

# 4-H Happenings

A Monthly Newsletter For Hancock County 4-H Participants

**OCTOBER  
2018**

**Inside**

4-H News .....2-7  
 Club News .....7  
 State News ..... 8  
 Leaders' Minutes .....9  
 Baked Apple Crisp ..10

Find us on 

@hancock4H

## 2018 Blue Hill Fair

**The Exhibit Hall** – had 35 exhibitors putting in 75 exhibits and receiving \$395 in premiums.

**Best Project:**

- Animals/Horse – **Ian Sargent**, Horse & Rider
- Art – **Anya Shulman**, Rails N' Trails
- Art – **Ruth Lassen**, Free 2 Be
- Craft/Jewelry – **Donnie Evans**, Horse & Rider
- Craft/Recycled – **Carsyn Dupuis**, Horse & Rider
- Crocheting – **Sherry Foster**, Union River Valley
- Clothing – **Sherry Foster**, Union River Valley
- Craft Needle – **Ruth Lassen**, Free 2 Be
- Food & Nutrition – **Sarah Spoon**, Jolly Juniors
- Gardening – **Ruth Lassen**, Free 2 Be

Best in Show - **Sherry Foster**, Union River Valley, Clothing  
 Lynne Clement Award - **Sherry Foster**, Union River Valley, Gardening

4-H Club Exhibit: **Horse & Rider**

**Special thanks to Mary Jude and all the judges for their help!**

See pages 5 & 6 for more Blue Hill Fair Awards & Photos

*Be sure to check out our Facebook page for more 4-H photos – facebook.com/hancock4H*



## UPCOMING DATES TO REMEMBER

Sept. 30 – Oct. 7		Fryeburg Fair – Fryeburg, ME
October 6	10-2:00pm	4-H Awareness Day at Tractor Supply in Ellsworth – See page 2
October 8		Columbus Day – Extension Office Closed
October 9	6:30 pm	Leaders' Meeting at the Extension Office
October 13	10:30-3pm	Peninsula Harvest Festival – Blue Hill
October 19	6-8:30 pm	Cloverfest – Eastbrook Community Center (RSVP by October 12)
November 12		Veteran's Day Observed – Extension Office Closed
November 17	10–1:00pm	Leaders' Banquet – Halcyon Grange – Blue Hill
November 22-23		Thanksgiving - Extension Office Closed

## **4-H NEWS**

### **Leaders' Association 2018 – 2018 Officers:**

President: Brenda Jordan      Vice-President: Heather Linnehan  
Treasurer: Terry Swazey      Board Members: Lisa Carney, Audra Porter and Dwight Sargent  
Secretary: The Extension Office will keep minutes until a new secretary is elected.

We're looking forward to another exciting new 4-H year!

**Reminder – Requirement for Clubs** – The 4-H year officially ends on September 28th. Please finalize your club treasurer's report and submit it to the office via mail, email, or in person. These records are important for auditing purposes.

*Thank you for complying with this mandate from the University of Maine.*

**Re-enrollment 2018 - 2019** – Another 4-H year will begin soon! Re-enrollment packets will be distributed soon. Your paperwork must be returned to the Extension Office by Monday, November 26th. The state deadline is Monday, December 31<sup>st</sup>. Absolutely no exceptions will be allowed after that date.

**Leaders' Meeting** - this month's Leaders' Association meeting will be on October 9, at 6:30 pm. If you cannot attend - join the meeting by computer! Go to: <https://maine.zoom.us/my/hancock4h> or by phone 1-646-876-9923, then enter the meeting ID #207 667 8212.

**4-H Awareness Day** – is on Saturday, October 6th for at the Tractor Supply Co., in Ellsworth during the Paper Clover campaign, 10:00 am – 2:00 pm. We're looking for clubs to bring animals, food sales, games, crafts, and other activities. This will be a fun day and your opportunity to spread awareness about 4-H. Call Heather at 667-9570 or contact the office to sign up now!

**Welcome New Volunteers** – We are pleased to announce two newly VOLTEd leaders who have completed their training and paperwork in Hancock County.

