2017 Blue Hill Fair

The Exhibit Hall – had 35 exhibitors putting in 87 exhibits and receiving $407 in premiums.

Best in Project:
- Emily DesJardin, Jolly Juniors, Woodworking
- Izzy Duke, Rails N’ Trails, Art
- Donnie Evans, Horse & Rider, Crafts
- Sherry Foster, Union River Valley, Clothing
- Payton Hicks, Horse & Rider, Home Improvements
- Ruth Lassen, 4-H Handworks Club, Flowers
- Margaret Mae Reilich-Godino, Free 2 Be, Crafts
- Ian Sargent, Horse & Rider, Recycled Crafts

Best in Show: Izzy Duke, Rails N’ Trails, Art
Lynne Clement Award: Emma Foster, Union River Valley
4-H Club Exhibit: Horse & Rider

Special thanks to Mary Jude and all the judges for their help!

See pages 4 & 5 for more Blue Hill awards and photos!

Be sure to check out our Facebook page for more 4-H photos - https://www.facebook.com/Hancock-County-4-H-254632954564814/?ref=aymt_homepage_panel

UPCOMING DATES TO REMEMBER

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<th>Date</th>
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<td>4-H Awareness Day at Tractor Supply in Ellsworth</td>
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<td>October 8-19</td>
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<td>October 10</td>
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<td>October 20</td>
<td>Cloverfest at the Cave Hill School - Eastbrook</td>
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<td>October 27</td>
<td>Deadline to Register for e-Forum – See page 3</td>
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<td>November 2</td>
<td>National 4-H Volunteer e-Forum at the Extension Office</td>
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<tr>
<td>November 10</td>
<td>Veteran’s Day Observed – Extension Office Closed</td>
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<td>November 14</td>
<td>Leaders’ Banquet at the Franklin Methodist Church in Bucksport</td>
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<td>Nov. 23 &amp; 24</td>
<td>Thanksgiving Day Observed – Extension Office Closed</td>
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<tr>
<td>November 27</td>
<td>Reenrollment Forms are Due in the Extension Office</td>
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<td>December 29</td>
<td>State Deadline for Reenrollment Forms – No Exceptions</td>
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Election Results for the Leaders’ Association – Elections were held at the last Leaders’ Meeting. Slate of officers for the 2017-2018 4-H year:
Co-Presidents: Lee Sargent and Audra Porter
Treasurer: Terry Swazey
Secretary: Lisa Carney
Board: Dalaney Dunn, Brenda Jordan, and Dwight Sargent
We’re all looking forward to another exciting new 4-H year!

Reminder – Requirement for Clubs – The 4-H year officially ended on September 30th. Please finalize your 2016-2017 club treasurer report and send or bring to the office by October 31st.

Re-enrollment 2017/2018 – If any leader or any member has not received their re-enrollment paperwork, or if you have any questions, please contact Joyce at the Extension Office. Leaders, we would like to have your re-enrollment packet returned by Monday, November 27th. The absolute deadline is Friday, December 29th.

Leaders’ Meeting - this month’s Leaders’ Association meeting will be on October 10, 2017, at 6:30pm. Come out and meet our new 4-H Professional, Carla Scocchi. If you would like to come, but travel is too far, how about joining us by video. If you have a computer with a camera, we can get you set up! With our video technology at the Extension Office, up to 20 different folks can “beam in.” Call the office at 667-8212 ahead of time if you would like to participate from home. Please come and help make the discussion a lively one!

Requirement for Clubs - The 4-H year officially ends on September 29th. Please, finalize your club treasurer’s report and send or bring to the office. We will make a photo copy of it and give it to the auditors. A report will be sent to you as soon as possible. Thank you for complying with this mandate from the University of Maine.

Re-enrollment 2017-2018 - Another 4-H year will begin soon! Packets have been distributed. Please be sure to follow the instructions. We would like to have your re-enrollment paperwork returned by Monday, November 27th. The absolute deadline is Friday, December 29th. No exceptions will be allowed after that date.

