

4-H Happenings

A Monthly Newsletter For Hancock County 4-H Participants

APRIL 2018

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Garlic White Bean
Dip8



@hancock4H

Hancock County Public Speaking Tournament

Our Hancock County 4-H Public Speaking Tournament, held on March 17th, featured eight engaging presentations from youth 5 to 14 years old. The crowd was all ears as we learned about snakes, equine dentistry, Lionhead rabbits, and more. We have four youth from



Hancock County who plan to attend the Maine 4-H State Public Speaking Tournament on April 7th at the University of Maine in Orono. Top honors went to **McKenzie** for Senior Illustrated Talk, **Zoe** for Junior Illustrated Talk, and **Margaret Mae** for Junior Demonstration. We would like to thank our club leaders, parents and volunteers for the endless support you provide to our youth. We applaud our participating youth for their courage and tenacity. Congratulations to all of you, you make us proud!

Be sure to check out our Facebook page for more 4-H photos – facebook.com/hancock4H

UPCOMING DATES TO REMEMBER

April 7		State Public Speaking Tournament – UMaine – Orono. Good luck Hancock County youth!
April 10	6:30 pm	4-H Leaders' Meeting at the Extension Office
April 11 - 22		Paper Clover Campaign at Tractor Supply
April 13		Leaders' Assoc. College Scholarship Applications Due – see page 3
April 16		Patriot's Day – Extension Office closed
April 28		Grow True Leaders Day, 4-H Day of Service
May 4		Style Revue Sewing Projects Due in the Extension Office
May 10	4:00 pm	Style Revue Dress Rehearsal – Latter Day Saints Church - Ellsworth
May 11	6:30 pm	Style Revue at the Latter Day Saints Church in Ellsworth
May 18 - 19		2018 4H@UMaine - see page 5
June 8-10		4-H June Jamboree at the Blue Hill Fairgrounds – SAVE THE DATE!
July 20 - 22		Maine 4-H Days at the Windsor Fairgrounds – see page 5

4-H NEWS

Leaders' Meeting – this month's Leaders' Association meeting will be on Tuesday, April 10, 2018, at 6:30 pm. If you would like to come, but travel is too far, how about joining us by video. If you have a computer with a camera, we can get you set up! With our video technology at the Extension Office, up to 20 different folks can "beam in." Call the office at 667-8212 ahead of time if you would like to participate from home. Please come and help make the discussion a lively one!

Looking for a Service Project? Help archive Hancock County 4-H History!

The Extension Office is looking for teen youth to help archive photos, documents, and memorabilia from Hancock County 4-H over the years. We recently organized and inventoried our storage room and found LOTS of historical gems that we would like to digitize in order to preserve them for years to come. We are asking if any 4-H teens would be interested in working with Norma Hardison and the 4-H staff to scan and digitize photos and documents. We are very flexible on the schedule and timing - this is something that can be worked on any time throughout the year. Email Joyce if you think you are interested: joyce.fortier@maine.edu

Style Revue – Mark your calendar for Friday, May 11th at the Latter Day Saints Church in Ellsworth, at 6:30 pm. Dress rehearsal will be on May 10th at 4 pm. All projects are due in the Extension Office on Friday, May 4th.

Photo Contest – **NEW for 2018!** - Information on the upcoming photo contest is attached. Check out our new category and guidelines! Details are also on our website extension.umaine.edu/hancock/4h/. Deadline to submit photos to the Extension Office is July 20^{th.}

Paper Clover Campaign - April 11-22 at Tractor Supply Co. in Ellsworth. -

Each Spring and Fall, Tractor Supply helps raise money for 4-H programs with the Paper Clover campaign where customers donate \$1 to 4-H at the register. The funds are used for scholarships for camps and leadership events.

You can contribute by:

- 1) Donating in the store
- 2) Donating online at checkout when you make a purchase
- 3) Participating in the store during the fundraiser with a display, helping to bag purchases, or answering questions about 4-H. If you participate in store, you can enter to win a \$100 TSC gift card! Contact us by phone, email, or facebook to sign up to participate and for more details.

True Leaders in Service - 4-H'ers are passionate about service. Research shows that youth who participate in 4-H programs are significantly more likely to make a positive contribution to their communities. In April, 4-H'ers across the nation will participate as True Leaders in Service in

multiple community service projects, culminating in a National 4-H Day of Service on Saturday, April 28, 2018. We encourage you to plan your own community service project and register online:

4-h.org/get-involved/true-leaders-in-service/#!event-registration



4-H NEWS

Public Speaking Tournament - The State Public Speaking Tournament will be held on Saturday, April 7, at 11:00 am, at Neville Hall, University of Maine. Youth arrive between 10 am and 10:30 am in order to register, organize their presentation materials, and familiarize themself with the space. Good luck to Hancock County youth!

