



Food Resource Guide

Hancock and Washington counties, Maine

Updated: November 2022

Seasonal Highlights:
[Holiday Food Resources](#)
[Home Energy Assistance Program \(HEAP\) 101](#)
[Heating Assistance | Downeast Community Partners](#)

HANCOCK COUNTY

BAR HARBOR

[Bar Harbor Food Pantry](#)

36 Mount Desert Street (behind YWCA)

Days & Hours: Tue & Wed 9-2pm, Thu 12-6p

Fresh Food Fridays: 9-12 (perishable food only)

Phone & online orders are filled on Tue from 9am-2pm

Call 207-288-3375 to place a phone order, or order online [HERE](#)

Contact: 288-3375 or bhpantry@bhfp.org

[Open Table MDI - Community Suppers](#)

116 Cottage Street

Community suppers on Tuesday evenings (now in-person!)

A limited number of to-go meals are available after 5:00pm

Days & Hours: Tue, 4-7 pm

For delivery call, text, or email by 2pm Tue

Contact: 664-9026 or opentablemdi@gmail.com

[Open Table MDI - Good Food Box](#)

Pantry items, prepared meals, & produce: [Sign-up online](#)

Pick-up is in Bar Harbor, Northwest Harbor, & Southwest Harbor

Call or email for delivery (contact info is below)

Days & Hours: Saturdays

Contact: 479-1941 or food.access@opentablemdi.org

BLUE HILL

[Magic Food Bus](#)

Free fresh produce and books from Healthy Peninsula's mobile farm stands in Blue Hill, Brooksville, Brooklin, Castine, Deer Isle, Penobscot, Sedgwick, Stonington, & Surry.

Days & Hours: Thu & Fri, June - Sep

Contact: Anna Wind, 374-3257 or awind@healthypeninsula.org

[Tree of Life Food Pantry](#)

23 South Street

Days & Hours: Thu, 8:30am-1pm

Contact: 374-2900 or presidenttol22@gmail.com

Donations are accepted at any time

[The Simmering Pot](#)

26 Hinckley Ridge Road

Soup delivery and pickup

Call & leave a message with name, address, phone, and # of meals you'd like, or fill out [this form](#)

Days & Hours: Monday afternoons

Contact: 374-3257 or aschroth@healthypeninsula.org

BUCKSPORT

[Bucksport Community Concerns](#)

181 Elm Street (white building behind the Methodist Church)

Days & Hours: Wed, 9:30-11:30am & 2nd Mon of the month, 5:30-6:30pm

Contact: 217-3220

Donation drop-off: Wednesdays, 9:30-11:30am

[Bucksport Regional Health Center](#)

110 Broadway

Days & Hours: every 3rd Wed of the month, 11-4:30pm

[Bucksport Senior Center Community Meal](#)

Senior Citizen Center

125 Broadway

Meals for \$5, subsidies available. Dine-in, take-out, or delivery

Please call 24 hours in advance to reserve

Days & Hours: Mon, Wed & Fri, 11:30am-12:30pm (except on holidays)
Contact: Bill Foster, 469-3632

ELLSWORTH

[Downeast Community Partners](#)

248 Bucksport Road

Opt-in pantry boxes available for pick-up or delivery

Days & Hours: call for appointment Contact: Heather Barton-Lindloff, 460-5613

[Emmaus Center Food Pantry](#)

51 Main Street

Days & Hours: Tue & Thu, 8:30-10am; Mon-Fri, 10am-2pm by
appointment

Contact: 667-3962

For appointments, call number above 24 hrs prior. Bring reusable bags.

[Everybody Eats](#)

St. Dunstan's Episcopal Church

134 State Street

Free take-out meals

Days and Hours: Mon, 2:30-4pm

Contact: Ron King, 664-3568 or ronking@zwi.net

[Loaves & Fishes Food Pantry](#)

137 Downeast Highway (Route 1-N, next to Darling's Chevrolet)

Days & Hours: Mon 9:30-12pm; Wed 9:30-12:30 and 4-6:30pm; Friday 9:30-12:30

Contact: 667-4363 or loavesandfishesellsworth@gmail.com

Donation drop-off: Mon, Wed, Fri from 7am-1pm, or email for appointment

[The Welcome Table](#)

First Congregational Church

2 Church Street

Take out meals. Call by 3pm to reserve.