4-H Awareness Day – Chairman, Heather Linnehan, has confirmed October 7th for 4-H Awareness Day, at the Tractor Supply Co., in Ellsworth during the Paper Clover campaign, 10:00 am – 2:00 pm. We’re looking for clubs to bring animals, food sales, games, crafts, and other activities. The will be a “Fun Day” and your opportunity to help make others aware of the neat things you do in 4-H! Call Heather at 667-9570 to sign up now!

Steer Ticket Winner – Congratulations to Ethan Robinson of Atkinson, the winner of this year’s steer ticket raffle! Ethan chose to take the steer which dressed out at 778 pounds.
4-H Paper Clover Fundraiser at Tractor Supply - Looking for an easy and fun way to do some 4-H Community Service? How about coming down to the Tractor Supply Store in Ellsworth to volunteer as a 4-H greeter and helper! The Fall 2017 Tractor Supply Company Paper Clover Fundraiser is scheduled for Oct. 8 to Oct. 19th. Funds are raised for 4-H when Tractor Supply customers donate $1 when they check out. From that dollar 90% comes back to the state and 10% remains with National 4-H Council. Funds for the state will now be equally split between the counties. Funds are now required to be spent on Leadership and Camp opportunities.

This is also a great opportunity to earn some funds for your club. You can sell items such as crafts or baked goods. We know from our experience selling steer tickets at the Blue Hill Fair and from our successful 2017 Spring Campaign that it makes a difference when we have our 4-Hers present to tell their 4-H story and be helpful. We challenge all our 4-Hers to give just one hour of your time during the Paper Clover Campaign. Sign-up to help bag purchases and answer questions folks might have about 4-H. The folks at the Ellsworth store appreciated our help in hanging up all the paper clovers that they collected. The store requests that 4-H adults and youth do not use electronics while representing 4-H at the Tractor Supply Store. To sign up for a time to volunteer, call or e-mail Joyce. One or two youths and an adult to supervise should sign up for each one-hour shift. Be sure to wear your 4-H green!

Reminder: turn your electronics off except to capture great pictures! Thanks for all you do.

Cloverfest 4-H Awards Night 2017 – will be held on Friday, October 20th, at the Cave Hill School from, 6:00 – 8:30 pm. Be sure to bring your family to help us celebrate all the wonderful accomplishments. The Leaders’ Association will provide pizza and drinks – please see your flyer on what food to bring. Come participate or watch what promises to be a fun evening. Please RSVP to Joyce at the Extension Office at 667-8212 or joyce.fortier@maine.edu.

The 2017 Leaders’ Banquet – will be held on November 14th at the Franklin Methodist Church in Bucksport.

Sheep Club – Elizabeth Duke would like to start a sheep club. If you are interested – please contact her at 951-7095.

National 4-H Volunteer e-Forum - Attention All Leaders – “STEM”ming into Animal Science, Growing True Leaders – Leaders, volunteers and teens are invited to join us on November 2nd, 6:00 – 8:30 pm, at the Extension Office, for “STEM”ming into Animal Science, Growing True Leaders. Come and build on the roots of 4-H as we STEM our way into agriculture and animal science for experienced and new 4-H’ers. Gain resources to incorporate Science, Technology, Engineering and Math (STEM) leaders through traditional animal sciences areas in communities. Volunteers will gain ideas for planning and organizing fun, educational sessions for youth.

I know how hectic life is especially attending events during the week or after work so let me make it easier by providing dinner. Come join us at 6:00 for tacos and the fixings.

Please RSVP by October 27th if you plan to attend.
BLUE HILL FAIR 2017

My second year as the CEA for the Blue Hill Fair was quickly approaching, declaring the end of another beautiful Maine summer. I had done this before, “it’s not my first rodeo,” I told myself, trying to self soothe the rising anxiety. Despite having some experience, I knew things were going to be different this year, I secretly wondered how and if it could all possibly come together.

