4-H Happenings

A Monthly Newsletter For Hancock County 4-H Participants

FEBRUARY 2018

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**Find us on**
@hancock4H

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**4-H at the Ellsworth Winter Carnival**
Hancock County 4-H will host a "Winter Animal Relay" at the Ellsworth Winter Carnival on **Saturday, February 10th** for youth and adults of all ages! Visit us at Knowlton Park from 12-2 to participate in a Winter Animal Relay - a fun game that simulates the adaptations that many animals make in order to survive winter in Maine. The relay consists of several stations, and youth will act out different adaptations at each station. If you or your teen youth are interested in volunteering to help us with the activity that day, it would be a great opportunity for everyone to get together. This is also a great opportunity to create awareness about 4-H as there will be a good crowd in attendance!

Contact Carla to express your interest: carla.scocchi@maine.edu

Check out the flyer for some of the other fun activities at the Winter Carnival this year, including Fireworks at 6pm from Ellsworth High School!

*Be sure to check out our Facebook page for more 4-H photos – facebook.com/hancock4H*

**UPCOMING DATES TO REMEMBER**

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<tr>
<th>Date</th>
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<td>Feb. 3</td>
<td>11:00 am – 2:00 pm</td>
<td>In-Store Service Project at JOANN Fabric – see page 5</td>
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<td>Feb. 10</td>
<td>12:00 – 2:00 pm</td>
<td>4-H at the Ellsworth Winter Carnival</td>
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<td>Feb. 13</td>
<td>6:30 pm</td>
<td>Leaders’ Meeting at the Extension Office</td>
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<td>Feb. 19</td>
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<td>President’s Day – Extension Office Closed</td>
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<td>Deadline for CWF Applications to the Extension Office</td>
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<td>Maine 4-H Foundation Scholarships are Due in Extension Office</td>
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<td>March 13</td>
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<td>Leaders’ Meeting at the Extension Office</td>
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<td>March 15</td>
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<td>Extension Office Closed – Staff Conference</td>
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<td>March 17</td>
<td>11:00 am</td>
<td>Hancock County Public Speaking Tournament – See page 5</td>
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<td>April 7</td>
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<td>State Public Speaking Tournament – UMaine – Orono</td>
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<td>April 13</td>
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<td>Leaders’ Association Scholarship Applications Due in the Office</td>
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Leaders’ Meeting – this month’s Leaders’ Association meeting will be on Tuesday, February 13, 2018, The regular meeting will begin at 6:30pm. If you would like to come, but travel is too far, how about joining us by video. If you have a computer with a camera, we can get you set up! With our video technology at the Extension Office, up to 20 different folks can “beam in.” Call the office at 667-8212 ahead of time if you would like to participate from home. Please come and help make the discussion a lively one!

Citizenship Washington Focus (CWF) – CWF is a National 4-H trip geared toward 4-H youth ages 15-18. This year’s trip will take place the week of June 30 - July 7th. If you are interested in applying for CWF, please submit a completed 4-H Portfolio and a $25 deposit by February 22nd. For more information, contact Sue at the Cooperative Extension Office at 667-8212. Letters will be mailed to 4-H members ages 15-18 soon. If you do not receive one, please call the Extension Office. Be sure to read your letter for full details.

4-H Insurance - Remember downhill skiing, snowboarding, sledding and other downhill winter sports are excluded (not covered) by the AIL year round accident policy used by 4-H clubs on a statewide, county wide, and individual club basis. The good news is coverage is available online at www.americanincomelife.com by choosing the “Submit 4-H Activity Report” button and requesting special activity insurance used for individual group events like ski trips. All three plan options provide full accident coverage for downhill skiing, snowboarding, sledding and other downhill winter sports.

Welcome New VOLTed Volunteers - We are pleased to announce newly VOLTed leaders who have completed their training and paperwork in Hancock County.

- Sue Carlisle – Bucksport, ME
- Bryce Farnham – Penobscot, ME
- Diana Helmandollar – Steuben, ME
- Eric White, Trenton, ME

Welcome to the 4-H family!

Photo Contest – Information on the upcoming photo contest will be coming soon. There are so many beautiful and unique scenes to take pictures of this winter. Keep those cameras snapping so you will have some good photos to choose from at the end of the contest. Be ready for those “Kodak” moments. Pictured below are the 2017 Judges’ Choice.