Days & Hours: Wed, 2:30-4pm

Contact: Kara Ibarguen, 667-8321 or krowholla@gmail.com

Donation drop-off: Wed, 11am-3pm

GOULDSBORO

[Schoodic Food Pantry](#)

829 US Route 1

Days & Hours: Tuesday and Friday 9-11am

Contact: Donna Harmon, 650-9164 donnaharmon15@gmail.com [Schoodic Food Pantry FB](#)

Donations: Call ahead or drop-off when open

ORLAND

[H.O.M.E. Co-op Food Pantry](#)

90 Schoolhouse Road

Hot lunch and food pantry, bread and produce available on first come, first serve basis

Days & Hours: Hot lunch Mon-Fri & Sun, 1-2pm

Pantry open Mon-Fri, 9:30-11am & 1-2:30pm

Contact: 469-7961 ex: 3

Donations: Call ahead

OTIS

[What's for Suppa? Food Pantry](#)

9 Church Lane, Otis ME

Days & Hours: 3rd Wednesday, 12-2pm

Contact: Faith Colburn, 537-2252

Donations: Drop off by apt. or on pantry day

Two people allowed in pantry at a time. Delivery service may be available based on a need assessment

SOUTHWEST HARBOR

[Westside Food Pantry](#)

St. John Episcopal Church

315 Maine Street

Days & Hours: 1st Sun of the month, 12-2pm & 3rd Sun of the month, 12-1pm; Nov-May

Contact: Dean Henry, 664-8615 or

westsidefoodpantry@gmail.com

[Common Good Soup Kitchen](#)

19 Clark Point Rd.

Food box pick-up on Sundays. Check back for winter meal schedule

Days & Hours: Sundays, 12-1pm

Contact: Laurie Ward, 479-5313 or milalaurieward@gmail.com

STONINGTON / DEER ISLE

[Island Pantry](#)

Island Community Center

6 Memorial Lane

Days & Hours: Thursdays, 5-6:30pm

Contact: Caroline Friedell, 367-2918, or Kathy Eaton-Grey,
460-1779

[Healthy Island Project](#)

Community Pantry @ Deer Isle - Stonington High School

Provides free food, snacks, and personal items to students

251 N Deer Isle Road

Open during school hours (Mon-Fri, 9am-3pm)

Contact: Rene Colson-Hudson, 207-367-6332, healthyislandproject@gmail.com

Maine Senior FarmShare (Northern Bay Organics)

USDA program for income-eligible seniors to receive \$50 worth of produce
at no cost

Food is delivered or picked up at the Stonington Farmers' Market

Contact: Rene Colson-Hudson, 207-367-6332, healthyislandproject@gmail.com

More information on State and Federal Resources on page 11

Senior Food Boxes

Income eligible seniors receive a 30 lb. box of groceries on the 4th Wednesday of
each month

Pick up at Deer Run Apartments

100 Deer Run, Deer Isle

Contact: Eastern Area Agency on Aging, 207-941-2865

More information on State and Federal Resources on page 11

SULLIVAN

[Sullivan Food Pantry](#)

Sorrento-Sullivan Recreation Center

1776 US Rt. 1

Days & Hours: Summers, Tues & Thu, 1-6pm, Sat 10-3pm

Winters, Tues & Thu, 1-5pm, Sat 10-2pm. Call ahead.

