



Waldo County 4-H Program
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Maine 4-H “I’m Bored Bag” Activity

<p><i>Make A Sound Map</i></p>
<p><i>Explore Science with Some Fizzy Foam Fun</i></p>
<p><i>Create a Social Distancing Journal</i></p>
<p><i>Practice Yoga (and the 4-H Pledge!)</i></p>
<p><i>Learn How to Make Your Own Butter</i></p>
<p><i>Make Oatmeal Packets</i></p>
<p><i>Make Confetti Yogurt Pops</i></p>
<p><i>Exploding Bag Science Experiment</i></p>
<p><i>Make Calm Down Jars</i></p>
<p><i>Write your own idea for an activity here:</i></p>
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