2017 Judges’ Choices
“Man’s Best Friend”
by Mckenzie Evans,
Horse & Rider and
“A Thousand Wishes”
by Alexis Dunn,
Independent
Hancock County 4-H will host a "Winter Animal Relay" at the Ellsworth Winter Carnival on **Saturday, February 10th** for youth and adults of all ages! Visit us at Knowlton Park from 12-2 to participate in a Winter Animal Relay - a fun game that simulates the adaptations that many animals make in order to survive winter in Maine. Check out the flyer for some of the other fun activities at the Winter Carnival this year, including Fireworks at 6pm at Ellsworth High School! If you are interested in volunteering to help with this event, please contact Carla at carla.scocchi@maine.edu or call the Extension Office.
High School Seniors – Did You Know? - The Hancock County 4-H Leaders’ Association offers scholarships of varying amounts up to $600 under the following conditions:

1. Must be a current or past Hancock County 4-H member.
2. Pursuing higher education in an accredited traditional or nontraditional post secondary program
3. Has not reached the age of 19 by December 31st of the current year. Applications are available at your local high school guidance counselor’s office or the Hancock County Extension Office.

Scholarships must be postmarked or received at the Extension Office on or before April 13, 2018.

4-H Scholarships and Grants - Did you know that the Maine 4-H Foundation offers scholarships and grants to 4-H members AND clubs?

Opportunities include: College Scholarships; Pitch Your Ideas Grants; Service, Innovative Education, and Philanthropy Grants; and of course - Norma Hardison Creativity Grants to 4-H Clubs!!!

Visit the link for more info - scholarship deadlines are approaching Friday, March 2. [extension.umaine.edu/4hfoundation/funding/](extension.umaine.edu/4hfoundation/funding/)

Extension Homemakers Scholarship – Hancock County Extension Homemakers are offering a $400 scholarship to a local high school senior. Applications can be obtained at your local high school guidance counselor’s office or by calling the Extension Office. Be sure to include 4-H activities on the application. Deadline is Friday, April 6, 2018.

New SPIN Clubs in 2018 - We are excited that new volunteers are interested in offering SPeCial INterest (SPIN) Clubs in 2018. The 4-H SPIN Club is a special interest club where four or more youth gather with a volunteer and learn about a selected topic of interest. Topics vary according to the volunteer’s expertise, and may include but are not limited to: the natural world, heritage arts, science and technology, photography, music, gardening, shooting sports, etc.

Let us know what topics you would like to learn about! Head over to our Facebook page to complete the poll question, give us a call, or send Joyce an email to indicate your interest: joyce.fortier@maine.edu

DOGS --- GARDENING --- OUTDOOR SKILLS --- MARINE SCIENCE

If you are an adult who is interested in sharing your passion for a specific topic or skill, consider starting a SPIN Club! These are informal clubs that can work with your schedule. We also have lots of SPIN Club Curriculum available for inspiration. These short-term clubs are a great option for homeschool communities! Contact us to learn more.
Public Speaking Tournament - The Hancock County 4-H Public Speaking Tournament will be held on Saturday, March 17th at 11:00 am at the Ellsworth Assembly of God at 131 Beechland Road in Ellsworth. Each 4-H group is encouraged to hold their own public speaking tournament during the month of February. Leaders, be sure to contact us by February 23rd with the name of youth wishing to participate from your group.

The State Public Speaking Tournament will be held on Saturday, April 7, at Neville Hall, University of Maine.

Style Revue – Plans will be coming soon on Style Revue. Have you started your project? If you are a leader or a parent and are interested in working on the Style Revue committee, please contact Joyce at 667-8212 or at joyce.fortier@maine.edu. We would love your help and welcome any new ideas. Remember if you intend to purchase your material at JOANN Fabric, sign up for your 15% off your total purchase at joann.com/4-H or in the JOANN app.

Attention all 4-H sewers! - Enter to win the JOANN Fabric and Craft Stores Sewing Construction Contest! The contest is open to 14-19 year olds as of Sept 1, 2017 who are currently enrolled in 4-H. Entries (photos) can be submitted online from Feb. 3- Feb 23, 2018. Prize includes two tickets to the Kent State Fashion Show in Cleveland, OH!!! They aren’t anticipating a huge number of entries so this is a fantastic and very obtainable opportunity for sewers with an interest in a career in fashion. Please help us spread the word to all the sewers you know in Hancock County!

