

Wilderness First Aid (WFA)

Taught by SOLO-Wilderness Emergency Medicine

Accidents happen. People get hurt, sick, or lost. The temperature drops, the wind picks up, and it starts to rain. Would you know what to do? Many back-country emergencies are preventable, and even when bad things happen, sometimes the wrong care can make things worse. By learning a few basic skills, you can make the difference between a good outcome and a bad one—and maybe even save a life. The two day Wilderness First Aid (WFA) course creates a solid foundation in the basics of back-country medical care.

TRAINING: All sessions will be conducted in the 4-H way - *“learn by doing.”*

WHEN: 6/10/17-6/11/17
9:00 am – 5:30 pm.

WHO: WFA is the perfect course for the outdoor enthusiast or trip leader who wants a basic level of first aid training for short trips with family, friends, and outdoor groups. It also meets the ACA guidelines for summer camp staff.

COST:
Residential \$240.00, this includes food, lodging, and materials.
Commuter \$200.00, this includes food and materials.

WHERE: Tanglewood 4-H Camp & Learning Center. Directions will be sent with confirmation.

LODGING: Lodging will be in our camp cabins (no heat). There are also motels and B&B's in the area if you wish to stay off site.



What is taught?

WFA is 16 hours long (two days), and focuses on the basic skills of

- Response and Assessment;
- Musculo-skeletal Injuries;
- Environmental Emergencies;
- Survival Skills;
- Soft Tissue Injuries; and
- Medical Emergencies

Additional information will be sent to you via mail or email upon registration.

Cancellation Policy: I understand that UMaine 4-H Camp & Learning Center does not refund program fees for dismissal, or voluntary withdrawal.

All returned checks will be charged a \$30 bank fee.

UMaine 4-H camp refunds fees (less a non-refundable \$50.00) up to 28 days before the start of the program.

I understand that it I am responsible for any medical expenses that may be incurred by me while attending UMaine 4-H Camp & Learning Center.

Additional information will be sent to you via mail or email upon registration.

For registration questions, please call the office at 207.789.5868, fax: 207.789.5220



The University of Maine does not discriminate on the grounds of race, color, religion, sex, sexual orientation, including transgender status and gender expression, national origin, citizenship status, age, disability, genetic information or veteran's status in employment, education and all other programs and activities. The following person has been designated to handle inquiries regarding non-discrimination policies: Director, Office of Equal Opportunity, 101 North Stevens Hall, 207.581.1226

**University of Maine Wilderness First Aid
Training, June 10-11, 2017**

Registration Information:

Participant Name: _____

Telephone: () _____

Mailing Address: _____

E-mail Address _____

County _____

Fee: \$240.00 Residential /\$200.00 Commuter

Amount Paid: _____

Make checks payable to:

U Maine 4H Camp

Mail to:

University of Maine
4H Camp & Learning Center
1 Tanglewood Road
Lincolntonville, ME 04849

Registrations must be received by May 28, 2017

If you need an accommodation in housing, meals, medical care or programming for any reason including dietary restrictions, gender identity, disability or medical conditions, please call our office at 207.789.5668 to discuss your needs. Receiving a request for accommodations at least three weeks prior to program start provides a reasonable amount of time to meet the request. All requests will be considered.



SOLO

Wilderness First Aid (WFA)

June 10-11, 2017

**University of Maine 4-H
Camp and Learning Center at
Tanglewood
at
1 Tanglewood Road
Lincolntonville, ME 04849**