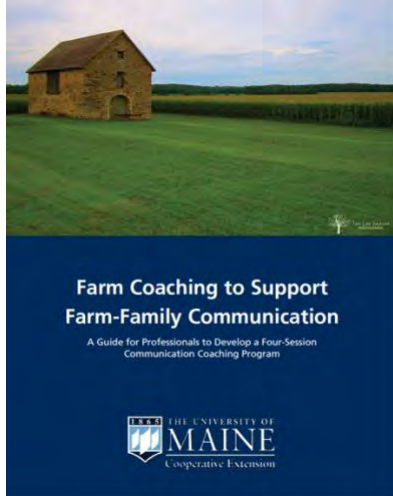


KEEPING A WEEKLY FARM SCHEDULE

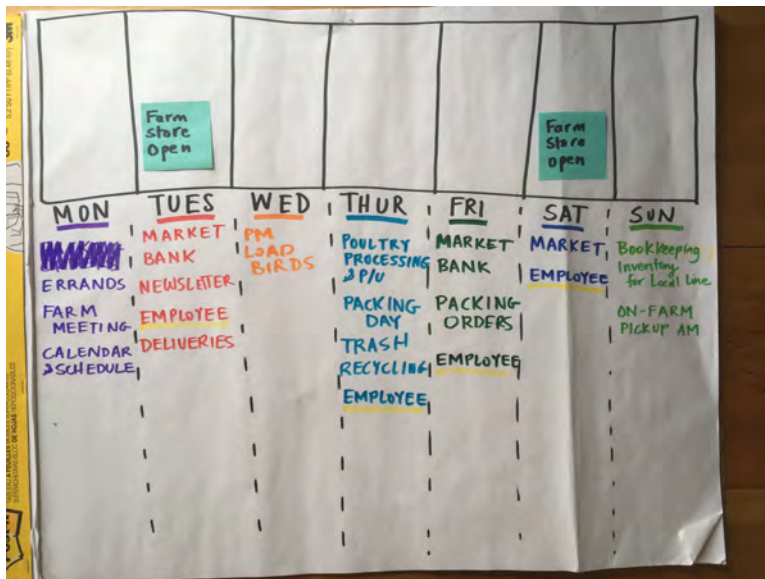


From: *Farm Coaching to Support Farm-Family Communication* Authors: Leslie Forstadt, Karen Groat, Abby Sadauckas, Polly Shyka Copyright 2020 University of Maine Cooperative Extension

Example of a weekly plan of contact, meetings, farm needs, work schedules:

	MON	TUE	WED	THU	FRI	SAT	SUN
Person A	Work	On Farm	Work	Work	Work		
Person B	Work at Flower Operation		Harvest Day	Work at Flower Operation	Harvest Day	On Farm	
Person C		Fitness Class		Fitness Class			
Person D		Preschool with child				Farmers' Market	
Farm Needs-Farm	15-minute Farm Meeting						
		CSA Newsletter				Financials Pay Bills	Day Off? Big Project Day? Evening Dinner?

Sample of an actual living document, the weekly schedule for Apple Creek Farm



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