- Robert Sullivan – Blue Hill
- Candace Gray – Blue Hill

*Welcome to the 4-H family!*

**Cloverfest 4-H Achievement Night 2018** – Cloverfest is the annual achievement night for Hancock County 4-H'ers! Bring your family to celebrate all the wonderful accomplishments of the year. An evening of fun for all!

Pizza Dinner / Awards Ceremony / Entertainment by the UMaine Physics Roadshow! David Sturm from the UMaine Physics Department is coming to demonstrate how physics is part of our everyday lives in a fun, interactive way! This is going to be a BLAST!

Please RSVP to Joyce at the Extension Office at 667-8212 by October 12<sup>th</sup>. See attached flyer.

**The 2018 Leaders' Banquet** – will be held on Saturday, November 17<sup>th</sup> at the Halcyon Grange. Calling all 4-H Volunteers! Please join us for this annual 4-H Volunteer Recognition Event which includes a meal and silent auction. Volunteers will be recognized for their efforts throughout the year as well as for reaching milestones in 1, 5, 10, 15, 20, 25, 30 and 50 years of volunteer service! Please bring any items you wish to auction in support of Hancock County 4-H.

**Reminder about Fundraising** - If your club is planning fundraising events this year, please remember to post a UMaine fundraising sign at your location (such as on a table, etc). You can request signs from the Extension Office, or download a PDF at this link:

<https://extension.umaine.edu/hancock/4h/fundraising-signs/>

*Thank you for complying with this mandate from UMaine.*

# 4-H NEWS

**Blue Hill Fair Thank You!** We had an amazingly successful year at the Blue Hill Fair in the 4-H Exhibit Hall, Food Booth and Steer Ticket sales. Thank you to all the 4-H and community volunteers who donated countless hours working at the food booth and steer ticket sales before the fair and until it closed on Labor Day. We couldn't do it without you. Our 4-H Exhibit Hall looked awesome thanks to Horse & Rider Club for painting and changing up the deco. Much needed repairs were completed on the exhibit hall storage area doors by Arthur Wilbur and we are extremely grateful. A SUPER special thanks to Bill Snow and LiveWire Electrical company who donated their time and electrical supplies to rewire and add additional electrical boxes inside and out of the booth. Thank you to George Dunn for revamping the plumbing and making the sink easier to use and to Ron at Bangor Pipe for donating a state-of-the-art commercial faucet. Bill and Jason Carney who lowered the grills to be a safer height and installed new firewall for the grills. Dave Worcester donated an Old Hickey building so we could have our picnic tables under cover, really appreciated it, thanks. George Dunn removed the Food Booth sign on the roof so Terry Swazey could repaint the sign which he rehung on opening day. Thanks to the food booth committee for their work months before and after the event. Rosie, Carla, Joyce and Sue we could not do it without your continued support.

On behalf of the 4-H Hancock County Leaders' Association a gigantic THANK YOU!  
Submitted by Terry Swazey

Here is a list of some of the many 4-H Clubs and individuals who helped this year....

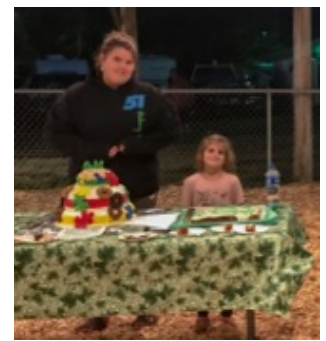
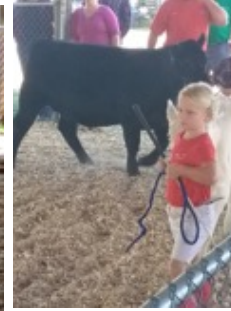
Individuals – Lisa Carney, Nevells family, Dunn family, Dwight Sargent, Lee Sargent, Audra Porter, Staples family, Terry & Courtney Swazey, Scott Leeman & Cassidy, UMaine Cooperative Extension Staff & family, Bob Gallant, Carla Scocchi & Seth Murray, Robin & Sherry Foster, and Lee Lee & Thatcher Leonard.

CLUBS – Rails N' Trails, Horse & Rider (2 shifts), Jolly Juniors (2 shifts), Lock, Stock & Barrel, and Free 2 Be (2 shifts).