Save the date! The Hancock County 4-H June Jamboree will be held at the Blue Hill Fairgrounds, June 8th through June 10th. This is a great event for an overnight, weekend or day-long trip for all our 4-H'ers.

4-H'ers, Guests and families from Hancock, Penobscot, Piscataquis, Waldo & Washington counties are welcome to participate. Participants are welcome to begin arriving Friday afternoon, June 8th at 3 pm. Friday evening will consist of games, social time around the



campfire and s'mores. Participants are also welcome to arrive Saturday, June 9th to participate in livestock and enrichment activities, beginning at 8:30 am and coming to an end around 4:30 pm. Some of the enrichment programs being offered include: Amateur Radio,

Knots for Land and Sea, Printmaking, String Art, Crafting with Nature, Kids in the Kitchen and more along with the "Anytime Craft and Science" tables.

Stay tuned and be sure to check your e-mail for more information. Full schedules, more information and registration can be found online, starting April 25th. "Contact us if you are interested in volunteering to lead a workshop or staff the "Anytime Craft & Science" tables.

High School Seniors – This is Your Last Reminder - The Hancock County 4-H Leaders' Association offers scholarships of varying amounts up to \$600. Applications are available at your local high school guidance counselor's office or the Hancock County Extension Office. Scholarships must be postmarked or received at the Extension Office on or before **April 13, 2018**.

Extension Homemakers Scholarship – Hancock County Extension Homemakers are offering a \$400 scholarship to a local high school senior. Applications can be obtained at your local high school guidance counselor's office or by calling the Extension Office. Be sure to include 4-H activities on the application. Deadline is Friday, April 6, 2018.

Aquaponics SPIN Club – We're looking forward to staring an Aquaponics SPIN Club Pilot Program this spring. We'd like to know who is interested in this topic so we can find the dates, times, and locations that work for you! Contact the Extension Office if you are interested and share this with someone you think may be interested in a youth aquaponics SPIN Club. Details will follow.

Our Deepest Sympathy – our condolences to the friends and family of Tyler Baez who passed away unexpectedly at his home on March 22. Tyler is the son of Sue Baez, the Administrative Support Supervisor in the Hancock County Extension Office and has been a 4-H leader for 16 years. Tyler was 24 years old and will be remembered as a very active 4-H member when he was in school. The full obituary can be found at: jordanfernald.com/book-of-memories/3458762/Baez-Tyler/obituary.php



CLUB NEWS

Horse & Rider - On Saturday, March 3, the Horse & Riders had a birthday party for Heather's 29 year old Paso Fino, Phillipe. Pictures were taken with him followed by cupcakes and punch.

The Horse & Riders recently received a book written by Joyce Pomeroy, director of the Last Stop Horse Rescue in Georgia. She wrote the book about the work done rescuing unwanted horses and nursing them back to health. The Last Stop Horse Rescue is one of our community service projects. Submitted by Sally Jordan, 4-H leader





Mega Builders – participated at the UMM Robotics Expo on March 10th. **Wyatt** of Mega Builders Robotics 4-H Club won in Innovation on the Fly, a new 4-H challenge in 2018! Congratulations to the club for representing Hancock County so well!





STATE NEWS

- 1. Register now for 2018 4-H@UMaine May 18 19! Have you ever wondered what it takes to be a nurse? Or to Mod your Minecraft? Or to learn a hip-hop dance with the UMaine Dance Team? For answers to these questions and more, 4-H@UMaine invites you (6th-10th graders) to participate in our fun interactive overnight on UMaine campus with career role models and kids from across the state on May 18-19! For more information about 4-H@UMaine, contact Greg Kranich at gregory.kranich@maine.edu or 207.949.3878. Register online http://umaine.edu/4h/youth/4-h-events/4humaine/ it's open until April 16th, and space is limited.
- 2. Save the Date for 2018 Maine 4-H Days Maine 4-H Days will take place July 20 22 at the Windsor Fairgrounds. If you are interested in helping to plan next year's event, please contact Jessy Brainerd at jessica.brainerd@maine.edu or 207.581.3877.
- **3. Maine 4-H Days Planning Committee** July will be here before you know it, and we are looking for a few good volunteers to join the fantastic current Maine 4-H Days Planning Committee. Joining this committee gives you the chance to help come up with ideas and plans for one of our biggest statewide events! If you are interested in joining the Maine 4-H Days Planning Committee, or have general questions/comments/recommendations about the event, please email jessica.brainerd@maine.edu, or call 207.581.3877.
- **4. 2018 American Goat Federation Youth Scholarship Program -** To encourage education and development of youth involved in the goat industry, AGF will accept scholarship applications from qualifying youth who enter and complete all requirements of the program. Projects must be received at the AGF office by August 20, 2018 and the Scholarship Application accompanied by a short biography must be received at the office No Later than 30 days prior to August 20, 2018. Entries will be judged by an independent panel and winners will be announced September. 2018.