For more details go to: www.4-H.org/JOANNFashion

Participate in an in-store JOANN Fabric service project

- On Saturday, February 3, 2018 from 11am-2pm, local 4-H programs will partner with their JOANN store to hand-make Valentine’s Day cards to share their hearts and spread more love to local children’s hospitals, senior citizen centers and others in their community.
- JOANN stores will provide crafting supplies and space for 4-H youth and volunteers to craft Valentine’s Day cards for those in need.
- 4-H members in Hancock County are welcomed and encouraged to participate at any JOANN store in the state, since we do not have a store in our county.

Aquaponics coming to 4-H - Rosie and Carla visited Herring Gut Learning Center to learn about aquaculture and aquaponics, a fun way to grow plants and vegetables using nutrient-rich waste water from fish tanks. HGLC is a magical place where middle school youth run their own aquaponics business, selling vegetables to local farmers markets! We are pumped to bring the excitement of aquaponics and aquaculture Downeast to Hancock County, so keep an eye out for future 4-H programming in 2018. We are just beginning to explore the possibilities and we welcome your input!
CLUB NEWS

Rails N’ Trails Club - The Rails N’ Trails January meeting was focused on Public Speaking and Project Records. Those who have given a demonstration or illustrated talk in previous years spoke about how much fun the tournament always is, even if it seems scary at first! And the first look at the new Beginner Project Records was met with enthusiasm as well as relief since they are much easier than everyone expected! Club members also spent time filling out the Animal Science survey which will be used to show the amazing things youth are doing and to help gain support for animal science programming in Maine.

Mega Builders 4-H Club was kind enough to invite me to one of their meetings to talk about Public Speaking. They are looking forward to participating in this years tournament! During my visit they shared with me the robotic creations they are currently working on to get ready for the upcoming Robotics Expo! It is truly inspirational to watch them at work, creating working catapults and guitars out of Legos!

I brought Donnie E. along with me from Horse & Rider to show the youth from Mega Builders what a 4-H public Speaking presentation looks like. They were a great audience and asked purposeful questions.
1. **Save the Date for 2018 Maine 4-H Days** - Maine 4-H Days will take place July 20 - 22 at the Windsor Fairgrounds. If you are interested in helping to plan next year’s event, please contact Jessy Brainerd at jessica.brainerd@maine.edu or 207.581.3877.

2. **Maine 4-H Days Planning Committee** - July will be here before you know it, and we are looking for a few good volunteers to join the fantastic current Maine 4-H Days Planning Committee. Joining this committee gives you the chance to help come up with ideas and plans for one of our biggest statewide events! If you are interested in joining the Maine 4-H Days Planning Committee, or have general questions/comments/recommendations about the event, please email jessica.brainerd@maine.edu, or call 207.581.3877.

3. **Come to Orono for the 2018 4H@UMaine May 18-19!** - Planning has started and the wheels are in motion thanks to the efforts of a tremendous team! We are looking forward to another great event this year, and there are some exciting changes in the works! Stay tuned for details. For more information about 4-H@UMaine, contact Greg Kranich at gregory.kranich@maine.edu or 207.581.3292.

4. **State 4-H Dairy Quiz Bowl** - Sunday, February 18, 2018 (snow date of Saturday, February 24), at 1:00 pm; University of Maine at Augusta Room 218, Randall Student Technology Center.

Open to all currently enrolled 4-H Dairy project members ages 9 – 18. For those 4-H Dairy members who may be planning to attend the Eastern States Exposition in September, please keep the following information in mind. You must participate in at least one of the following three events: State 4-H Dairy Quiz Bowl, State 4-H Dairy Judging Contest, or Fitting Contest at the 2018 Maine 4-H Dairy Show.

You must also complete and submit an ESE Intent to Participate Form which will be due on February 1st. These can be found on the State 4-H Website, or check with your county office. You completed 4-H Animal Approval and Lease Form (if applicable) will be due in your county office by May 1st. Participation in a showmanship class and your animal's breed/age class at the State 4-H Dairy Show will also be required.

