

CLOTH FACE MASKS

Source: Centers for Disease Control and Prevention

Wearing a cloth face mask is an additional step to protect others and help slow the spread of COVID-19 when combined with every day preventive actions and social distancing in public settings. It can help protect others in case you're infected with COVID-19 but don't have symptoms.



- Wash your hands before putting on your mask. -
- Don't put the mask around your neck or up on your forehead.
- Don't touch the mask and, if you do, wash your hands or use hand sanitizer to disinfect.

Your cloth face covering should:

- Cover nose and chin
- Fit snugly
- Be made of multiple layers of fabric
- Be able to be laundered and machine dried without damaging the material or changing shape

Please note: Do NOT use a mask meant for a healthcare worker. Currently, surgical masks and N95 respirators are critical supplies that should be reserved for healthcare workers and other first responders.