Applicants must be between the ages of 12 and 20, and under the age of 21 as of September 30, 2017. Applicants must be a member of the American Goat Federation, the child, grandchild, great grandchild or step child, step grandchild or step great grandchild of a member of the American Goat Federation, or of any of the following member organizations of the American Goat Federation.

- The American Boer Goat Association (including Jr Association)
- The American Dairy Goat Association
- Alabama Meat Goat and Sheep Producers Association
- Cashmere Goat Association
- Texas Sheep and Goat Breeders Association

For more information visit: https://americangoatfederation.org/education/why-should-you-care-about-scrapie/youth-scholarship-program/

5. 4-H Market Lamb Intent for Fryeburg Fair - Please submit your Intent to Participate Forms for the 4-H Market Lamb classes at Fryeburg Fair by May 2. You can find the form on the 4-H Sheep Project web page:

http://umaine.edu/4h/youth/4-h-projects/animal-science-resources/sheep/.

STATE NEWS

6. 4-H Wildlife Habitat Education Program (WHEP) Wildlife Education Training Event April 19-20th Please hold the date! - Maine will host the

National Wildlife Habitat Education Program this July at the Schoodic Institute at Acadia. In preparation, Maine 4-H will have a training event to prepare and select a team to compete in the national event. On April 19th and 20th the Maine 4-H program will host an overnight educational training program and team selection. Plans include an ongoing WHEP event and participation in the national program each year. More information will follow. Cost will be \$25 per member all meals and materials included. The training will be held at the University of Maine 4-H Camp and Learning Center at Bryant Pond. Training is open to all youth ages 8-19. Studying a science-based manual, participants:

- Learn wildlife terms and concepts
- Learn about wildlife habitat
- · Learn how to judge the quality of wildlife habitat
- Learn about wildlife habitat management practices
- Learn about wildlife damage management

To learn more, go to: https://extension.umaine.edu/4h/youth/whep/ or www.facebook.com/mainewhep or contact Sally Farrell, sarah.s.farrell@maine.edu/4h/youth/whep/ or 207.324.2814.

7. Registration Now Open for 2018 Kleinschmidt Windstorm

Challenge - UMaine-led STEM Competition for Maine Middle School and High School Youth Focused on Renewable Energy, Innovation, and Economic Development Slated for May 18, 2018.

The Kleinschmidt Windstorm Challenge, hosted by the University of Maine, asks teams of students to design and construct a floating platform for a scale model wind turbine, and then delivers a presentation to a panel of expert judges. The event is designed for student teams with a diverse range of experience. We encourage all middle and high school students to participate.

UMaine staff work with teachers or advisors throughout the design and build process. Teams are presented with a guidebook and a simulated test turbine to test their platform prior to competition day.

Participation is free, and a limited number of travel stipends are available to schools with demonstrated need.

We recently published this ~2 minute video highlighting the design, build, and test process with youth from King Middle School in Portland: https://www.youtube.com/watch?v=yf2sNWIjngQ

High School Teams are teams of 4 or less high school students. Members of the top qualifying team will be offered an internship at the University of Maine Advanced Structures and Composites Center, contingent upon their enrollment at UMaine, valued more than \$20,000.

Middle School Teams are teams of up to 10 middle school students. These groups will test their platform and provide a presentation, just like high school teams, but they will not be considered for the internship award. An alternative award will be granted to the members of a winning middle school team.