If you have questions, please contact 4-H Dairy ASC Coordinator, Stephanie Smith at 207.860.0979 or by email at a_mfarm@yahoo.com, or staff Liaison Tara Marble at the Franklin County Extension Office at 800.287.1478 or by email at tara.marble@maine.edu, or staff liaison, Alisha Targonski at the Kennebec County Extension Office at 800.287.1481, or by email at alisha.r.targonski@maine.edu.

5. **Citizenship Washington Focus (CWF)** - Start making plans now to visit our Nation’s Capitol during the week of June 30 to July 7, 2018. CWF is a leadership program conducted by the National 4-H Council for high school youth ages 14 to 18. Delegations of 4-Hers from across the country spend six days touring the city and attending leadership skill-building workshops. This summer, the Maine delegation will travel down on June 30 and travel home July 7, 2018. You will stay at the National 4-H Conference Center just outside Washington, DC. Visiting the most popular sites in Washington, DC will be a part of the trip, including spending the 4th of July in our nation’s capitol. There is a mandatory orientation for Maine delegates on April 28th, 2018. For more information visit http://umaine.edu/4h/youth/4-h-events/citizenship-washington-focus/. Contact your county 4-H office for details about how to be a part of this experience if you don’t hear from them very shortly. All county offices have different criteria/dates to apply, so please contact them ASAP.
STATE NEWS

6. National 4-H Trip Applications Are Due March 9th, 2018 (Conference and Congress) National 4-H Trips are excellent opportunities to meet 4-H members from across the nation. Participants learn about many career options, and learn through educational workshops at Congress or become a part of a team making recommendations to National 4-H Council at Conference. To learn more about these trips, visit: http://umaine.edu/4h/home/national-4-h-trips/.

Any Maine 4-H Youth, ages 14 to 18, is eligible to apply. Applicants must be current Maine 4-H members both at the time of application and the time of the actual trip. Application packets must be sent to your county office and postmarked by March 9, 2018. Interview dates are April 21 or 22, 2018. If you have any questions, please contact Heidi Palmer at 207.310.4235 or heidi.thuotte@maine.edu

2018 National 4-H Congress is November 23-27, 2018 in Atlanta GA with an orientation for the trip on October 27th, 2018. 2019 National 4-H Conference is April 6th to 11th in Washington, DC., with an orientation for that on Feb 9, 2019. Leaders and office staff, if you have senior members in your clubs, please encourage them to participate. They are amazing trips!

7. February Clover Campaign Supports Maine 4-H Youth - University of Maine Cooperative Extension 4-H will partner with Jo-Ann Fabric and Craft Stores Feb. 1-28 as part of a nationwide in-store fundraiser benefitting state and local 4-H programming in communities and counties where a store is located.

This is the first year the 4-H Paper Clover Campaign will be available at Jo-Ann stores. Shoppers will have the opportunity to support 4-H by choosing to purchase paper clovers for $1 and $4 at checkout. All funds raised will be donated to 4-H to support 4-H youth development activities.

Each Paper Clover will include instructions for a special Valentine’s Day craft idea that customers can create to share with someone special. With the $4 Paper Clover, customers will also receive a coupon for $4 off their next purchase.

To learn more about the national partnership, visit www.4-h.org/JOANN. More information about Maine 4-H is available online (extension.umaine.edu/4h).

8. 4-H Wildlife Habitat Education Program (WHEP) Wildlife Education Training Event April 19-20th - Please hold the date! Maine will host the National Wildlife Habitat Education Program this July at the Schoodic Institute at Acadia. In preparation, Maine 4-H will have a training event to prepare and select a team to compete in the national event. On April 19th and 20th the Maine 4-H program will host an overnight educational training program and team selection. Plans include an ongoing WHEP event and participation in the national program each year. More information will follow. Cost will be $25 per member all meals and materials included. The training will be held at the University of Maine 4-H Camp and Learning Center at Bryant Pond. Training is open to all youth ages 8-19. Studying a science-based manual, participants:
• Learn wildlife terms and concepts
• Learn about wildlife habitat
• Learn how to judge the quality of wildlife habitat
• Learn about wildlife habitat management practices
• Learn about wildlife damage management

To learn more, go to: https://extension.umaine.edu/4h/youth/whep/ or www.facebook.com/mainewhep or contact Sally Farrell, sarah.s.farrell@maine.edu or 207.324.2814.
9. Maine 4-H Project Records, Reflection Tools and Digital Badges!