The Swazey family was no longer running Zuckermans Petting Zoo, a tribute of sorts to E.B. White who wrote Charlotte’s Web, the novel that made the Blue Hill Fair famous. We decided to forgo the activity tent this year, pre sales for the steer tickets were down and the food booth sign-up sheet was looking scarce.

However, my doubts were quickly suppressed as our hardworking 4-H leaders stepped up to take on the challenges. I couldn’t believe what I was seeing, shifts were being filled, the steer ticket table was often crowded with passer byes awaiting the chance to fill out raffle tickets, our 4-H youth were eagerly standing by and willing to fill in wherever needed. The commitment and dedication that I continually witness from volunteers and 4-H’ers is nothing short of amazing!

One hundred and twenty-six years since its inception, there are still spider webs in the corners of the stalls, children clinging to and sharing their livestock, the exhibit halls full of admiration and Down East Maine traditions. 

Rosie Evans

Blue Hill Fair Livestock Awards

**Beef:**
- Hunter Ellis – Independent - Senior Champion, Wilber Wilson Memorial Grand Champion, Cow and Calf
- Kylie Farnham – Independent – Senior Showmanship and Fitting, Reserve Jr. Champion, Market Steer

**Dairy Goat:**
- Sherry Foster – Union River Valley - Oberhasli: Res. Jr. Champion, Recorded Grade: Jr. Champion
- Margaret Mae Reilich-Godino – Free 2 Be - Junior Showmanship and Fitting

**Horse:**
- Alia Parsons – Rails N’ Trails - Senior Showmanship and Fitting, Western Senior Champion, Overall High Point for the Day
- Kiana Robertson – Rails N’ Trails - English Walk-Trot Class I Champion, Western Walk-Trot Class I Champion
- Ian Sargent – Horse & Rider - Novice Showmanship and Fitting
- Zoe Sikkels – Rails N’ Trails - Junior Showmanship and Fitting, Overall Showmanship Award, English Junior Champion

**Razor Crosman Award** – Dalaney Dunn - Independent
Blue Hill Fair Thank You! We had an amazingly successful year at the Blue Hill Fair for our 4-H Food Booth, Steer Tickets Raffle, and Activity Center. Thank you to the dozens of 4-H and community volunteers who donated countless hours. On behalf of the 4-H Hancock County Leaders’ Association and the University of Maine Cooperative Extension a gigantic THANK YOU! to all who lent a hand to make it all possible. We couldn’t do it without you. Here is a list of some of the many 4-H Clubs, 4-H School Groups and individuals who helped this year. If we have overlooked your name, we apologize, you definitely were appreciated!

INDIVIDUALS – Lisa Carney, Dunn Family, Dennis & Trish Dyer, Bob Gallant, Cheri Gray, Gary Lane, Scott Leeman, Nevells Family, Audra Porter, Maiah Reilich-Godino, Dwight & Gail Sargent, Lee Sargent, Staples Family, Susan Swartz and Terry Swazey

CLUBS AND OTHERS – Free 2 Be, Horse & Rider, Jolly Juniors, Lock, Stock & Barrel, Rails N’ Trails, UMaine Cooperative Extension Staff & family, and Union River Valley

THANK YOU!
CLUB NEWS

Horse & Rider – Three members of the Horse & Riders, along with Becca Wilder’s horse, Sandy, participated in the Blue Hill Fair Horse Show on September 3. Sandy helped Ian, Carsyn and Payton bring home ribbons and a trophy. Parents and friends were there to cheer on our three riders. Great job Ian, Carsyn, Payton, and Sandy!
Submitted by Sally Jordan, 4-H leader

Rails N’ Trails - 4-H Horse group attended the PAWS adoption event at Tractor Supply in Ellsworth, Saturday, September 16, 2017. PAWS stands for the Progressive Animal Welfare Society. PAWS shelters homeless animals, and cares for sick, injured, and orphaned wildlife until they are ready to be returned to the wild. PAWS is a non-profit organization, meaning PAWS relies almost entirely on donations of money from people to pay for the food of the animals.