Contact: Cindy Stanley, 422-2307

SWAN'S ISLAND

[Bread of Life Food Pantry](#)

217 Harbor Rd.

Days & Hours: Sunday 2-3pm and by appointment
Contact: Joanna Kohler, 526-4024

TRENTON

Timberwolf Community Cupboard

An initiative of the [Bar Harbor Food Pantry](#)

Trenton Elementary Greenhouse, 51 School Road

Self-serve produce shed (located in front of the greenhouse)

Days & Hours: Thursdays 11:30am-5pm

Contact: bhpantry@bhfp.org

Find updates on the [Trenton Town Crier Facebook page](#)

WASHINGTON COUNTY

CALAIS

[Irene Chadbourne Ecumenical Food Pantry](#) 513 Main Street

Days & Hours: Mon 3-5, Thur 10-12, Fri 1-3

Contact: Father David Sivret, 214-4883, or chsivret133@yahoo.com

Two at a time in the pantry building until further notice. Some home delivery.

CHERRYFIELD

[Maine Seacoast Mission Family Food Center](#)

6 Weald Bethel Lane

In-person pantry option or pick-up.

Days & Hours: Tue & Thu, 9-12pm

Wed, 2-4pm

Contact: Megan Smith, 546-7424 or msmith@seacoastmission.org

Online [order form](#) for customizing pick-ups and deliveries. Commodities are available 3rd Wed of the month. Backpacks go out weekly to children during the school year. Food cupboards at Narraguagus Jr/Sr High School and Cherryfield.

DANFORTH

[Danforth Food Pantry](#)

85 Bancroft Road

Days & Hours: 1st & 3rd Thu of the month, 10-11am

Contact: Marilyn Stoddard, 521-5008 or brooks7.island@yahoo.com

EASTPORT

[Labor of Love \(Garrapy\) Food Pantry](#)

137 County Rd

Days & Hours: Fri, 2:30-6:00pm

Emergency food available anytime

Contact: Lindy McClellan, 853-0812 or manager@eastportlaboroflove.org

Register for assistance by calling Lindy. Leave a message for emergency assistance and someone will get back to you ASAP.

INDIAN TOWNSHIP

[Passamaquoddy Tribe at Indian Township Food Pantry](#)

197 US Rt 1, Princeton

Days & Hours: Mon-Fri, 12:30-2:30pm

Contact: Taea Lola, 207 904 9908

Contact the pantry if you are unable to make it during the new hours.

JONESPORT

[Jonesport Food Pantry](#)

Sawyer Memorial Congregational Church

28 Sawyer Square

Days & Hours: Wed, 9-11am

Contact: Pastor Phyllis Merritt, smcc28@myfairpoint.net

LUBEC

[Lubec Community Outreach Center](#)

44 South St.

Days & Hours: 3rd Wed of the month, 1-3pm & 3rd Sat of the month, 8:30-10am

Contact: Janet/Heather Bartlett, 733-5262 or

director@lubecoutreach.org

Deliveries Wed-Sat. Those who are not in Lubec/Trescot can pick up a prepackaged food bag based on family size. If you are not currently on the roster, have not completed your annual documentation and therefore did not receive a call, or are in need, please call the center.

MACHIAS

[Machias Area Food Pantry](#)

Center Congregational Church

9 Center Street

Days & Hours: Mon, 1-6pm

Contact: 255-6665 or machiasfoodpantry@gmail.com

Pick-up will be in the parking lot according to patrons' regularly scheduled times. Clients are asked to remain in their vehicle. Prepared bags will be delivered to vehicles.

[Downeast Community Partners](#)

7 VIP Drive, Machias

Opt-in pantry boxes available for pick-up or delivery

Days & Hours: call for appointment

Contact: Heather Mawhinney, 460-5613 or Heather.Mawhinney@downeastcommunitypartners.org

PLEASANT POINT

[Passamaquoddy Food Pantry](#)

9 Sakom Rd.

Days & Hours: Mon-Thu, 9am-3pm

Diane Libby 853 8

Contact: Contact: Jaclyn Sockabeson at (207) 853-5169 jsockbeson@wabanaki.com

WOODLAND/BAILEYVILLE

Woodland Community Food Pantry

55 Broadway

Days & Hours: 1st & 4th Thursdays, 9-11am

Contact: Tonya Scott, 427-6518 or musicalsunset@yahoo.com

Update: Patrons are not allowed in the building until further notice. Please make your presence known when you arrive. Delivering available based on need assessment. Baileyville school district residents only.