Maine 4-H is excited to roll out new 4-H project records, reflection tools and opportunities for digital badges.

A team has been working to design the new records aligned with research and connections to Maine’s commitment to proficiency based education in mind. We know that these won’t be perfect and are anxious to have YOU help us try them out and be part of the process. The new records are now posted online and can be found on the state 4-H website. Direct links are available here.

- Project Record – Advanced (Word | PDF)
- Project Record – Beginner (Word | PDF)
- Project Record – Cloverbud (Word | PDF)
- Project Record – Intermediate (Word | PDF)
- Portfolio (Word | PDF)

We are also planning a few ways for you to be part of the team to ask questions and give feedback.

- Join our Google classroom community. This will be a place where volunteers and youth members are able to share real time feedback about these tools. To join:
  - Sign in to Classroom at classroom.google.com.
  - On the homepage, click Add Join class.
  - Enter the code d9jmty and click Join.
  - Participate in our live feedback sessions. Please save the date for feedback sessions. These will be conducted using Zoom. Register for these sessions with KymNoelle Hopson at 207.353.5550 or kymnoelle.hopson@maine.edu.
  - 3/24/18 from 6:00pm-8:00pm
  - 9/11/18 from 6:00pm-8:00 pm

We are looking forward to having YOU as part of our team. If you have any questions please contact Kristy Ouellette, kristy.ouellette@maine.edu or 207.353.5550, extension 12.

10. Show + Tell = Public Speaking (Do It!) - What is your Spark? What do you like to do? Others want to know! Show or Tell it this year by Public Speaking!

- Plan a short talk about something you like to do, or about something you find interesting. Ask a friend to take a video of it or practice in front of a mirror to get more comfortable. Make a poster with steps to show how to do something 1-2-3. Or tell about something interesting with a poster or PowerPoint to show or illustrate it.
- Show or Tell your club or after school program or family this Demonstration or Illustrated Talk. It is fun & good practice!
- Sign up & perform it at your County Public Speaking Tournament or in front of your CEA or County Educator if your county does not have a Tournament (before March 17).
- If you are older than a Cloverbud AND get a score of 78 or higher, ask you County Staff person to help you sign up to come to UMaine Orono for the April 7, 2018 Maine 4-H State Public Speaking Tournament (before March 31).
- If you place among the top scorers at State, are 12+, have participated at County level for 2 years and State level for 1 year, made sure you re-enrolled by Jan 1st or are a new enrolled member - 10 members can participate as the Maine 4-H State Communication Science Team at Eastern States Exposition in Massachusetts in September!
- Learn more; watch videos; see how the judges score, get inspired to Show and Tell (Do a Demonstration or Illustrated Talk); and browse all four pages: https://extension.umaine.edu4h/youth/public-speaking/4h/
- Why? Did you know that the average person spends up to 50% of their waking time either speaking or listening? 4-H alumni who participated in 4-H Public Speaking when they were younger, come back to tell us that this was their most important 4-H life skill that they learned.
- 2018 is your year to participate!

October minutes accepted as printed- motioned, seconded and passed.
Treasurer's report accepted as read- motioned, seconded and passed.

Club reports
- Heather had a regular meeting last week. They will be doing “A Horse of my Own” to learn the cost of horse ownership. Scheduled to go tubing at Hermon mountain, weather permitting.
- Terry- Horse of Course donated money to the Hancock County SPCA and went to Pat's Pizza for the December meeting.
- Audrey- Her club went to Equine Affaire, there were quite a few kids with lots of diverse interests. They’ll start public speaking this weekend.

Old Business
- Christmas Parade- 4-H was pretty well represented, with a race car, Heather’s club, some Jolly Juniors.
- Heather had an account at Machias Savings Bank to save fundraising money for Equine Affaire, which is now spent. The balance is $1.86, below the minimum balance. She will close the account.

New Business
- Budget- office expenses should stay about the same.
- BHF- make cards for veterans at the activity tent?
- 2x $600 to CWF- motion made, seconded and passed.
- $750 for Pinetree- motion made, seconded and passed.
- Tanglewood- used to be $50 scholarships, but price has gone up.
- Public speaking- $120 for monetary prizes for youth, seconded and passed.
- Style review- $175
- Government day - not this year.
- Jamboree- Orono can’t pay for porta potties, so expenses were up this year. We need to pay for insurance, porta potties and food.
- Photo contest- ribbons were very expensive, we need to either up the budget, or there are some old ones at the extension office. We should use them up; staff will inventory them. Motion for $225.
- Food booth- need a new big white tent, 2 10 x 10s. New counter top in back, new electric panel. $3500 startup, $500 misc total of $4000.