At the PAWS adoption event, Rails N’ Trails helped bring more public to the event with animals such as chickens, a bunny, ferret, and a bearded dragon. There were also pony rides available for donation only! Members of the group, Rails N’ Trails, had a bake sale. We were fundraising for our trip to the Equine Affaire in November. The Equine Affaire is an educational event about horses in Massachusetts. Thanks to Tractor Supply, because they were very nice and generously let us do it in their parking lot during this event.
Submitted by Kiana Robertson, Club Member
1. **4-H Egg Business Project** - Interested in earning money and having happy hens as co-workers? The 4-H Egg Business Project helps participating youth and their families learn about entrepreneurship, food safety, and animal husbandry. To learn more go to: [https://extension.umaine.edu/4h/home/egg-business-project/](https://extension.umaine.edu/4h/home/egg-business-project/) or contact Debra Kantor, debra.kantor@maine.edu, or 207.474.9622.

2. **Tanglewood Fall Harvest Festival** - The Tanglewood Fall Harvest Festival and the second annual Tanglewood Tracks 3.5 mile trail race will be held at Tanglewood 4-H Camp in Lincolnville on Saturday, October 7th. The race starts at 9, followed by the festival from 11 a.m. - 3 p.m. Explore the Tanglewood forest, press your own apple cider and try your hand at archery. Event is family-friendly, and admission to the festival is free; the race costs $20. For more information, please call Patti at 207-789-5868. To register for the race online, go to [www.active.com](http://www.active.com).

3. **Rabbit Showmanship Competition** - A Rabbit Showmanship Competition will be held on October 6th at 10:00 in the rabbit barn at Fryeburg Fair at 1154 Main Street in Fryeburg. This event is hosted by the rabbit barn and is for all youth. People new to showing rabbits are also welcome; instruction will be provided. For information please email Liz Kenaley at lkenaley@gmail.com. You will need to request a car pass from Liz 2 weeks prior to the event.

4. **Don’t Miss the October 4-H Fix** - Maybe there should be a club for 4-H Fix readers! There are clubs for 4-H Members, after all! Visit the 4-H Fix on October 13th and learn all about Maine’s 4-H Clubs! This post might even make you come to order! Visit the 4-H Fix today and call your meeting to order! [https://extension.umaine.edu/4h/tag/4-h-fix/](https://extension.umaine.edu/4h/tag/4-h-fix/)

5. **Maine 4-H Project Records, Reflection Tools and Digital Badges**! - Maine 4-H is excited to roll out new 4-H project records, reflection tools and opportunities for digital badges. A team has been working to design the new records aligned with research and connections to Maine’s commitment to proficiency based education in mind. We know that these won’t be perfect and are anxious to have YOU help us try them out and be part of the process. We’ll be posting the records online soon and are planning a few ways for you to be part of the team.
   - **Join our Google classroom community.** This will be a place where volunteers and youth members are able to share real time feedback about these tools. To join:
     - Sign in to Classroom at [classroom.google.com](http://classroom.google.com).
     - On the homepage, click Add Join class.
     - Enter the code d9jmtv and click Join.
     - Participate in our live feedback sessions. Please save the date for feedback sessions. These will be conducted using Zoom. Registration for these sessions will be posted soon! 10/17/17 from 6:00pm-8:00pm, 11/8/17 from 6:00pm-8:00pm, 1/23/18 from 6:00pm-8:00pm, 3/24/18 from 6:00pm-8:00pm, and 9/11/18 from 6:00pm-8:00 pm
   - We are looking forward to having YOU as part of our team. If you have any questions please contact Kristy Ouellette, kristy.ouellette@maine.edu or 207.353.5550, extension 12.

