Food Resource Guide
Hancock and Washington counties, Maine

Updated: November 2022

Seasonal Highlights:
Holiday Food Resources
Home Energy Assistance Program (HEAP) 101
Heating Assistance | Downeast Community Partners

HANCOCK COUNTY

BAR HARBOR

Bar Harbor Food Pantry
36 Mount Desert Street (behind YWCA)
Days & Hours: Tue & Wed 9-2pm, Thu 12-6p
Fresh Food Fridays: 9-12 (perishable food only)
Phone & online orders are filled on Tue from 9am-2pm
Call 207-288-3375 to place a phone order, or order online HERE
Contact: 288-3375 or bhpantry@bhfp.org

Open Table MDI - Community Suppers
116 Cottage Street
Community suppers on Tuesday evenings (now in-person!)
A limited number of to-go meals are available after 5:00pm
Days & Hours: Tue, 4-7 pm
For delivery call, text, or email by 2pm Tue
Contact: 664-9026 or opentablemdi@gmail.com

Open Table MDI - Good Food Box
Pantry items, prepared meals, & produce: Sign-up online
Pick-up is in Bar Harbor, Northwest Harbor, & Southwest Harbor
Call or email for delivery (contact info is below)
Days & Hours: Saturdays
Contact: 479-1941 or food.access@opentablemdi.org

**BLUE HILL**

**Magic Food Bus**
Free fresh produce and books from Healthy Penninsula’s mobile farm stands in Blue Hill, Brooksville, Brooklin, Castine, Deer Isle, Penobscot, Sedgwick, Stonington, & Surry.
Days & Hours: Thu & Fri, June - Sep
Contact: Anna Wind, 374-3257 or awind@healthypeninsula.org

**Tree of Life Food Pantry**
23 South Street
Days & Hours: Thu, 8:30am-1pm
Contact: 374-2900 or presidenttol22@gmail.com
Donations are accepted at any time

**The Simmering Pot**
26 Hinckley Ridge Road
Soup delivery and pickup
Call & leave a message with name, address, phone, and # of meals you’d like, or fill out this form
Days & Hours: Monday afternoons
Contact: 374-3257 or aschroth@healthypeninsula.org

**BUCKSPORT**

**Bucksport Community Concerns**
181 Elm Street (white building behind the Methodist Church)
Days & Hours: Wed, 9:30-11:30am & 2nd Mon of the month, 5:30-6:30pm
Contact: 217-3220
Donation drop-off: Wednesdays, 9:30-11:30am

**Bucksport Regional Health Center**
110 Broadway
Days & Hours: every 3rd Wed of the month, 11-4:30pm

**Bucksport Senior Center Community Meal**
Senior Citizen Center
125 Broadway
Meals for $5, subsidies available. Dine-in, take-out, or delivery
Please call 24 hours in advance to reserve
ELLSWORTH

Downeast Community Partners
248 Bucksport Road
Opt-in pantry boxes available for pick-up or delivery
Days & Hours: call for appointment
Contact: Heather Barton-Lindloff, 460-5613

Emmaus Center Food Pantry
51 Main Street
Days & Hours: Tue & Thu, 8:30-10am; Mon-Fri, 10am-2pm by appointment
Contact: 667-3962
For appointments, call number above 24 hrs prior. Bring reusable bags.

Everybody Eats
St. Dunstan's Episcopal Church
134 State Street
Free take-out meals
Days and Hours: Mon, 2:30-4pm
Contact: Ron King, 664-3568 or ronking@gwi.net

Loaves & Fishes Food Pantry
137 Downeast Highway (Route 1-N, next to Darling's Chevrolet)
Days & Hours: Mon 9:30-12pm; Wed 9:30-12:30 and 4-6:30pm; Friday 9:30-12:30
Contact: 667-4363 or loavesandfishesellsworth@gmail.com
Donation drop-off: Mon, Wed, Fri from 7am-1pm, or email for appointment

The Welcome Table
First Congregational Church
2 Church Street
Take out meals. Call by 3pm to reserve.
Days & Hours: Wed, 2:30-4pm
Contact: Kara Ibarguen, 667-8321 or krowholla@gmail.com
Donation drop-off: Wed, 11am-3pm

GOULDSBORO

Schoodic Food Pantry
829 US Route 1
Days & Hours: Tuesday and Friday 9-11am
ORLAND

H.O.M.E. Co-op Food Pantry
90 Schoolhouse Road
Hot lunch and food pantry, bread and produce available on first come, first serve basis
Days & Hours: Hot lunch Mon-Fri & Sun, 1-2pm
Pantry open Mon-Fri, 9:30-11am & 1-2:30pm
Contact: 469-7961 ex: 3
Donations: Call ahead