# 4-H NEWS

## Blue Hill Fair 2018



# **4-H NEWS**

## **2018 Blue Hill Fair Livestock Awards**

### **Beef:**

**Emma Clement** – Independent – 2<sup>nd</sup> Novice Fitting & Showing and Reserve Jr. Champion

**Hunter Pearson-Ellis** - Independent – 2<sup>nd</sup> Senior Fitting & Showing and 3<sup>rd</sup> Market Steer

**Shelby Gross** – Independent – 1<sup>st</sup> Novice Fitting & Showing, Reserve Senior Champion, and 2<sup>nd</sup> Market Steer

### **Goat:**

**Mya Chase** – Free 2 Be – 1<sup>st</sup> Junior Showmanship & Fitting

**Ava Pelkey** – Independent – 2<sup>nd</sup> Junior Showmanship & Fitting, Best Dow in Show, Recorded Grade Senior Champion and Grand Champion

**Maggie Prentiss** – 1<sup>st</sup> Novice Showmanship & Fitting, Recorded Graded Junior Reserve Champion, Senior Reserve Champion, Reserve Grand Champion, LaMancha Junior Reserve Champion, Senior Reserve Champion and Reserve Grand Champion

**Margaret Reilich** – 4<sup>th</sup> Junior Showmanship & Fitting

### **Horse:**

**Emma Hartman** - Rails N' Trails - and My Sharona Bask Gates won blue ribbons in Junior Showmanship, Walk/Trot English Equitation, Walk/Trot English Pleasure. White ribbon in Walk/Trot trail.

**Alex McMurtrie** - Rails N' Trails - and Rhapsody in Blu won blue ribbons in Junior Showmanship, Opening Bid Showmanship Challenge, Musical Grain Bags, Junior Western Horsemanship and Junior Western Pleasure.

**Alia Parsons** - Rails N' Trails - and My Sharona Bask Gates won blue ribbons in Senior Showmanship and Senior Western Pleasure. Red ribbons in Senior English Pleasure, Trail, Senior Western Horsemanship and Bareback Equitation. White ribbons in Hunter Hack and Musical Grain Bags.

**Kiana Robertson** - Rails N' Trails - and Xaire won blue ribbons in Junior Showmanship, Junior Western Pleasure and Barrels. Red ribbons in Junior English Equitation, Junior English Pleasure, Hunter Hack, Trail, and Junior Western Horsemanship. White ribbons in Musical Grain Bags and Bareback Equitation.

**Alyssa Sealy** - Rails N' Trails - and Xaire won a blue ribbon in Novice Showmanship and a white ribbon in Walk/Trot English Equitation.

**Zoe Sikkel** - Rails N' Trails - and Koda Blue Eyes won a blue ribbon in Junior Showmanship and red ribbons in Walk/Trot English Pleasure and Walk/Trot Trail.

### **Sheep:**

**Emma Clement** – Independent – 2<sup>nd</sup> Novice Fitting & Showing and 2<sup>nd</sup> Market Lamb

**Hunter Pearson-Ellis** – Independent – 1<sup>st</sup> Senior Fitting & Showing and 3<sup>rd</sup> Market Lamb

**Shelby Gross** – Independent - 1<sup>st</sup> Novice Fitting & Showing and 1<sup>st</sup> Market Lamb

## **4-H NEWS**

**Eastern States Exposition** - "The Big E", also known as The Eastern States Exposition (ESE), is billed as "New England's Great State Fair". It is the largest agricultural event on the eastern seaboard and the seventh-largest fair in the nation! 4-H'ers from each of the six New England states are invited to participate in the fair through livestock shows, public speaking demonstrations, hands-on activities, and more. A handful of 4-H'ers from across the state represent Maine each year, and this year there were four 4-H'ers from Hancock County in attendance: **Alia Parsons** as member of the Maine 4-H Equestrian Team, **Hunter Pearson-Ellis** as a member of the Maine 4-H Beef Team, **McKenzie Evans**, as a member of the Maine 4-H Science/Art POD and **Zoe Sikkel**, member of the Maine 4-H Communications Team. Congratulations to all of you for your accomplishments and the opportunity to represent Maine at this premier event! Special congratulations to **Alia Parsons** who received the New England Sportsmanship Award at the ESE 4-H Horse Show.