6. **UMaine 4-H Science Saturday: Where There’s Smoke, There’s Chicken**
   - Youth in grades 9-12 are invited to join us Saturday, Oct. 28th from 11am-3pm at Witter Farm on the UMaine campus in Orono to learn how to prepare delicious smoked chicken with our own Dr. Colt Knight! First, we will learn the art of preparing a whole chicken, and learn about how to safely handle raw chicken meat. We will explore how to include chicken as part of a healthy, balanced diet, as well as talk about different ways to season and prepare chicken meat. And finally, we will be enjoying our smoked chicken for lunch. Space is limited, so register at [https://extension.umaine.edu/4h/home/science-saturday/](https://extension.umaine.edu/4h/home/science-saturday/) by Oct. 20, cost is $10, and includes lunch.
7. Risk Perception on the Family Farm - Debra Kantor and Leslie Forstadt are trying to identify farm families to interview for a research project to learn about the safety concerns of beginning farmers (less than 10 years) with children (under the age of 18). The farmers will be given $75 to compensate for their time. If you have a family that might be interested or would like additional information contact Debra by email at debra.kantor@maine.edu or call 207.474.9622.

8. You’re invited to the 2017 National 4-H Volunteer e-Forum - Join us and get energized as you network with volunteers, county-based staff, and state specialists from across the country! Three sessions will be offered in October, November and December. The first one is Thursday, October 5, 2017 – 7:00-8:30 PM (ET).

Cultivating an Environment for Growing True Leaders - Creating an environment where 4-H members feel safe as they grow and develop leadership skills means having volunteers who understand the basics of positive youth development. This session will feature ideas and activities that help foster life skill development by focusing on strategies for more effective club interactions.

Go to https://extension.umaine.edu/4h/national-4-h-volunteer-e-forum/ to see which counties are host sites for the October event. To register, contact the county Extension office where you wish to participate directly.

9. Maine Poultry Growers Association, First Annual Conference - The MPGA is an association for Maine poultry keepers of all types and for anyone interested in poultry.
http://www.mainepoultrygrowers.org/  October 21, 2017, 9:00 am – 4:00 pm at the Student Union Room, Alfond Campus, Kennebec Valley Community College, Hinkley, ME. Register Online at: https://extension.umaine.edu/cumberland/programs/agriculture/events-workshops/, cost is $35.00/person ($25.00 for MPGA Members), lunch is included. Sponsored by University of Maine Cooperative Extension, Maine Organic Farmers and Gardeners (MOFGA), and Poulin Grain. Contacts are Jason Lilley, jason.lilley@maine.edu, and Diane Schivera, dianes@mofga.org.

10. New For 2018 - Regarding Eastern States Intent to Participate Forms - Due date for all 2018 Eastern States Beef Intent to Participate Forms will be Jan. 2nd. Intent forms for all other animal commodities- dairy, dog, goat, horse, and sheep will be due on Feb. 1st. This decision was made at the Spring Animal Science Committee meeting to help eliminate confusion by making all due dates a little more consistent. Updated Intent to Participate Forms will soon be available.

11. 4-H Gives: Relief Support for 4-H Programs affected by Hurricane Harvey -

The gulf coast region of Texas has experienced massive damage and destruction from Hurricane Harvey. In times like these we see the good in countless individuals who wish to lend a hand and comfort those in need. In response to the disaster on the coast many local 4-H clubs are hosting supply drives where items can be delivered quickly and efficiently to the storm zone. The Texas 4-H Youth Development Program and the Texas 4-H Youth Development Foundation are facilitating a monetary campaign to directly support 4-H club and county programs in the hurricane zone. To help, go to: https://texas4hfoundation.org/, click on link at the top right “give now,” complete the online form and type “4HSupportsTexas” in the Gift Designation Box, with your payment information.

