



## HANCOCK COUNTY 4-H LEADERS ASSOCIATION SCHOLARSHIP Application Checklist

A completed application includes the following:

- Application
- 4-H Story
- Resume
- Transcripts and/or Homeschool Portfolio

Submit completed application to:

UMaine Cooperative Extension Office  
Hancock County 4-H Scholarship Program  
63 Boggy Brook Road  
Ellsworth, ME 04605

Contact: Andrea Mahoney, Administrative Specialist [andrea.mahoney@maine.edu](mailto:andrea.mahoney@maine.edu) (207) 667.8212

**DEADLINE: Postmarked or received on or before April 1, 2023**



**HANCOCK COUNTY 4-H LEADERS ASSOCIATION SCHOLARSHIP  
APPLICATION**

For currently enrolled Hancock County  
4-H members or former members

Student Name \_\_\_\_\_

Address \_\_\_\_\_ DOB \_\_\_\_\_

Telephone \_\_\_\_\_ High School \_\_\_\_\_

E-mail address \_\_\_\_\_

Name of Parent/Guardian 1 \_\_\_\_\_

Name of Parent/Guardian 2 \_\_\_\_\_

# of years in 4-H (past or present) \_\_\_\_\_ Most Recent Club Name \_\_\_\_\_

Name of school you plan to attend \_\_\_\_\_

Length of Program \_\_\_\_\_ Field of Study \_\_\_\_\_

Have you been accepted yet? Yes \_\_\_\_\_ No \_\_\_\_\_

Estimated cost of 1<sup>st</sup> year of school/college or if less than 1 year, total cost of program  
\$ \_\_\_\_\_

Applicant Signature \_\_\_\_\_ Date \_\_\_\_\_

4-H Leader or Advisor Signature \_\_\_\_\_ Date \_\_\_\_\_

4-H Staff Signature \_\_\_\_\_ Date \_\_\_\_\_

## HANCOCK COUNTY 4-H LEADERS ASSOCIATION SCHOLARSHIP Guidelines for Writing Your 4-H Story

### Format

Application may be submitted in one of the following formats.

<b>Written</b>	1000 words or less (4 pgs), with or without photographs or drawings (no more than two pages of photos and drawings).
<b>Video</b>	No longer than five minutes.
<b>Audio</b>	No longer than five minutes, with or without supplemental photographs or drawings (no more than two pages of photos and drawings).
<b>Visual</b>	No more than four pages long. Must include some written descriptions.

<b>Part I</b> <i>Biographical</i>	Introduce yourself. Include your age, interests, and when and why you joined 4-H.
<b>Part II</b> <i>Life Skills Listed &amp; Life Skills Applied</i>	Choose five (5) of your strongest areas from the Life Skills Wheel that you have learned and/or improved from your 4-H experience. Include at least one life skill from each quadrant. Explain how you use each life skill in 4-H and in your daily life. Give an example of a major learning experience, special interest or unusual situation helped you to learn and apply each of these life skills.
<b>Part III</b> <i>Life Skills and Working With Other Youth</i>	Describe what you learned from working with other youth in 4-H. Which of the life skills that you have learned or improved help you to work with others? Which life skills have you learned or improved because you work with others? Be sure to include life skill from each quadrant in your explanation.
<b>Part IV</b> <i>Leadership</i>	Explain how you have demonstrated leadership in 4-H or in other activities you participate in. Describe your leadership skills, communication skills, how you prefer to make decisions, how you manage resources, how you like to work with groups.
<b>Part V</b> <i>Community Service</i>	List several community service projects you have been involved in and list the number of hours you have participated in each. Pick one and describe it in detail. Describe how you were involved, how the service project impacted you, and how it impacted the community.
<b>Part VI</b>	Describe how your 4-H experience has contributed to "who you are" at the present time. Describe how 4-H participation influenced your school life and career goals. Tell about your plans for the future and the career you might like to pursue.



## HANCOCK COUNTY 4-H LEADERS ASSOCIATION SCHOLARSHIP Guidelines for writing your Resume

### Personal Information

Name / Street Address / City, State, Zip

### Objective

Create a one-sentence purpose for writing the resume.

