Every summer, high school students from across the country travel to Washington, D.C. to participate in Citizenship Washington Focus (CWF), 4-H’s premier leadership and citizenship program for high school students. CWF is more than a Washington, D.C. field trip; it’s an opportunity for 4-H’ers to learn how to be citizen leaders and make a difference in their communities.

CWF participants:
- Enjoy a behind-the-scenes look at our nation's capital and the chance to meet members of Congress.
- Develop communication, leadership and citizenship skills through hands-on learning and group activities.
- Build new and lasting friendships.

CWF is open to 4-H members who are between 15 and 18 years old. Under special circumstances non-4-H members or youth who are 14 years old may be permitted to attend. To inquire about this opportunity please contact the Waldo County Cooperative Extension office.

There is a cost associated with attending CWF. The amount for the trip varies each year and is dependent on the number of youths attending and whether the group travels by bus or air. The cost of participating in the program is partially covered by the Maine 4-H Foundation. The remaining amount is the responsibility of the 4-H member.

Waldo County 4-H members are encouraged to apply for the Waldo County 4-H CWF scholarship to help with covering the cost of participating in the program. To apply for the scholarship simply check the box on the CWF application that reads “I am enrolled in 4-H, will be applying for a CWF Scholarship, and will be 15 years old by January 1, 2022.”

There are additional ways to mitigate the cost of the trip. To inquire about funding for the trip please contact the Waldo County Cooperative Extension office.
Step #1: Return your completed application packet to the Waldo County Cooperative Extension office before January 31, 2022. Be sure to include the following in your application packet:

- Waldo County CWF application form (in this packet)
- Maine State 4-H Portfolio including 4-H Resume and 4-H Story
  (extension.umaine.edu/4h/volunteers/project-records/portfolio-resume/)
- Recommendation form from your club or group leader
- CWF financial agreement form
- CWF supplemental paragraph

Step #2: Participate in an in-person interview. After Waldo County 4-H staff receive your CWF application packet you will be contacted to schedule an in-person interview. Interviews will take place on February 23, 2022. Interview scoring criteria can be found on the last page of the CWF packet.

If you are chosen to attend CWF you will also need to complete steps 2-5:

Step #3: Commitment- If you are selected to attend CWF from Waldo County you will be expected to make a firm decision of whether or not you will attend the program. If you decide to attend you will be required to put down a $25 deposit demonstrating your commitment and holding your spot in the program.

Step #4: Attend the CWF orientation in April 2022. The orientation date for CWF will be determined by the program coordinator. The orientation is typically held during the last week in April in a location that is central to all participants.

Step #5: Upon returning from the trip you will be required to provide the Waldo County Leaders’ Association with a brief presentation of your trip at one of their monthly meetings.

All materials are due at the Waldo County Cooperative Extension office before January 31st 2022

University of Maine Cooperative Extension Waldo County
Attn: Sadee Mehuren
992 Waterville Rd.
Waldo, ME 04915
# Application

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<th>4-H Club or Group Enrolled In</th>
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Check one:

- I am enrolled in 4-H, will be applying for a CWF Scholarship, and will be 15 years old by January 1, 2022.
- I am enrolled in 4-H, will be 15 years old by January 1, 2022, but will not be applying for a CWF scholarship.
- I am not enrolled in 4-H and I will be paying my own expenses for the trip.

Note: Until we have confirmed the number of participants, the Maine State 4-H program will not know the final cost to each delegate. Why? The number of delegates attending helps to determine if the group will travel by bus or air.

**Return completed application including 4-H Portfolio with Story and club or group leader recommendation by January 31st to:**

University of Maine Cooperative Extension Waldo County  
Attn: Sadee Mehuren  
992 Waterville Rd.  
Waldo, ME 04915
I, ____________________________, confirm that by signing this agreement I am committing myself to attend Citizenship Washington Focus in Washington, D.C. (dates to be determined) as one of the Maine delegates.

I understand that if I decide not to attend Citizenship Washington Focus for any reason after registration fees have been paid in April that my parents/guardian’s and I will be held responsible for all costs incurred. **

_____________________________  ____________________
Delegate’s Signature                Date

____________________________________________________________
Mailing Address

______________________________
Phone

Concurrence by Parents or Guardians

I understand the above agreement and will abide by it in the event that my child should decide not to attend Citizenship Washington Focus.

_____________________________  ____________________
Parent/Guardian Signature       Date

**Registration to Citizenship Washington Focus may not be used by any other person. Registration fees are typically between $650-$700.

Please return to:

University of Maine Cooperative Extension Waldo County
Attn: Sadee Mehuren
992 Waterville Rd.
Waldo, ME 04915
I recommend that __________________________________________________ should:
(name of 4-H member)

☐ receive a CWF Scholarship because:
☐ receive additional support because:
☐ go on CWF trip (member pay own way) because:

(Please check option above and include your comments below.)

Signed: _________________________________ Date: ________________________
(4-H Leader)

Club or Group Name: __________________________________________

DEADLINE: Application must be received in the county 4-H office by January 31, 2022.

Please return to:
University of Maine Cooperative Extension Waldo County
Attn: Sadee Mehuren
992 Waterville Rd.
Waldo, ME 04915
I would like to attend Citizenship Washington Focus because:
(to learn more about CWF, log on to http://www.citizenshipwashingtonfocus.org/)

I agree, if selected, to participate in the following activities:
1. CWF Orientation **Date TBD: April, 2022**
2. Presentation at 4-H Leaders’ Association meeting about your experience

Member signature: ________________________________ DATE: _______________

Guardian signature: ________________________________ DATE: _______________

Please return to:

University of Maine Cooperative Extension Waldo County
Attn: Sadee Mehuren
992 Waterville Rd.
Waldo, ME 04915
# Interview Scorecard

**Applicant:**

**Date:**

## A High-Quality Representative (4 points each item)
- Enrolled 2 years as a 4-H Member
- Mature
- Exhibits Good Manners
- Demonstrates commitment to the 4-H program
- Able to give information on self-responsibility

*Comments:*

## 4-H Participation (4 points each item)
- Active in a variety of programs / activities / events
- Connects 4-H experiences with future goals
- Exhibits enthusiasm and a desire to share the 4-H program
- Able to reflect on value of 4-H experiences
- Able to share a success story or learning experience

*Comments:*

## Leadership Qualities Demonstrated (4 points each item)
- Gives information on any leadership roles
- Able to reflect on the qualities of a good leader
- Understands how leaders work to engage and empower others
- Motivated to help others
- Has experience on committees or teams

*Comments:*

## Demonstrate Capacity To Learn And Serve (4 points each item)
- Has participated in community service or service projects
- Give information showing concern for others / community service project
- Has participated in events that help build skills
- Shows willingness to share learning and experiences
- Understands how groups work together to accomplish goals

*Comments:*

## Communication Skills (4 points each item)
- Speaks clearly and thoughtfully
- Shows ability to listen
- **Written Paragraph how attending will influence your life**
- Able to document 4-H experiences by providing collection of information
- Written Letter of Recommendation

*Comments*

**Total Points Possible = 100**