STATE & FEDERAL RESOURCES

[Supplemental Nutrition Assistance Program \(SNAP\)](#)

Department of Health & Human Services - Office of Family Independence

17 Eastward Lane, Ellsworth

Income-qualified individuals can apply for SNAP (formerly known as food stamps) and other assistance on [MyMaineConnection](#)

Hotline: 855-797-4357

[Senior Farm Share](#)

Income-eligible seniors can apply for \$50 worth of fresh produce from local farms over 8 weeks in the growing season. Delivery available

Contact: 446-5550 or seniorfarmshare.agr@maine.gov

[Women, Infants, & Children \(WIC\)](#)

Ellsworth WIC Office

248 State Street

Income-qualified pregnant or breastfeeding women or parents of infants and children up to 5yo. can apply for benefits online or in person at the Ellsworth Office

Contact: 667-5304 or 800-492-5550

[211 Maine](#)

Talk with someone to find out about social service resources in our area. Dial 2-1-1 or toll free 877-463-6207

[Eastern Area Agency on Aging](#)

240 State St., Brewer

Meals on Wheels, community cafes, Commodity Supplemental Food Program, Doorstep Dining, Furry Friends Food Bank, and other resources for seniors.

Contact: 941-2865 or 8000-432-7812, info@eaaa.org

[National Hunger Hotline](#)

Talk with someone to find more food resources in your area

Call: 1-866-3-HUNGRY or 1-877-8-HAMBRE

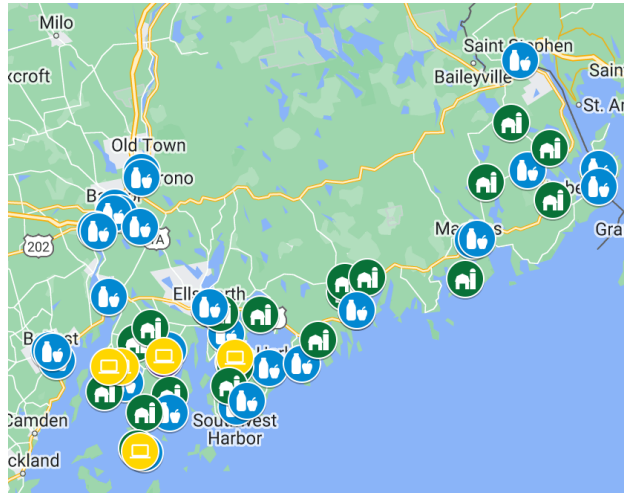
[Meals on Wheels](#)

Home delivered meals and congregate meal sites for seniors at little to no cost.

FARMERS' MARKETS & FARM STANDS

Summer 2022

View the map to find information on farmers markets' and farm stands across Hancock and Washington Counties, including days/hours of operation, location, and participation in federal assistance programs (SNAP, WIC).



FARMERS' MARKETS AND FARM STANDS MAP

LEARN MORE & CONTACT

The Hancock County and Washington County Food Security Networks meet quarterly to share resources, network, and collaborate on initiatives to address hunger in our communities. The Networks are supported by Healthy Acadia, University of Maine Cooperative Extension, and Washington County Food and Fuel Alliance, as well as the participating food security organizations.

For more information contact:

Katie Freedman at Healthy Acadia: 667-7171/ katie@healthyacadia.org

For Washington County network, contact Regina Grabrovac at (207) 255-3741 or regina@healthyacadia.org



[CLICK HERE to use map view](#)

Food Resource Guide Updates/Additions

Thank you for filling out this form with new information to be edited/added to Healthy Acadia's Food Resource Guide for Hancock and Washington Counties. Please answer every question, enter N/A if you do not know.

Send any questions to Rachel at
Rachel@HealthyAcadia.org

[CLICK HERE to submit updates/additions](#)