4-H Horse Show



Hunter in the 4-H Beef Show



**Alia Parsons** wins  
New England  
Sportsmanship Award



ESE Communication Team with Hancock County 4-Hers **Zoe & McKenzie**

**Paper Clover Campaign – October 3 – 14 at Tractor Supply Co. in Ellsworth.** - Each Spring and Fall, Tractor Supply helps raise money for 4-H programs with the Paper Clover campaign where customers donate \$1 to 4-H at the register. The funds are used for scholarships for camps and leadership events. You can contribute by:

- 1) Donating in the store
- 2) Donating online at checkout when you make a purchase
- 3) Participating in the store during the fundraiser with a display, helping to bag purchases, or answering questions about 4-H. If you participate in store, you can enter to win a \$100 TSC gift card! **Contact us by phone, email, or facebook to sign up to participate and for more details.**

**The Peninsula Harvest Festival** – There will be a 4-H Activity Table at the Peninsula Harvest Festival at Mainescape, Blue Hill, on Saturday, October 13, from 10:30 - 3:00 pm. All are welcome.

## 4-H NEWS

**Youth Leadership in Action Award** – Each year, the Hancock County Extension Office recognizes community leaders with a special award, the “Leadership in Action Award”. The recipient of the 2018 4-H Youth Leadership in Action Award is **Alia Parsons**, a wonderful example of a true leader. She has held many leadership positions in and out of 4-H, and is an active participant and supporter of the Hancock County 4-H program. She is a mentor to her peers and a dedicated, compassionate, and determined member of her community. Countless 4-H’ers owe her thanks, and we here at the Extension Office owe her even more. We are looking forward to following Alia’s bright future ahead! Congratulations, Alia!



---

## CLUB NEWS

**Horse & Rider** – The Horse & Riders all helped out at the Blue Hill Fair, both in the food booth and in selling steer tickets. All of our club members came home from the fair with blue ribbons for their “Horse of my Own” project and their craft projects. Ian and Carsyn also came home with Best Project ribbons. Great job everyone! Submitted by Sally Jordan



---

### **Peninsula Explorers**

- The Peninsula Explorers have met twice for their Orienteering program on two Blue Hill Heritage Trust properties! Stay tuned for an announcement about their next topic and how to register.



# **STATE NEWS**

## **1. New Earlier Intent Form Date for Market Steers for Fryeburg Fair 2019 - 4-**

Hers raising a steer for the 2019 market steer show at Fryeburg Fair need to send in an Intent to Participate Form available at: <https://extension.umaine.edu/4h/youth/4-h-projects/animal-science-resources/beef/> by November 1, 2018. The intent form will advise the State 4-H Office which steers need to be tagged. Once we receive your intent form you will be contacted by a staff person from the Maine Department of Agriculture, Conservation and Forestry to make an appointment for someone to come to your barn and tag your project animal. As always Fryeburg Market Steers must be owned and in possession by the 4-Her by January 1. But we understand that many of you will have your market steers before January 1<sup>st</sup> so we are hoping to tag more of the project animals before the winter travel becomes more difficult. We are grateful for the staff from the Maine Department of Agriculture, Conservation and Forestry for helping us with the tagging and we are hoping the earlier intent form date will allow for safer travel during the winter months. You can also enroll or re-enroll as a 4-H member when you send your Intent to Participate form to your county office. We appreciate you completing this form as early as possible and are encouraging everyone to help spread the word about the new earlier date for the intent form. If you have specific questions please contact your local county Cooperative Extension Office.

**2. Fryeburg Fair Challenge** - Fryeburg Fair will be from September 30th to October 7th this year. The Maine 4-H Foundation will have a booth once again on the fairgrounds designed to raise funds for 4-H agriculture education. If the Foundation can raise \$10,000, the Maine 4-H Foundation will receive another matching grant from Fryeburg Fair for \$10,000! This is where volunteers and 4-H Members can help. We can use volunteers and clubs in the booth and around the booth helping to raise funds. If you are willing to help, please call Susan at 615-7300 for details.

