each other. There is no agenda – you come with 4-H ideas and topics you want to talk about or learn more about, and we'll guide the process to get folks into groups where YOU are the experts. All experience levels are welcome and no one person has all the answers. Door prizes will be given at the end of the day.

Join us for one or both of these awesome dates! Registration begins at 8:30 and door prizes will be drawn by 3:00.

- Lewiston – Saturday, January 12, 2019 (snow date January 19, 2019)
- Orono – Saturday, January 26, 2019 (snow date February 2, 2019)

To learn more and to register - visit <https://extension.umaine.edu/4h/volunteers/umaine-4-h-unconference/>. Contact Sarah Sparks with any questions -sarah.sparks@maine.edu or 353-5550.

Digital Ambassador (DA) Info Sessions

For volunteers, teens, and staff: Learn about the program goals in Maine and how youth can help increase the digital literacy in their communities by teaching older adults. Two teen ambassadors and two adults are needed in every county participating. The DAs will host 6-10 learning sessions in their county between April 2019 and June 2020. DAs and adult volunteers will need to be able to travel to Columbus, Ohio, for a training session in February 2019 as well as participate in statewide online and in person trainings throughout the year. Information will be shared on how to get involved in this project in your home county.

Topic: 4-H Digital Ambassadors Info Session 1

Time: **Dec 11, 2018 5:00 PM** Eastern Time (US and Canada)

Join from PC, Mac, Linux, iOS or Android: <https://maine.zoom.us/j/990284312>

Or Telephone: US: +1 646 876 9923 or +1 408 638 0968 or +1 669 900 6833

Meeting ID: 990 284 312

Topic: 4-H Digital Ambassador Info Session 2

Time: **Dec 17, 2018 7:00 PM** Eastern Time (US and Canada)

Join from PC, Mac, Linux, iOS or Android: <https://maine.zoom.us/j/595426226>

Or Telephone: US: +1 646 876 9923 or +1 408 638 0968 or +1 669 900 6833

Meeting ID: 595 426 226

For more questions please contact Alisha Targonski at alisha.r.targonski@maine.edu.



Franklin County Office
138 Pleasant Street, Suite 1
Farmington, Maine 04938

Maine 4-H Youth Development Mission

Maine youth acquire the knowledge, life skills, leadership abilities and attitudes to help them succeed now and in the future through effective collaborations, hands-on experiential education and self-directed learning.

Check out Franklin County Website: <http://extension.umaine.edu/franklin/programs>

State 4-H Website: <http://umaine.edu/4h/>

Like Franklin County 4-H on Facebook: <https://www.facebook.com/maine.franklincounty4h/>



Published and distributed in furtherance of Acts of Congress of May 8 and June 30, 1914, by the University of Maine Cooperative Extension, the Land Grant University of the state of Maine and the U.S. Department of Agriculture cooperating. Cooperative Extension and other agencies of the U.S.D.A. provide equal opportunities in programs and employment.