OTIS

What’s for Suppa? Food Pantry
9 Church Lane, Otis ME
Days & Hours: 3rd Wednesday, 12-2pm
Contact: Faith Colburn, 537-2252
Donations: Drop off by apt. or on pantry day
Two people allowed in pantry at a time. Delivery service may be available based on a need assessment

SOUTHWEST HARBOR

Westside Food Pantry
St. John Episcopal Church
315 Maine Street
Days & Hours: 1st Sun of the month, 12-2pm & 3rd Sun of the month, 12-1pm; Nov-May
Contact: Dean Henry, 664-8615 or westsidefoodpantry@gmail.com

Common Good Soup Kitchen
19 Clark Point Rd.
Food box pick-up on Sundays. Check back for winter meal schedule
Days & Hours: Sundays, 12-1pm
Contact: Laurie Ward, 479-5313 or milalaurieward@gmail.com
STONINGTON / DEER ISLE

Island Pantry
Island Community Center
6 Memorial Lane
Days & Hours: Thursdays, 5-6:30pm
Contact: Caroline Friedell, 367-2918, or Kathy Eaton-Grey, 460-1779

Healthy Island Project
Community Pantry @ Deer Isle - Stonington High School
Provides free food, snacks, and personal items to students
251 N Deer Isle Road
Open during school hours (Mon-Fri, 9am-3pm)
Contact: Rene Colson-Hudson, 207-367-6332, healthyislandproject@gmail.com

Maine Senior FarmShare (Northern Bay Organics)
USDA program for income-eligible seniors to receive $50 worth of produce at no cost
Food is delivered or picked up at the Stonington Farmers' Market
Contact: Rene Colson-Hudson, 207-367-6332, healthyislandproject@gmail.com
More information on State and Federal Resources on page 11

Senior Food Boxes
Income eligible seniors receive a 30 lb. box of groceries on the 4th Wednesday of each month
Pick up at Deer Run Apartments
100 Deer Run, Deer Isle
Contact: Eastern Area Agency on Aging, 207-941-2865
More information on State and Federal Resources on page 11

SULLIVAN

Sullivan Food Pantry
Sorrento-Sullivan Recreation Center
1776 US Rt. 1
Days & Hours: Summers, Tues & Thu, 1-6pm, Sat 10-3pm
Winters, Tues & Thu, 1-5pm, Sat 10-2pm. Call ahead.
Contact: Cindy Stanley, 422-2307

SWAN'S ISLAND

Bread of Life Food Pantry
217 Harbor Rd.
TRENTON

Timberwolf Community Cupboard
An initiative of the Bar Harbor Food Pantry
Trenton Elementary Greenhouse, 51 School Road
Self-serve produce shed (located in front of the greenhouse)
Days & Hours: Thursdays 11:30am-5pm
Contact: bhpantry@bhf.org
Find updates on the Trenton Town Crier Facebook page

WASHINGTON COUNTY

CALAIS

Irene Chadbourne Ecumenical Food Pantry 513 Main Street
Days & Hours: Mon 3-5, Thur 10-12, Fri 1-3
Contact: Father David Sivret, 214-4883, or chsivret133@yahoo.com
Two at a time in the pantry building until further notice. Some home delivery.

CHERRYFIELD

Maine Seacoast Mission Family Food Center
6 Weald Bethel Lane
In-person pantry option or pick-up.
Days & Hours: Tue & Thu, 9-12pm
Wed, 2-4pm
Contact: Megan Smith, 546-7424 or msmith@seacoastmission.org
Online order form for customizing pick-ups and deliveries. Commodities are available 3rd Wed of the month. Backpacks go out weekly to children during the school year. Food cupboards at Narraguagus Jr/Sr High School and Cherryfield.

DANFORTH

Danforth Food Pantry
85 Bancroft Road
Days & Hours: 1st & 3rd Thu of the month, 10-11am
Contact: Marilyn Stoddard, 521-5008 or brooks7.island@yahoo.com

EASTPORT

Labor of Love (Garrapy) Food Pantry
137 County Rd
Days & Hours: Fri, 2:30-6:00pm
Emergency food available anytime
Contact: Lindy McClellan, 853-0812 or manager@eastportlaboroflove.org
Register for assistance by calling Lindy. Leave a message for emergency assistance and someone will get back to you ASAP.