**3. Tanglewood Fall Harvest Festival** - The Tanglewood Fall Harvest Festival and the third annual Tanglewood Tracks 3.5 mile trail race will be held at Tanglewood 4-H Camp in Lincolnville on Saturday, October 6th. The race starts at 10, followed by the festival from 11 a.m.- 3 p.m. Explore the Tanglewood forest, press your own apple cider and try your hand at archery. Event is family-friendly, and admission to the festival is free; the race costs \$20. For more information, please call Patti at 207.789.5868. To register for the race online, go to [www.active.com](http://www.active.com)

## **4. 4-H Volunteers! We'd love your feedback on Project Records!**

You are invited to participate in a statewide research project being conducted by Kristy Ouellette and Jennifer Lobley, Extension Educators at the University of Maine Cooperative Extension. 4-H volunteers and staff from all over Maine will participate in this study. You must be 18 years old or older to participate in this focus group.

Purpose of this research project: We recognize the value of our 4-H volunteers. As a state we are rolling out new 4-H Project Records. We want to have a better understanding of your beliefs and understandings of the function of these records.

What will you be asked to do? There will be two focus groups held on October 22, 2018. These focus groups will occur using Zoom, a video conference software so you can join the session from your personal computer or by phone. Up to 12 volunteers can participate in each session. If you decide to participate, you will be asked to participate in an online focus group with questions pertaining to your attitudes and beliefs regarding 4-H project records in Maine. The focus group will take you approximately 45-60 minutes.

Compensation: By participating in the focus group you will be eligible to enter a drawing for a Hannaford Gift Card. Upon completion, focus group participants will be given access to a link to a form where you will enter the drawing.

To Register: <https://extension.umaine.edu/register/product/4-h-volunteer-focus-group-zoom/>



# **HANCOCK COUNTY 4-H LEADERS' ASSOCIATION**

**August 14, 2018**

Members Present- Dwight Sargent, Gail Sargent, Carla Scocchi, Lee Sargent, Lisa Carney, Heather Linnehan, Brenda Jordan, Terry Swazey, Audra Porter, and Rosie Evans (N=7)

The flag was saluted and the 4-H pledge recited.

The Secretary's and Treasurer's reports from August were accepted as written and read.

Club reports - Horse & Rider are finishing up project records, had lots of nice displays in the exhibit hall. Jolly Juniors are going hiking, Rails N' Trails had 5 riders at the BHF horse show. Horse of Course is working on naming their cookbook. They hope to use the proceeds to buy a horse extraction pulley for the Fire Department.

## Old Business -

Blue Hill Fair:

Exhibit Hall: Looked excellent, very neat and organized. Putting things in categories was well received. The sandwich board helped. Having the bees next door draws people. It would be nice to see each club enter a group project. Heather has a gallon of white latex for the walls. Can we add a People's' Choice award to the exhibits? Maybe a ticket for each person?

Food Booth: have Bill bring three cases of water to Brenda Jordan up to the school. The string with the order tickets was very well received. Need a sign in the breaker box. Motion to NOT open any earlier than 3pm on Thursday; we should close at 9pm every night. Let breakfast go longer? Motion tabled. Put it out to the teenagers that they could get community service hours for working in the booth. Maybe have a day where the independents all get together for shifts?

Steer Tickets: need a table lamp.

Corral Panels: Picked up and paid for, they need to be placed in the exhibit hall. Lee has the 18th off; meet at 5pm at the fair.

Thank yous:

Shed repair - Arthur Wilbur

Electric: Bill Snow - invite to Leaders Banquet, didn't get tickets

New Faucet and installation - George Dunn & Bangor Pipe.

Sign repair - Terry Swazey

Grill cleaning - Bob Ledger

Painted shelves in exhibit hall: Horse & Rider

David Worcester - use of the shed for the picnic table.

## New Business

4-H Awareness Days at Tractor Supply (October 6)- From 10-2. We can sell leftover hot dogs (Leaders' Assoc. has a steamer). Lisa-Bring over leftover chips. Heather will be doing rides and a bake sale.

New Washington County camp- will be opening 2019!

Project records due Sept. 24th!

Re-enrollment forms due into the extension office November 26th!

Cloverfest- Friday, October 19th 6:00-8:30 at the Eastbrook Community Center (NOT the school!) Physics

Roadshow for entertainment? Carla will check availability.

Leaders Banquet - November 17th 10-1:00pm Saturday Morning at the Blue Hill Grange.