12. Fryeburg Fair Challenge - Fryeburg Fair has once again presented the Maine 4-H Foundation with a challenge gift of $10,000 if we can raise the matching funds during the fair. Maine 4-H agricultural programs have been growing over the past year and more support is needed. The Maine 4-H Foundation has increased its support to agricultural programs and has recently invested over $66,000 in animal science endowment funds dedicated to ensure the future of agricultural programs. Today the endowment funds for Agriculture and animal science exceed $110,000! Every gift counts and you can direct it toward the animal science program of your choice. Consider a gift to the Fryeburg Fair challenge today. It is easy to give, email a pledge to Susan Jennings at susan.jennings@maine.edu, or go online at our.umaine.edu/fryeburgchallenge!
HANCOCK COUNTY 4-H LEADERS’ MEETING MINUTES

September 12, 2017

Members Present (13): Terry Swazey, Heather Linnehan, Audra Porter, Lee Sargent, Norma Hardison, Peter and Judy Nevells, Dwight Sargent, Jen and George and Dalaney Dunn, Brenda Jordan, and Lisa Carney. Rosie Evans, staff, was also present.

Business Meeting

The flag was saluted and the 4-H pledge recited.

- Secretary’s Report - Two notes thanking LA for sending them to CWF were read. The August minutes were accepted as written.
- Treasurer’s Report - The August report was accepted as read. Terry gave a summary of the accounting for the fair.

Old Business:

- Exhibit Hall - We would like to encourage more kids to enter exhibits. The number of displays was down 12 from last year. Maybe we can have the kids paint the shelves at Jamboree. Take out cake decorating category, we’ve only gotten a few the last couple years.
- Food Booth - metal spatulas to be used on the grill. Clean with water and the special cleaning spatula. Cheese is allowed on the grill. No eggs on the bread side.
- Suggestions for next year- breakfast should go until 11am. We don’t sell many burgers or dogs until 11. Would make the shift change easier too, won’t be changing both at once. The whoopie pies were excellent. Need to have crock pot meals, especially chili for chili dogs. Many members feel like we should go up on the item menu prices. Pre printed slips with orders on them (2 cb w/wo onions). Rosie says a three person system up front worked well (one keeping track of orders). Use two slices of cheese on grilled cheese.
- Cloverfest - Friday, October 20th at Cave Hill. The eighth grade will not be able to cater, but the Cave Hill cafeteria may be able to make them. Brenda will ask. Pepperoni, plain, GF, veggie. Board will meet and plan entertainment. Slideshow of the year, paper bag skits, STEM activity (Brenda would work with Rosie), throw the “question ball”.
- Leaders’ banquet - Franklin Methodist in Bucksport on November 14th. Start saving your auction items.
- Ethan Robinson won the steer, he is taking the meat (778lbs), lives a few miles from Maple Lane Farms.

New Business:

- Project records- the forms may be getting updated. Due the 25th of September.

Meeting Adjourned 8:10

Respectfully submitted by Lisa Carney, Secretary
COOKING WITH THE KIDS

Paleo Apple-Cinnamon Pancakes

Ingredients:
- 2 eggs, whisked
- 2 bananas, mashed
- 1 peeled apple, diced small
- 2 Tbsp almond butter
- 1 ½ tsp cinnamon
- ½ tsp nutmeg
- 1 tsp pure vanilla extract
- A little coconut oil

Instructions:
Mash the 2 bananas with a fork. Whisk 2 eggs in a medium bowl. Add banana mash to eggs. Core and dice 1 apple. Stir bananas, eggs and apple chunks together. Next, add the almond butter, cinnamon, nutmeg and vanilla. Combine into a pancake batter. Heat a thin layer of coconut oil in a skillet to medium low. Pour the pancake batter in – keeping the pancakes no wider than your spatula. When one side is golden brown, gently turn over to cook the other side. Makes about 8 small pancakes. Recipe can be easily doubled or tripled. Top with fresh fruit or raw maple syrup.

http://www.paleonewbie.com/paleo-apple-cinnamon-pancakes-recipe/