Office Business
- Carla & Rosie- some members would like an opportunity to socialize outside of their clubs during the winter. During February break, they suggested that they could do the Science of Sledding activity and build a sled to go sledding. There is also the Great Maine Outdoor Week (Feb 9-19), which is actually 10 days and could be open to others. Or, they might ask us for funds and do more. Dalaney suggested ice fishing. Could get cross country skis. They are also thinking of doing something for April vacation. Audrey has the projector for movie night. Terry motioned that we give the office $150 towards helping out with the winter activity; seconded and passed.
Leaders’ Meeting Minutes Continued

- There have been some suggestions that we start up a teen club again. Carla and Rosie are going to assess interest and see what kind of training might be involved in Junior Leader training. The teens could do a newsletter page or club report each month.
- Audrey is on the State Horse committee, and they would like exhibitors going to Eastern States to show at one 4-H show.
- Carla and Rosie are here to help with project records; there will be a new web page launching soon, with a video. We would like more kids to start doing project records. They recommend everyone start with the beginner records.
- Orono hired a STEM specialist, Vanessa Kline; her specialty is evaluation, for example measuring what the kids are getting out of 4-H. Carla has forms for the livestock clubs to fill out to get feedback.
- Public speaking- Rosie needs a date in March, before the State levels. March 10th (snow date the 17th) should work. Assembly of God on the Beechland road (Burt Lowry) was great last year, we will try to get that venue again.
- Partnership with Joann Fabric- they will be doing a paper clover drive, and the store will give 4-Hers 15% off.
- The back room has been inventoried. The 4-H staff would like to digitally archive lots of the pictures and history; Norma could curate, but they would like some volunteers to help (public service project?)
- The office needs to know about 4-H activities so that they will be covered by insurance; the office has a spreadsheet, just call or email and keep them informed, when and where for field trips. It is recommended that you not designate which youth drives with who; let the kids and parents decide. Regular meetings are covered as everyone has signed up.

Meeting Adjourned 8:02
Respectfully submitted by Lisa Carney, Secretary

Don’t Forget - 4-H Safe Space Logo

- the new and wonderful 4-H Safe Space Logo! This logo was created by NY State 4-H youth as a sign of our commitment to nurturing a safe, inclusive environment in all 4-H programs. Our first priority is to create a safe, inclusive space for learning, sharing, and collaboration welcoming to people from diverse backgrounds, cultures and perspectives. The logo includes the words “Safe Space” framed above with colors from the rainbow flag: pink for sexuality, red for life, orange for healing, yellow for sunlight, green for nature, blue for magic, indigo for serenity and purple for spirit. It also includes colors to symbolize a range of skin tones. While all possible facets of an individual’s identity wouldn’t fit in one logo, this logo is designed to signal that 4-H is a place where each person can embrace their intersectionality and live all the complex aspects of their identity.

We encourage you to use the logo on flyers, brochures, posters and other promotional materials similar to other 4-H and Cooperative Extension logos. You could put the logo on display in meeting spaces and/or post it in online spaces and social media. This logo is best used in full color. For more information about the logo: http://bit.ly/2kJKDFl
To download the logo: http://bit.ly/2BGsLg6
COOKING WITH THE KIDS
Supreme Grilled Cheese Sandwich

Ingredients:
- 1 cup peppers (red, yellow, or green) (1 medium)
- ½ onion, sliced thinly
- 4 slices whole wheat bread
- 2 tbsp butter
- 1/8 tsp garlic powder
- 1 cup spinach leaves, rinsed
- 4 slices mozzarella cheese

Directions: Slice onion and pepper very thin. Lay out 4 slices of bread. Spread each slice with the butter. Sprinkle lightly with garlic powder. Add in layers the spinach leaves, peppers, onions. Add a slice of cheese. Heat a skillet to medium low. Spray with cooking spray. Lay sandwiches in skillet. Cover with plate, lid, or aluminum foil. Heat sandwiches until cheese melts (about 2-3 minutes) or until the bottom is golden brown. Serve.