

Waldo County 4-H Program 992 Waterville Rd, Waldo, ME 04915 (207) 342-5971 Ext (800) 287-1426 toll free in Maine (800) 287-8957 TDD sadee.mehuren@maine.edu joyce.weaver@maine.edu

Putting knowledge to work with the people of Maine

"I'm Bored" Bag

Purpose of activity: The purpose of the "I'm bored" bag activity is to provide youth with ideas for educational activities that can help them occupy their time.

Materials:

- Brown paper bag (if you do not have a bag you can use a box or any other container)
- Scissors
- A pencil/pen
- Markers (markers can be substituted for any other art supplies such as paint or construction paper)

Instructions:

- **1.** To start, take your bag and label it "I'm Bored Bag". You may choose to change the name as you wish. Perhaps you want to include your name in the title.
- **2.** After you have labeled your bag (or box) decorate as you see fit. To do this you can use construction paper, markers, colored pencils, paint, or any other art supplies you can find. Be creative!
- **3.** Once your bag is labeled and decorated you will need to fill it with activities. <u>Click here</u> for a printable version of the pre-made activity strips. Each of the ideas listed here also has a link to the activity instructions. If you are not working on a computer, you may want to have an adult help you print off the activity packet.
- **4.** You will notice that there are some blank strips on the page. Use these strips to write in your own ideas for fun activities that you want to do.
- **5.** When you have finished filling in the blank strips, cut the strips out and put them inside the bag.
- **6.** The next time you say or think "I'm bored", pull out a strip and have fun!

Extended Challenge: How might you use this idea for your schoolwork or for extended family time?

Up for an additional challenge?

- Make a Schoolwork Bag (each strip has a school task listed on it)
- Make a Family Fun Bag (each strip has a fun family activity listed on it)
- Make a Chore Bag (each strip has a different task listed on it)