## Election of officers

President: Brenda Jordan, Vice President: Heather Linnehan, Secretary: The Extension office will take notes until a new secretary can be found. Treasurer: Terry Swazey, Board Members: Dwight Sargent, Lisa Carney, and Audra Porter

The secretary cast a single ballot to empanel the officers.

Maine 4-H donation- the Fryeburg Fair is offering to match donations; motion made to give the Maine 4-H Foundation \$1000. Seconded and passed.

Motion to adjourn made at 8:18

Respectfully submitted by Lisa Carney, Secretary



**University of Maine  
Cooperative Extension  
Hancock County Office**  
63 Boggy Brook Road  
Ellsworth, ME 04605-9540  
Phone: 1.800.287.1479  
207.667.8212  
Fax: 207.667.2003

**Rosemarie Evans,  
Community Education  
Assistant**  
[rosemarie.evans@maine.edu](mailto:rosemarie.evans@maine.edu)

**Carla Scocchi,  
4-H Youth Development  
Professional**  
[carla.scocchi@maine.edu](mailto:carla.scocchi@maine.edu)

**Sue Baez & Joyce Fortier,  
Support Staff**  
[sue.baez@maine.edu](mailto:sue.baez@maine.edu)  
[joyce.fortier@maine.edu](mailto:joyce.fortier@maine.edu)



**Maine 4-H Youth  
Development Mission**  
To educate and empower Maine  
youth through hands-on and  
community-based  
experiences.

**Maine 4-H Youth  
Development Vision**  
Maine youth acquire the  
knowledge, life skills, leadership  
abilities, and attitudes to help  
them succeed now and in the  
future through effective  
collaborations, hands-on  
experiential education, and  
self-directed learning.

## COOKING WITH THE KIDS

### Baked Apple Crisp

Makes 12 servings

#### Ingredients:

8 cups unpeeled, cored and thinly sliced apples (about 8 medium apples)  
2 Tablespoons sugar  
1 ½ Tablespoons lemon juice  
4 teaspoons ground cinnamon (use 1/2 at a time)  
1 ½ cups applesauce, unsweetened  
1 cup uncooked rolled oats  
½ cup light brown sugar, packed  
1/3 cup all-purpose flour  
1/3 cup evaporated skim milk

#### Topping:

1 cup vanilla yogurt, nonfat

#### Directions:

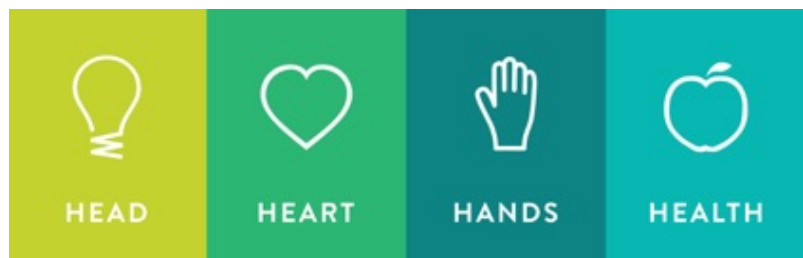
Preheat oven to 350°F.

Prepare a two-quart casserole dish with nonstick cooking spray. In a large bowl, toss apples with sugar, 2 teaspoons ground cinnamon, and lemon juice. Place apples into casserole dish and spread the applesauce over the apples.

Combine rolled oats, brown sugar, flour, evaporated milk, dry milk powder, and the other 2 teaspoons cinnamon.

Bake for 35 to 40 minutes until lightly brown and bubbly. Cool slightly, but serve while warm with the topping of vanilla yogurt.

*University of Maine Cooperative Extension Eat Well*



The University of Maine [name of campus] is an EEO/AA employer, and does not discriminate on the grounds of race, color, religion, sex, sexual orientation, transgender status, gender expression, national origin, citizenship status, age, disability, genetic information or veteran's status in employment, education, and all other programs and activities. The following person has been designated to handle inquiries regarding non-discrimination policies: Sarah E. Harebo, Director of Equal Opportunity, 101 North Stevens Hall, University of Maine, Orono, ME 04469-5754, 207.581.1226, TTY 711 (Maine Relay System).