INDIAN TOWNSHIP

Passamaquoddy Tribe at Indian Township Food Pantry
197 US Rt 1, Princeton
Days & Hours: Mon-Fri, 12:30-2:30pm
Contact: Taea Lola, 207 904 9908
Contact the pantry if you are unable to make it during the new hours.

JONESPORT

Jonesport Food Pantry
Sawyer Memorial Congregational Church
28 Sawyer Square
Days & Hours: Wed, 9-11am
Contact: Pastor Phyllis Merritt, smcc28@myfairpoint.net

LUBEC

Lubec Community Outreach Center
44 South St.
Days & Hours: 3rd Wed of the month, 1-3pm & 3rd Sat of the month, 8:30-10am
Contact: Janet/Heather Bartlett, 733-5262 or director@lubecoutreach.org
Deliveries Wed-Sat. Those who are not in Lubec/Trescot can pick up a prepackaged food bag based on family size. If you are not currently on the roster, have not completed your annual documentation and therefore did not receive a call, or are in need, please call the center.

MACHIAS

Machias Area Food Pantry
Center Congregational Church
9 Center Street
Days & Hours: Mon, 1-6pm
Contact: 255-6665 or machiasfoodpantry@gmail.com
Pick-up will be in the parking lot according to patrons' regularly scheduled times. Clients are asked to remain in their vehicle. Prepared bags will be delivered to vehicles.

Downeast Community Partners
7 VIP Drive, Machias
Opt-in pantry boxes available for pick-up or delivery
Days & Hours: call for appointment
Contact: Heather Mawhinney, 460-5613 or Heather.Mawhinney@downeastcommunitypartners.org

PLEASANT POINT

Passamaquoddy Food Pantry
9 Sakom Rd.
Days & Hours: Mon-Thu, 9am-3pm
Diane Libby 853 8
Contact: Contact: Jaclyn Sockabes on at (207) 853-5169 isockbeson@wabanaki.com
WOODLAND/BAILEYVILLE

Woodland Community Food Pantry
55 Broadway
Days & Hours: 1st & 4th Thursdays, 9-11am
Contact: Tonya Scott, 427-6518 or musicalsunset@yahoo.com
Update: Patrons are not allowed in the building until further notice. Please make your presence known when you arrive. Delivering available based on need assessment. Baileyville school district residents only.

STATE & FEDERAL RESOURCES

Supplemental Nutrition Assistance Program (SNAP)
Department of Health & Human Services - Office of Family Independence
17 Eastward Lane, Ellsworth
Income-qualified individuals can apply for SNAP (formerly known as food stamps) and other assistance on MyMaineConnection
Hotline: 855-797-4357

Senior Farm Share
Income-eligible seniors can apply for $50 worth of fresh produce from local farms over 8 weeks in the growing season. Delivery available
Contact: 446-5550 or seniorfarmshare.agr@maine.gov

Women, Infants, & Children (WIC)
Ellsworth WIC Office
248 State Street
Income-qualified pregnant or breastfeeding women or parents of infants and children up to 5yo. can apply for benefits online or in person at the Ellsworth Office
Contact: 667-5304 or 800-492-5550

211 Maine
Talk with someone to find out about social service resources in our area. Dial 2-1-1 or toll free 877-463-6207

Eastern Area Agency on Aging
240 State St., Brewer
Meals on Wheels, community cafes, Commodity Supplemental Food Program, Doorstep Dining, Furry Friends Food Bank, and other resources for seniors.
Contact: 941-2865 or 8000-432-7812, info@eaaa.org

National Hunger Hotline
Talk with someone to find more food resources in your area
Call: 1-866-3-HUNGRY or 1-877-8-HAMBRE

Meals on Wheels
Home delivered meals and congregate meal sites for seniors at little to no cost.

FARMERS’ MARKETS & FARM STANDS
View the map to find information on farmers markets’ and farm stands across Hancock and Washington Counties, including days/hours of operation, location, and participation in federal assistance programs (SNAP, WIC).

LEARN MORE & CONTACT

The Hancock County and Washington County Food Security Networks meet quarterly to share resources, network, and collaborate on initiatives to address hunger in our communities. The Networks are supported by Healthy Acadia, University of Maine Cooperative Extension, and Washington County Food and Fuel Alliance, as well as the participating food security organizations.

For more information contact:
Katie Freedman at Healthy Acadia: 667-7171/ katie@healthyacadia.org

For Washington County network, contact Regina Grabrovac at (207) 255-3741 or regina@healthyacadia.org
CLICK HERE to use map view

CLICK HERE to submit updates/additions