*Example: My objective is to apply for college scholarship help me financially meet the costs of attending the University of Maine to earn a degree in Zoology.*

### Organizations (list clubs and other organizations that you have belonged to)

*Example: 4-H Club, FFA, Girl Scouts, Boy Scouts, Outing Club, Robotics Club, Destination Imagination, etc.*

### Leadership (list offices held and committees that you served on in 4-H, school, associations or groups)

Examples: Jolly Junior Reporter, Secretary of National Honor Society, Treasurer of the Appaloosa Youth Association, International Rainbow Girls Honor Guard, etc

### Awards (list any awards that you have received in and outside of 4-H)

### Education

List your strongest interest academically. Indicate what grade you are in, where you attend school, and your grade point average. List standardized test scores. List certificates of training. Example: First Aid Training, Babysitter Certificate, CNA, Tractor Safety, Driver's Ed.

### Work Experience

If you held jobs after school or during the summer, list them by year starting with your current or most recent job.

*Example: 2018 - Present    General Farm Work, MooMore Farm*

*Example: 2017 - 2018    Computer Technician II, Island Weekly News*

Include work that you do at home (e.g., specific chores such as preparing meals, babysitting siblings, mowing lawns, helping elderly neighbors, serving on the hay crew for farm).

### Community Service

List examples of your community service projects.

### References

Give name, address, profession, phone number. List no more than 2 references who are not related to you.



(Sample Resume)

**CHRISTINE CLOVER**  
**1 CLOVER AVENUE**  
**PLEDGE, ME 04040**

Telephone: 207-555-1212  
E-mail: [cclover@fourleaf.com](mailto:cclover@fourleaf.com)

*My objective is to apply for college scholarship help me financially meet the costs of attending the University of Maine to earn a degree in Zoology.*

### **ORGANIZATIONS**

- 2008 – 2019 Fantastic Farmers Beef Club
- 2014 – 2019 Computer Challenge 4-H Club
- 2015 – 2019 Pledge High Outing Club
- 2017 – 2019 National Honor Society
- 2006 – 2019 International Order of Rainbow Girls Girl Scouts of Maine
- 2010 – 2019 Maine Audubon
- 2009 – 2019 Maine Appaloosa Youth Club

### **LEADERSHIP**

- 2016– 2019 4-H Junior Leader
- 2014 – 2017 Reporter for the Fantastic Farmers Beef Club
- 2008 – 2018 Honor Guard in the International Order of Rainbow Girls
- 2018 Jamboree Committee
- 2017 Secretary of National Honor Society

### **AWARDS**

- 2018 Outstanding Junior Leader Award
- 2017 Gold Award (Girl Scout)
- 2018 Student of the Month (January)
- 2017 Razor Crosman Award
- 2016 Achievement Award
- 2016 Outstanding Community Service from Pledge High

### **EDUCATION**

- 2015 – 2019 Pledge High School, GPA 92.5
- 2018 SAT
- 2016 PSAT
- 2018 First Aid/CPR Certificate
- 2017 Red Cross Lifeguard Certificate
- 2018 Tractor Safety Certification
- 2016 Drivers Education Course Completed

## COMMUNITY SERVICE

- Helped coordinate a shooting sports safety workshop at Pledge High.
- Volunteered at 4-H@UMaine for three years.
- 2011 – 2018, participated in Maine Audubon Loon Count
- 2015 – 2017, served meals monthly at Emmaus Center
- Promoted 4-H and CWF by doing a presentation for Hancock County Commissioners and the 4-H Leaders' Association in 2015

## WORK EXPERIENCE

- 2018 – Present      General farm work, Moo More Farm
- 2015 – Present      Computer Technician II, Island Weekly News
- Helped prepare meals for my family and clean up after meals.
- Helped neighboring farmers harvest their hay and store it for the winter.

