### Maine Vegetable Gardening: Keep Your Garden Growing ~Plant from Spring to Fall

<table>
<thead>
<tr>
<th>Early Spring</th>
<th>Midspring</th>
<th>Early Summer</th>
<th>Midsummer to Fall</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plant as soon as the ground can be worked.</td>
<td>Plant two weeks before the average last frost date.</td>
<td>Plant when soil and sun are warm.</td>
<td>Plant in late June-early July</td>
</tr>
</tbody>
</table>

#### PLANTS
- Broccoli
- Cabbage
- Cauliflower
- Eggplant
- Pepper
- Tomato
- Beet
- Broccoli
- Carrot
- Cauliflower
- Lettuce
- Radish

#### SEEDS
- Endive
- Lettuce
- Onion Sets
- Pea
- Radish
- Spinach
- Turnip
- Bean
- Carrot
- Onion Sets
- Parsnips
- Swiss Chard

**Plant 1 week later:**
- Bean
- Corn
- Early Potatoes

**Plant in early August:**
- Broccoli*
- Cabbage*
- Cauliflower*
- SEEDS:
  - Lettuce
  - Spinach
  - Turnip

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*Plants are set out later than seeds as sown because hot weather is not favorable for growth.

### Planting Seeds Indoors:

<table>
<thead>
<tr>
<th>Planting Seeds Indoors</th>
<th>Weeks to Sow Indoors Before Last Frost</th>
<th>Weeks to Germination</th>
<th>Set Out Transplants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Broccoli</td>
<td>5-7</td>
<td>1-2</td>
<td>After frost, late summer</td>
</tr>
<tr>
<td>Brussels Sprout</td>
<td>4-6</td>
<td>1-2</td>
<td>After frost, late summer</td>
</tr>
<tr>
<td>Cabbage</td>
<td>5-8</td>
<td>1-2</td>
<td>After frost, late summer</td>
</tr>
<tr>
<td>Cauliflower</td>
<td>5-8</td>
<td>1-2</td>
<td>After frost, late summer</td>
</tr>
<tr>
<td>Cucumbers</td>
<td>2-3</td>
<td>1-2</td>
<td>2 weeks after frost</td>
</tr>
<tr>
<td>Eggplant</td>
<td>8-9</td>
<td>2-3</td>
<td>Midspring, early summer</td>
</tr>
<tr>
<td>Leeks</td>
<td>10-12</td>
<td>2-3</td>
<td>Mid to late spring</td>
</tr>
<tr>
<td>Head Lettuce</td>
<td>3-5</td>
<td>2-3</td>
<td>After frost</td>
</tr>
<tr>
<td>Onions (globe)</td>
<td>6-8</td>
<td>2-3</td>
<td>After frost</td>
</tr>
<tr>
<td>Peppers</td>
<td>8-10</td>
<td>1-2</td>
<td>Mid to late spring</td>
</tr>
<tr>
<td>Tomatoes</td>
<td>6-8</td>
<td>2-3</td>
<td>Mid to late spring</td>
</tr>
</tbody>
</table>