For more information, contact Marcy Smith at marcys@maine.edu, or 207.581.2125

8. New Forms for Bangor State Fair: 4-H Intent to Sell Market Lamb

Forms are due in the office by May 1, 2018. You can find the forms at: https://extension.umaine.edu/penobscot/programs/4h/bangor-state-fair-4-h-link-and-schedule/

STATE NEWS

9. Agricultural Labor Field Day - In collaboration, the Maine Department of Agriculture, Conservation and Forestry, in collaboration with the Maine Department of Labor (DOL) and Kennebec Valley Community College (KVCC) invites you to participate in the Agricultural Labor Field Day, Thursday, May 3rd, 2018, from 9:30 AM until 12:30 PM at KVCC's Alfond Recreational Center located on KVCC's Hinckley Campus in Hinckley, Maine.

The Agricultural Labor Field Day aims to connect young adults interested in professional and academic agricultural careers with local jobs in a variety of agriculture fields and/or undergraduate programming in Sustainable Agriculture, Culinary Arts, and Business Administration at KVCC. This is also an opportunity to meet with workforce training and professional development staff from KVCC and DOL to review your resumes and get job search advice. In addition, KVCC will also provide tours of their farm during the event.

Schedule of events:

9:30 AM – 12:30 PM – Doors open to the public. Open fair format for participants to visit exhibits and for exhibitors to host interviews

10:00 AM – 10:30 AM – First KVCC Farm Tour leaving the Alfond Rec Center 12:00 PM – 12:30 PM – Last KVCC Farm Tour leaving the Alfond Rec Center

The event is free and open to the public. For more information about this event and other agricultural opportunities please visit the <u>Farm Labor Link Network</u> page. We look forward to seeing you at our Agricultural Labor Field Day 2018. If you have any questions, please contact Yvette Meunier at 207.592.0640 or <u>yvette.meunier@maine.gov</u>.

10. Maine 4-H Project Records, Reflection Tools and Digital Badges!

Maine 4-H is excited to roll out new 4-H project records, reflection tools and opportunities for digital badges.

A team has been working to design the new records aligned with research and connections to Maine's commitment to proficiency based education in mind. We know that these won't be perfect and are anxious to have YOU help us try them out and be part of the process. The new records are now posted online and can be found on the state 4-H website. Direct links are available here.

Project Record – Advanced (Word | PDF)

Project Record – Beginner (Word | PDF)

Project Record – Cloverbud (Word | PDF)

Project Record – Intermediate (Word | PDF)

Portfolio (Word | PDF)

We are also planning a few ways for you to be part of the team to ask questions and give feedback.

- Join our Google classroom community. This will be a place where volunteers and youth members are able to share real time feedback about these tools. To join:
- Sign in to Classroom at classroom.google.com.
- On the homepage, click Add Join class.
- Enter the code d9jmty and click Join.
- Participate in our live feedback

sessions. Please save the date for feedback sessions. These will be conducted using Zoom. Register for these sessions with KymNoelle Hopson at 207.353.5550

or kymnoelle.hopson@maine.edu.

• 9/11/18 from 6:0pm-8:00 pm

We are looking forward to having YOU as part of our team. If you have any questions please contact Kristy Ouellette, kristy.ouellette@maine.edu or 207.353.5550, extension 12.

Cooperative Extension, U.S. Dept. of Agri. University of Maine, 5741 Libby Hall Orono, Maine 04469-5741 OFFICIAL BUSINESS



University of Maine Cooperative Extension Hancock County Office

63 Boggy Brook Road Ellsworth, ME 04605-9540 Phone: 1.800.287.1479 207.667.8212 Fax: 207.667.2003

Rosemarie Evans, Community Education Assistant

rosemarie.evans@maine.edu

Carla Scocchi, 4-H Youth Development Professional

carla.scocchi@maine.edu

Sue Baez & Joyce Fortier, Support Staff

sue.baez@maine.edu joyce.fortier@maine.edu

Maine 4-H Youth Development Mission

To educate and empower Maine youth through hands-on and community-based experiences.

Maine 4-H Youth Development Vision

Maine youth acquire the knowledge, life skills, leadership abilities, and attitudes to help them succeed now and in the future through effective collaborations, hands-on experiential education, and self-directed learning.

COOKING WITH THE KIDS

Garlic White Bean Dip

Ingredients:

1 (15 ounce) can of drained and rinsed cannellini beans

2 cloves garlic, minced (2-3 tsp bottled minced garlic)

2 tbsp bottled lemon juice

1 tbsp olive oil

Salt & Pepper to taste

Directions: Place beans, garlic, lemon juice, olive oil in a blender. Blend 1 to 1 $\frac{1}{2}$ minutes until the mixture is smooth. Season with salt and pepper to taste. Serve with pita or tortilla chips. Dip may be stored in the refrigerator for 3-4 days

University of Maine Cooperative Extension Eat Well Program

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