## REFERENCES

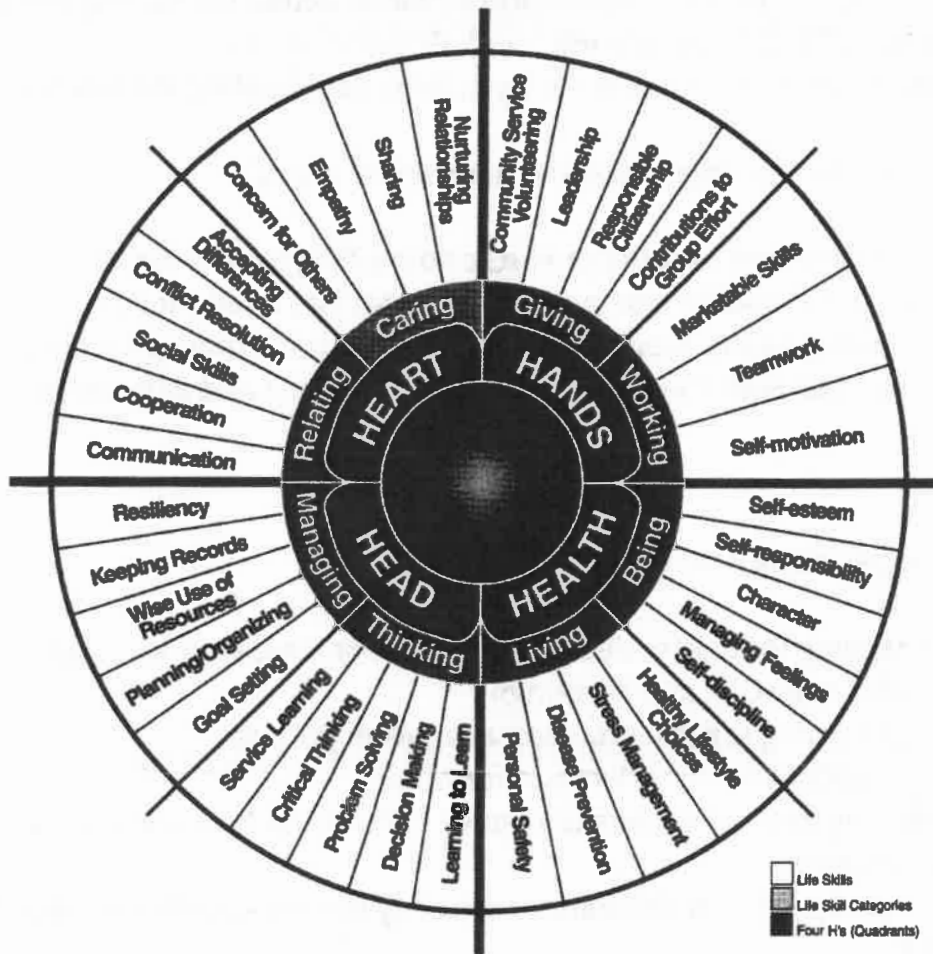
Annie Moo  
101 Clover Lane, Pledge, Maine 04040  
Moo More Farm  
[moomorefarm@clover.com](mailto:moomorefarm@clover.com)  
555 - 1010

Cindy Laser  
66 Maine Street, Pledge, Maine 04040  
Island Weekly News  
[claser@gmail.com](mailto:claser@gmail.com)  
555 -3030

The following pages can be used as a resource in helping to write about life skills in your 4-H story. You do not have to include the wheel in the application. Use the rubric to make sure that your application, story, and resume is complete and follow the correct format. Points may be deducted or application may be disqualified if not complete and out of order.

## University of Maine Cooperative Extension

### Life Skills Used in 4-H



**This is a resource to assist in writing your 4-H story.**

For definitions and more information about life skills, see the definitions on the next two pages.

## DEFINITIONS TO HELP YOU UNDERSTAND THE MEANING OF LIFE SKILLS

### HEAD

**Thinking:** Learning to use your mind to form ideas and make decisions, to imagine, to examine carefully, to consider. Specific life skills that help you learn to think are:

*Learning to Learn* – acquiring, evaluating and using information

*Decision Making* – choosing among several alternatives

*Problem Solving* – clearly identifying a problem and a plan of action for solving that problem

*Critical Thinking* – thinking things over in one's mind; deciding what to do

*Service Learning* – gaining skills and experience by actively participating in community activities

**Managing:** Learning to use resources wisely to accomplish a goal

*Goal Setting* – deciding on the end product or result; something toward which to work

*Planning or Organizing* – a method for doing something that has been thought of ahead of time

*Wise Use of Resources* – using sound judgment; not being wasteful; managing personal finances

*Resiliency* – being able to deal with change; overcoming problems and difficulties

### HEART

**Relating:** Learning to get along with other people

*Communication* – exchanging thoughts, ideas, information or messages in a way that is respectful (Communication includes speaking and listening)

*Cooperation* – working or acting together toward a common purpose

*Social Skills* – showing respect and consideration for others

*Conflict Resolution* – finding and using ways to resolve differences between two or more persons; getting along with others

*Accepting Differences* – accepting that differences are okay (examples: differences of opinion, income, how you look)

**Caring:** Learning how to show understanding, kindness, concern and affection for others

*Concern for Others* – caring about and giving attention to the well-being of others

*Empathy* – being sensitive to another person's situation and feelings

*Sharing* – having, using or doing together with another or others

*Nurturing Relationships* – providing care and attention to another person



## **HANDS**

**Giving:** Learning to provide, supply or make something happen

*Community Service and Volunteering* – giving one's time and effort to help; doing something that makes a difference in someone's life without expecting a reward

*Leadership* – helping a group to reach its goals by showing or directing the way

*Responsible Citizenship* – being involved in one's town, state or country

*Contributions to Group Efforts* – sharing the responsibility of accomplishing the goal

**Working:** Learning physical or mental effort needed to accomplish something

*Marketable Skills* – developing the abilities to accomplish something

*Teamwork* – working together with at least one other person to accomplish all parts of a task

*Self-motivation* – being able to make the effort needed to carry out a task or a plan

## **HEALTH**

**Living:** Learning to live freely without disease or injury; having a sound condition of body and mind

*Healthy Lifestyle Choices* – includes eating right, exercising regularly, getting enough rest, and resisting harmful activities (alcohol, drugs, smoking)

*Stress Management* – learning positive ways of managing stress

*Disease Prevention* – taking care of one's body and avoiding risky situations

*Personal Safety* – taking care to avoid danger, risk or harm; being cautious and careful in order to remain physically and emotionally safe

**Being:** Learning to be all that you can be; taking delight in who you are as a person

*Self-esteem* – taking pride in oneself, valuing oneself and understanding one's abilities

*Self-responsibility* – taking care of oneself and being accountable for one's behavior

*Character* – managing one's own emotions and being sensitive to others' feelings

*Self-discipline* – exercising self-control that is in line with what is right and wrong



**HANCOCK COUNTY 4-H LEADERS ASSOCIATION SCHOLARSHIP  
Rubric**

**Application Cover Page (3 points total)**

- \_\_\_(2 pts) for completeness
- \_\_\_(1 pts) for signatures (DQ if signatures are missing)
- \_\_\_ **Total**

**4-H Story (42 points)**

- 7 points for each section completed
- \_\_\_ Biographical: Introduction, age, interests, and when and why you joined 4-H
- \_\_\_ Life skills used in 4-H experience
- \_\_\_ Life skills used in working with other youth in 4-H
- \_\_\_ Leadership skills, decision making skills, communication skills and use of resources
- \_\_\_ Community Service: lists several, describes one in detail (how involved and how impacted)
- \_\_\_ How 4-H experience contributed to "who you are" and about plans for future
- \_\_\_ **Total**

**Resume (50 points)**

- \_\_\_ (2 pts) Personal Information
- \_\_\_ (2 pts) Objective
- \_\_\_ (5 pts) Organizations (list clubs, groups, associations in 4-H, school, and outside of school)
- \_\_\_ (12 pts) Leadership (offices held, committees served on, be sure to include 4-H Leadership experiences like CWF, Teen Council, National Summit, 4-H @UMaine teen leader, etc )
- \_\_\_ (5 pts) Awards (recognition awards)
- \_\_\_ (5 pts) Education (list grade, school, Standardized tests, optional GPA (1 point for each entry up to 5 pts)
- \_\_\_ (12pts) Community Service (3 pts for each different community service activity, total to not exceed 12 pts)
- \_\_\_ (5 pts) Work experience
- \_\_\_ (2 pts) References (name, address, profession, phone number - not more than 2 given and no relatives)
- \_\_\_ **Total**

**Transcripts/Homeschool Portfolio (5 points total)**

- \_\_\_ (5 pts) for inclusion (disqualification if not in application materials)

	Score	Comment
Application		
4-H Story		
Resume		
Transcript		
Total Score		